The Causes and Effects of Traumatic Experiences Analysis: A Case Study in *Guardian of The Galaxy* Movie

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MOTTO

"To get something you never had, you have to do something you never did."

DEDICATION

I dedicate my undergraduate thesis to my parents, my mom and my dad, my brother, my supervisor, my friends and all my referee friends that have encouraged me to complete my education so far. Furthermore, I dedicate this to academics out there who want to learn and deepen the material discussed.



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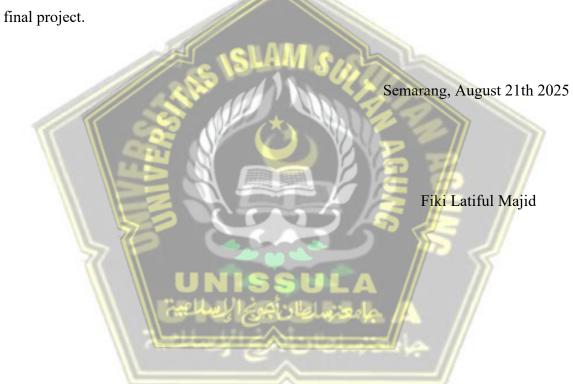
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I realize that this final project is imperfect. Therefore, this final project is open to receiving suggestions and criticism for further research. Hopefully this final project can be useful for readers and be an inspiration for other people who are working on their



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ABSTRACT

This study analyzes the issues of the character Peter Quill in the Guardians of the Galaxy movie series. He is someone who has traumatic experiences in his life since childhood, specifically since he was 8 years old. This study also focuses on the effects of trauma in Peter Quill because of those bad experiences he had that has changed his personality and behavior. Therefore, this study aims to find the causes and effects of Peter Quill's traumatic experiences.

This study used a qualitative descriptive method. There were several steps used in the data collecting methods such as watching the movie, reading the movie script, identifying the data, classifying the data, and reducing the data. There were two types of data in this study namely primary data and secondary data. Primary data were the primary source of the analysis and obtained from the movie script of *Guardian of The Galaxy* Vol.1, Vol.2 and Vol.3. Secondary data were the supporting data which taken from e-books, journals, and articles.

The conclusion of this study showed two points. First, Peter Quill is someone who has bad experiences in the past of losing a loved one, violence, and being kidnapped as the cause of Peter Quill's traumatic experiences. Second, it explains the effects of Peter Quill's traumatic experiences on his behavior and personality are difficulty in controlling the emotions effectively, excessive anxiety and worry, deep sorrow, vengeful, fear of separation and easily offended.

Keywords: the causes of trauma, the effects of trauma, guardian of the galaxy

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ABSTRAK

Studi ini menganalisis permasalahan yang dihadapi oleh karakter Peter Quill dalam film *Guardians of the Galaxy*. Ia memiliki pengalaman traumatis sejak kecil, khususnya sejak saat berusia 8 tahun. Studi ini juga berfokus pada dampak trauma yang dialami Peter Quill akibat pengalaman-pengalaman buruk yang dialaminya yang telah mengubah kepribadian dan perilakunya. Oleh karena itu, studi ini bertujuan untuk menemukan penyebab dan dampak dari pengalaman traumatis Peter Quill.

Penelitian ini menggunakan metode deskriptif kualitatif. Pengumpulan data dilakukan melalui beberapa langkah, yaitu menonton film, membaca naskah film, mengidentifikasi data, mengklasifikasikan data, dan mereduksi data. Terdapat dua jenis data dalam penelitian ini, yaitu data primer dan data sekunder. Data primer merupakan sumber utama analisis yang diperoleh dari naskah film *Guardian of The Galaxy* Vol. 1, Vol. 2, dan Vol. 3. Data sekunder merupakan data pendukung yang diperoleh dari ebook, jurnal, dan artikel.

Kesimpulan penelitian ini menunjukkan dua hal. Pertama, Peter Quill memiliki pengalaman buruk di masa lalu, kehilangan orang yang dicintai, kekerasan, dan penculikan, sebagai penyebab traumanya. Kedua, penelitian ini menjelaskan dampak trauma Peter Quill terhadap perilaku dan kepribadiannya, yaitu kesulitan mengendalikan emosi secara efektif, kecemasan dan kekhawatiran yang berlebihan, kesedihan yang mendalam, pendendam, takut berpisah, dan mudah tersinggung.

Kata Kunci: penyebab trauma, dampak trauma, guardian of the galaxy

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CHAPTER 1

INTRODUCTION

The first chapter presents the introduction of the study. They are the background of the study, Problem formulation, Objective of the study, Significance of the study, and Organization of the study. This chapter will explain those points one by one

A. Background of the Study

Literature has a broad meaning in our lives. According to Wellek and Warren, literature is a creative activity of a work of art where the object is humans and their lives. Literature has a reciprocal relationship with existing social reality, Through literary works we can learn about the realities of the surrounding social environment such as economics, politics, art, culture and even thought mindsets (Firmansyah 1). The emergence of literature is usually caused by the accumulation of ideas, imagination, and emotions of the author where satisfaction can be realized through the activity of writing literature or writing literature. Literature also cannot be separated from observations, experiences and lessons about human life. This means that literary works come from expressions and events that occur in human life because literature also discusses humans and their reactions, hopes, individual problems, death to perceptions of the world. That is what makes literature closely related to psychological aspects because both discuss humans (Aras 2).

Psychology is an interesting science to study, because this science studies the human mind and human behavior. Which means understanding and also explaining how humans think, feel, act and human personality (Apriani 2). The earliest origins of psychology are found in the writings of ancient Greek philosophers about the nature of life, which uses the term psyche to refer to the nature of life. Then, psychological theory is based on observations of human behavior. The benefits of psychology are to understand human emotions, behavior and human personality (Aras 3).

One of interesting topics in learning about human behaviour and emotion is trauma. Trauma is an emotional response to a negative experience in the past such as a natural disaster, accident, violence, abuse, loss or various sad and painful events. According to Freud, Trauma is a mental condition that arises due to bad experiences in the past. Freud argued that painful past experiences such as loss can affect individuals and cause trauma (Maghira & Pandin 41). Furthermore, Freud stated that hysteria experienced by a person is the result of the individual's bad experiences and will have an impact on the individual's personality and behavior. If someone have painful experiences as a child, such as disappointment, depression and deep sorrow, then these experiences will be included in the subconscious world, causing anxiety and trauma (Apriyatun 2). According to the *American Psychological Association (APA)*, trauma is an emotional response to a negative event that can affect a person's personality (Pathak & Dewangan 66). Trauma can also destroy a person's sense of life and self-esteem, the immediate impact of the situation are shock and denial, but

in the long term a person faces unexpected emotions, feeling flashbacks and physical symptoms such as headaches, tremors and others according to each individual's experience. There are many symptoms for someone who experiences trauma, such as anxiety, irritability, poor concentration and also difficult to control emotions. (Pathak & Dewangan 67)

In terms of the effect of trauma, Freud argued that as psychologically, the core of trauma is overwhelming emotions and feelings of helplessness. There may or may not be physical injuries, but psychological trauma is accompanied by psychological presence. Which plays a major role in long-term effects (Drahansky et al, 2). Moreover, losing a loved one is a dangerous situation and can trigger anxiety, even cause trauma. Freud argued that unresolved grief due to loss can lead to emotional turmoil and a deep sense of abandonment (Sigmund Freud, Mourning and Melancholia 251). Furthermore, anxiety can be present to individuals who have trauma because it is an expression of feelings of fear of loss, fear of betrayal and feelings of low self-esteem. According to Freud, trauma is a word that refers to bad events or incidents in the past that can cause feelings of anxiety (Apriyatun 1).

There are two reasons why this study chooses movie *Guardian of the Galaxy Vol.1, Vol.2 & Vol.3* as the object of research. Firstly, this study wants to know about the trauma that befell in the character Peter Quill, whether depresses him, and has impacts on his character and behavior in this movie. Moreover, this study wants to reveal the causes of Peter's bad experiences in the past that traumatized him. Secondly, this study uses the movie *Guardian of The Galaxy Vol.1, Vol.2 & Vol.3*"

by James Gunn (2014, 2017 & 2023) as the material or object of this study, because in this film shows the causes and effects of past experiences on a teenager named Peter Quill. Set in 1988, starting with the death of Peter's mother when he was 8 years old. Peter also had a bad experience as a victim of kidnapping and violence. Peter who always remembers the time of his mother's death and has had that bad experience becomes vulnerable. Peter feels that the people he loves have died which makes him do not want to lose the people closest to him again. The issue of trauma and the effects are clearly shown in the movie. Therefore, by analyzing the interesting issue above, this study is entitled "The Causes and Effects of Traumatic Experiences Analysis: A Case Study in Guardian of The Galaxy Movie"

B. Problem Formulation

Based on the background of the study, this study formulates two problem formulations as follows:

- 1. What are the causes of traumatic experiences on character of Peter Quill in the movie *Guardian of The Galaxy Vol.1*, *Vol.2 & Vol.3* (2014, 2017 & 2023)?
- 2. How are the effects of traumatic experiences on the personality of Peter Quill in the movie *Guardian of The Galaxy Vol.1, Vol.2 & Vol.3* (2014, 2017 & 2023)?

C. Limitation of the study

This study focuses on the causes and effects of the main character Peter Quill's traumatic experience on his personality using Sigmund Freud theory about trauma.

D. Objective of the study

Based on the problem formulation above, this study formulates the following objectives:

- 1. To describe the causes of traumatic experiences on character Peter Quill in the movie "Guardian of The Galaxy Vol.1, Vol.2 & Vol.3" by James Gunn (2014, 2017 & 2023)
- 2. To analysis the effects of traumatic experiences on the personality of Peter Quill in the movie "Guardian of The Galaxy Vol.1, Vol.2 & Vol.3" by James Gunn (2014, 2017 & 2023)

E. Significance of the study

As explained above, this study is basically very useful for English Literature Students in adding new insights in the field of their understanding to the movie and the characters, especially understanding the character Peter Quill. With this study, it is hoped that the readers, students and researchers are able to recognize the causes and effects of trauma on the personality portrayed in movie *Guardians of The Galaxy Vol.1*, *Vol.2 & Vol.3* by James Gunn.

F. Organization of the study

This final project is divided into five chapters. This first chapter discusses the introduction, which consists of the Background of the study, Problem formulation, Limitations of the study, Objectives of the study, significance of the study, and Organization of the study. Chapter two consists of a review of related literature,

which consists of Research Problem Variables, the theory that relates to the study, and the hypothesis. Chapter three consists of Research method, which consists of types of research, data organizing and analyzing the data. The data organizing provides data collection methods consisting of watching movie, reading movie scripts, identifying data, classifying the data, reducing the data, and finally analyzing the data. Chapter four present finding and discussion. Chapter five is divided into two sections: Conclusion and Suggestion.



CHAPTER II

REVIEW OF RELATED LITERATURE

This chapter contains two chapters. The first is the synopsis of the *Guardians* of *The Galaxy* Vol.1, Vol.2 & Vol.3 movie. The second is a review of related literature that contains several theories covering the causes and the effects of trauma.

A. Synopsis

A.1. Guardian of The Galaxy Vol.1 (2014) movie

Guardian of The Galaxy is an American superhero movie directed & written by James Gunn which was released in 2014. The first Guardians of the Galaxy movie series was able to get quite a lot of praise from the audience and from superhero movie fans. Unlike other superhero movies, Guardians of The Galaxy movie also received a lot of praise for its humor because this movie is very funny which is something that rarely happens in other superhero movies. The movie has been a critical and commercial success, has earned \$ 773.3 million and has become the most successful superhero movie of 2014, and has become the third highest-grossing movie in North America from 2014. This movie also received a lot of praise for its action, soundtrack, visual effects, direction, music score, and acting.

Guardian of The Galaxy movie tells the story of a group of guardians of the universe. James Gunn presents a group of hero characters that are different from most other heroes in this movie, especially about how they work together and develop into heroes. The adventures and fights of Peter Quill and his friends who are members of the Guardian of The Galaxy group are a big part of this movie. Set in outer space in 1988, Peter Quill is referred to as "Stard-Lord" who leads the Guardians of The Galaxy group. The story begins when Peter Quill steals a valuable ball or Orb, where the Orb ball has also been targeted by many other enemies, including Ronan's group. In the previous film, Peter was always chased by a group of enemies to seize the ball, and to stop the attacks of his enemies, Peter formed a superhero group called Guardian of The Galaxy consisting of Gamora, Rocket, Drax and Groot. Each character who is part of the Guardian of The Galaxy group also has a unique personality and background, such as Rocket is a raccoon who can talk and has extraordinary knowledge, Groot is a big tree that can also to talk, then there is Drax is a big man who has blue skin and doesn't talk much. In this movie, Peter Quill is the only character who actually comes from earth and has a normal appearance like humans in general.

Peter Quill is someone who has a bad experience in the past. He was abandoned by his mother, Meredith, due to cancer when Peter was 8 years old. After his mother's death, Peter was kidnapped by the Ravager group led by Yondu. In this first *Guardian of The Galaxy* movie series, Peter also had a bad experience in the past in the form of violence and he was about to be killed by the Rajak girl and the Kree girl when he wanted to find information, Peter also showed scars on his stomach and chest from the experience. Peter felt that he

had lost everything he considered his life. Like his family, his home and his normal life. Because these bad experiences were something he did not want in his life. Since then, Peter has changed. He became someone who has trauma and has difficulty regulating his emotions effectively. In fact, Peter can also suddenly get angry and hurt anyone when he feels his rights are being violated by others.

A.2. Guardian of The Galaxy Vol.2 (2017) movie

Guardians of the Galaxy Vol. 2 is a 2017 American superhero movie. The movie is produced by Marvel Studios and distributed by Walt Disney Studios Motion Pictures. This movie is a sequel to Guardians of the Galaxy (2014) which became the most successful superhero movie in 2014. This movie is also directed and written by James Gunn. Guardians of the Galaxy movie Vol. 2 tells the adventures and battles of Peter Quill and his friends who are members of Guardians of The Galaxy group. If in the first film more tells Peter with his mother, in this second film tells Peter's meeting with his father. Before meeting Peter's father, the group continued their adventure on Planet Sovereign and worked with Ayesha, as the leader of the planet Ayesha asked for help from Guardians of The Galaxy group to get her battery which had been lost because it had been stolen by monsters. In their collaboration, Peter Quill and his group will get a reward Nebula who is Ronan's subordinate who is a prisoner on the planet Sovereign. After successfully getting Ayesha's battery and getting Nebula's reward, Rocket who is one of the members of the

Guardian of The Galaxy steals some of the Sovereign's batteries secretly, as a result of this incident the Guardian of The Galaxy group is hunted by the Sovereign group which causes Peter Quill and his group to meet his biological father, Ego. From the meeting with his father, Peter learned where he came from and Ego also told him that Yondu, who had kidnapped Peter was actually someone who was ordered by Peter's father to pick him up, but Yondu did not deliver him to his father and instead kidnapped him with the aim of making Peter their member and as the famous intergalactic criminal, Stard-Lord.

Peter Quill is a half-Celestial human, his mother is a human from Earth while his father, Ego is an alien or comes from a race of outer space gods. That was once a question mark for some of the *Guardian of the Galaxy* group that a human who could survive long in space, and even Peter was the leader of the group. Since childhood, Peter did not know who and where his father was, he only remembered his mother once said that his father came from the stars. Peter really wanted a father more than anything, that is what caused Peter always lie to Gamora when he was young, he pretended that David Hasselhoff was his father. Peter's meeting with Ego or his father this time was in a different situation, Peter was an teenager and had the trauma of loss. Therefore, Peter did not immediately believe when Ego met him and admitted that he was his father, even though in reality it was true that Ego was Peter's biological father. However, what surprised Peter, when his father said that it turned out that he was the one who caused his mother to die, Peter was very surprised to

see the fact that it turned out that Ego, Peter's father, put the tumor on his mother's head, Meredith. Bad experiences in the past made Peter have difficulty in facing his life, losing his mother became the main trigger for feelings of deep sadness and always brought feelings of loss in his life. As Stard-Lord, the leader of *Guardian of The Galaxy*, Peter also became someone who was evil and vengeful. Peter and his group tried to kill his father after knowing the fact and caused his father to die due to a fight with the *Guardian of The Galaxy* group.

A.3. Guardian of The Galaxy Vol.3 (2023) movie

Guardian of The Galaxy Vol.3 is a 2023 American superhero movie, this movie is the best movie from the MCU or Marvel Cinematic Universe because it managed to get the best rating and positive comments from superhero movie fans. James Gunn returned to direct Guardian of The Galaxy and wrote the script. This movie is the third part and the last trilogy in Guardians of the Galaxy series, its predecessors were Guardians of the Galaxy (2014) and Guardians of the Galaxy Vol. 2 (2017). The adventure in this movie is even more interesting because it is the climax of the Guardians adventures, centering on the turbulent past of High Eveloutionary and the mission to save his life. The Guardian of The Galaxy Vol.3 movie tells the continuation of the story of the guardians, Star-Lord and friends. Peter who is still grieving because Gamora, his lover, has just died. But at the same time, Peter Quill and his group Guardian of The Galaxy must save the life of one of the Guardian

members, namely Rocket. Peter Quill and his group fight this time against Adam Warlok, an envoy from The High Eveloutionary who tried to kidnap Rocket. Adam Warlok failed to kidnap Rocket but caused Rocket to be seriously injured and critical due to the fight.

As the leader of Guardian of The Galaxy group, Peter who had a bad experience in the form of loss made himself someone who has an excessive fear of loss, Peter does not want to lose the people he loves again in his life and will do anything to save the lives of those closest to him. Peter promised his group to save Rocket's life, even though it had to be done in an impossible way because he fought Ronan's group and risked his life to steal into Ronan's group. Peter's fear of losing also increased when some members of Guardian of The Galaxy, namely Drax, Mantis and Gamora were trapped in Ronan's ship, Peter again sacrificed his life to save his friends from Ronan's group and caused a fight that resulted in Ronan's death. In Guardian of The Galaxy Vol.3 movie, Peter explains to Drax and Mantis that he has lost the people closest to him such as Yondu and Gamora. Peter also explains that he has experienced a bad event or incident in the form of being left by his mother since Peter was 8 years old. Since then, Peter has felt not only losing his mother, but also losing his mentality and life. That is what makes Peter willing to sacrifice his own life to save those closest to him because he does not want to feel the loss again in his life. Peter considers his remaining family at this time is only the Guardian of The Galaxy group, that is also what causes Peter to suddenly get angry when mentioned about his family.

B. Related Literature

B.1. Psychoanalytic Theory by Sigmund Freud

Psychoanalysis is a branch of science that studies human psychology that can express the human soul. The theory of psychoanalysis was first demonstrated by Sigmund Freud in 1890 and 1939. He was an Austrian neurologist and psychiatrist (Rubianto 12). "Psychoanalysis in literature has two basic meanings: first, it is used as a method of treating people with mental disorders and psychiatric disorders so that it will be useful for people who may have similar problems. Second, it is used to explain the human mind and its various complexities" (Haryanti 9). Psychoanalysis is concerned with what is unique in a person's life. What unique history has guided the individual, whatever he is at the moment. Sigmund Freud obtained his personality theory from his neurotic patients at that time. (Rubianto 12). According to Sigmund Freud, he explained his theory by looking at the conscious, preconscious, and unconscious like an iceberg. Consciousness is above water, the preconscious is in the middle, and the subconscious is underwater (Saputri 10).

Studying psychoanalysis is an important field of study for counselors. Freud developed psychoanalysis throughout the world for the first time as a comprehensive theory that discusses the development of human personality, but his focus did not stop at personality theory but also included therapy

methods. Psychoanalysis emphasizes the importance of understanding the subconscious mind, the role of past experiences, and defense mechanisms as keys to understanding the personality and problems of patients. Therefore, communication between patients and therapists is an important foundation in handling this case (Husna et al, 1063). Psychoanalysis can produce significant changes in self-understanding, symptom reduction, and improvement of interpersonal relationships. However, psychoanalytic therapy usually lasts longer than other therapy approaches, so its success can also be influenced by factors such as patient and therapist commitment (Husna et al, 1065).

B.2. Personality

Personality is the most important part that must be understood to explain human behavior. Personality is an interesting topic to discuss and will never end because personality is very important to describe a person. Freud has put forward the most enduring idea that the structure of human personality is divided into three sectors; id (pleasure), ego (reality), and superego (morality). These three sectors develop at various stages in our lives. This is like a system, not part of the brain and not physically (Rubianto 13). Id is the mind in which humans reside. One of the functions of the id is to find pleasure. Id can be illogical and contain inappropriate ideas because its principles are pleasure and satisfaction. Ego is a personality structure whose principles are reality. Ego decides when and how instincts can be best fulfilled. In addition, ego can also delay or divert id satisfaction. Superego is contrary to the principles of id and

ego principles. Superego is the subconscious and cannot interact with the outside world, so it is unrealistic to demand perfection (Damba 11). In essence, the elements of personality in humans consist of Id, Ego and Superego. If the three elements of personality can work together well and can run harmoniously, it allows an individual to live a good life. According to Sigmund Freud, the balance between Id, Ego and Superego is very important for human personality because these three elements have their respective roles to work together in human personality and behavior (Saputri 12).

B.3. Traumatic Theory by Sigmund Freud

Traumatic experiences are events that have a profound impact on human mental health and psychology. Repeated traumatic experiences can interfere with a person's capacity to face other challenges and victims reap repressed material as current experiences. These traumatic experiences include natural disasters, accidents, violence, abuse, loss or various sad and painful events (Drahansky et al, 2). Sigmund Freud explained that traumatic experiences can affect a person's behavior and personality throughout their life and can cause trauma (Maghira & Pandin 37). Trauma is generally caused by painful events in the past, such as terrible events, feelings of insecurity, deep fear to events that can cause death (Abdi 172). Trauma is often associated with negative emotions and feelings for individuals, this can occur due to negative events experienced by individuals. In this context, traumatic experiences are something that can shape and influence human psychology. Freud observed

that trauma is caused by the feelings of individuals who are unable to accept the events that have occurred (Rubianto 15). Based on the understanding of traumatic experiences according to Sigmund Freud, it can be concluded that after someone experiences a painful and life-threatening event, there is a possibility that the event will leave a mark on someone throughout their life and can affect their perfect life. Freud concluded that memories of traumatic experiences are stronger than other general memories, difficult to forget because of the role of subconscious memory that gives meaning to individuals (Mandal & Singh 3). Furthermore, this repetition causes suffering for someone who experiences it. Freud introduced the principle of repetitive compulsions by understanding the nature of repetitive trauma, this principle establishes continuity in various life experiences. Victims have conscious and repetitive memories of physical sensations, thoughts associated with trauma (Pathak & Dewangan 67).

B.3.1. The Causes of Trauma

Bad experiences in the past can happen to anyone, that is what causes trauma to occur in children and adolescents. According to the *American Psychological Association (APA)*, Trauma is an emotional response to negative events that can affect human personality. Examples of these traumatic events include: Violence, war, death, loss, witnessing death and separation from loved ones, Rape, natural disasters, witnessing violence, serious illness, serious injury or accidents that cause trauma

(Pathak & Dewangan 66). Trauma is something that is often experienced by humans. As someone who has a close relationship with the concept of trauma, Freud argues that Trauma can be interpreted as the body's response to bad events in the past that can affect physical and emotional conditions (Drahansky et al, 1). Trauma is a mental condition that arises from bad experiences in the past, Freud stated that the hysteria experienced by someone is the result of the individual's bad experiences and will have an impact on the individual's personality and behavior. If someone has a bad experience as a child such as disappointment, depression, and deep sadness, then the experience will enter the subconscious, causing anxiety and trauma (Apriyatun 2). Freud's original theory explains that bad experiences obtained in childhood are the core of the cause of trauma, if in childhood experiencing bad experiences in the form of sexual or violence will leave a subconscious memory then in adolescence when faced with a situation that reminds of past trauma then the memory is activated and will affect the behavior and personality of the individual who experienced the experience (Mandal & Singh 3). Violence has been shown to cause global challenges that result in social, medical, mental health impacts and can have psychological and physical impacts on its victims. Someone who has experienced bad experiences in the form of violence usually has behavioral problems. Freud argued that violence is related to trauma, if someone has experienced violence, either

directly or just witnessing violence, it can also have a traumatic impact (Berggasse 12).

Traumatic experiences have been shown to cause trauma, one of the most common events in our lives that can cause trauma is loss. Freud argued that painful past experiences such as loss can affect individuals and cause trauma (Maghira & Pandin 41). In this context, the loss in question is the loss of a loved one is a dangerous situation that can trigger anxiety, even cause trauma (Apriyatun 1). In cases of loss, a person can feel the loss of their normal life because of the loss of those closest to them. Losing a loved one is important in Freud's view because it can destroy our normal life. Freud also wrote that quite extreme bad experiences can affect mental organization, such as anxiety in children is an expression of the fact that they feel deep sadness because of the loss of someone they love (Chauvel 3). In addition, Losing a loved one is a dangerous situation and can trigger anxiety, even cause trauma. Freud argued that unresolved grief due to loss can cause emotional turmoil and a deep sense of abandonment (Sigmund Freud, in Mourning and Melancholia 251).

B.4. The Effects of Traumatic Experience

Traumatic experiences are generally associated with painful life events that can cause trauma. Trauma is something that is often experienced by humans, because as humans we will face various life experiences in the past

and in the future. Trauma is caused by negative events that have a lasting impact on an individual's mental and emotional well-being. Sigmund Freud thought that a pattern of anxiety or worry in the present is one of the consequences of an individual's past trauma (Pathak & Dewangan 68).

Traumatic experiences can have an impact on an individual's psychology. Freud thought that someone who had a traumatic experience would have excessive feelings of anxiety if someone was unable to conclude painful events in the past (Rubianto 16). In case about the effects of traumatic experience, Sigmund Freud argued that the loss of loved ones is a traumatic event that makes the person go through difficult tasks with fear and feelings of guilt throughout life (Pathak & Dewangan 63). Trauma can make people feel anxious, this anxiety can appear if there are traumatic events in the past that trigger it. Freud emphasized that all symptoms were hysterical was caused by childhood adverse experiences which left the subconscious memory, and then during adolescence when faced with situations that remind the early trauma, the memory is activated (Pathak & Dewangan 62). Freud got his conclusions about these repetitive compulsions from his own patients who still often remembered traumatic events in their past. Furthermore, Freud saw anxiety as an early reaction to trauma, this anxiety reappears in life when someone who is traumatized in a dangerous situation (Chauvel 10).

There are many reactions shown by children and adults who have trauma, the effects of trauma also includes:

1. Difficulty in controlling the emotions effectively

Freud argued that psychologically, the core of trauma is overwhelming emotions and feelings of helplessness. There may or may not be physical injury, but psychological trauma is accompanied by a physiological presence, which plays a major role in the long-term effects (Drahansky et al, 2).

2. Excessive anxiety and worry

Anxiety disorders can occur in individuals who have experienced trauma. Sigmund Freud argued that current anxiety or worry patterns are one of the consequences of an individual's past trauma (Chauvel 10).

3. Deep sorrow

Deep sorrow can be felt by someone who experiences the trauma of loss. Freud argued that unresolved grief due to loss can cause emotional turmoil and deep feelings of abandonment. (Sigmund Freud, in *Mourning and Melancholia* 246).

4. Vangevul

Freud explained that the main danger of anxiety is revenge, which is triggered by the predatory instinct in us (Chauvel 10).

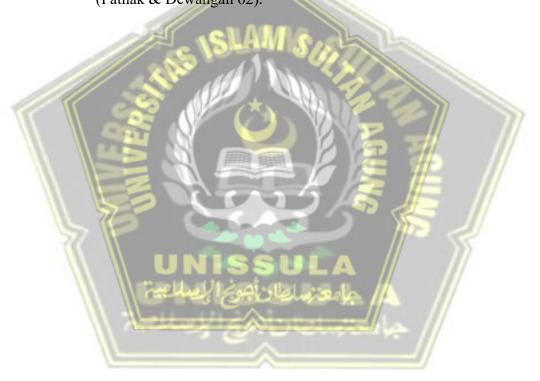
5. Fear of separation

Losing a loved one is something that can have an impact on a person's personality, anxiety and fear of loss are reactions to the loss

of a loved one. Freud concluded that what the boy feared was not darkness, but the absence of a loved one in life (Chauvel 9).

6. Easily offended

Freud stated that losing loved ones can have an impact on a person's feelings, such as anger and irritability when remembering or experiencing events that remind them of bad experiences in the past (Pathak & Dewangan 62).



CHAPTER III

RESEARCH METHOD

A. Types of Research

Types of research used for this study was qualitative. Qualitative research is a research in which the method is to generate words as the data of the analysis. Qualitative research aims to understand some aspects of social life. According to Miles and Huberman (Firmansyah 27), "qualitative data is usually in the form of words rather than numbers. The qualitative data are sources of well- grounded, rich descriptions and explanations of processes in identifiable context of words, sentences, utterances and dialogues" (45). It can be concluded that qualitative data deals with the understanding the data through giving explanation and description in sentences.

B. Data Organizing

This section described the steps in the data collecting method, types of data, and analyzing.

B.1. Data Collecting Method

In the data collection method there was a data collection process that was be analyzed with through some steps. There were several steps used for this research in collecting data. Here were the steps:

B.1.1 Watching the movie and reading the movie script

The movie entitled *Guardian of The Galaxy* Vol.1 Vol.2 & Vol.3 were watched in detail for many times in order to achieve the true

meaning, better understanding of the movie, and finally to find the data needed for the study. After watching the movie the next step was reading the movie script of *Guardian of The Galaxy* Vol.1 Vol.2 & Vol.3.

B.1.2 Identifying the data

After watching a movie a few times and reading the movie script, the next step was to identify some data obtained from the movie scripts. This step aimed to find out some parts of the movie scripts to be analyzed. It deals with highlighting and underlining some parts of the movie script related to the topic.

B.1.3 Classifying the data

All the identified data were classified into a table called appendix. The appendix will provide some columns such as numbers, data, form of the data, minutes, type/answering problem formulation, references, and comments.

B.1.4 Reducing the data

All data identified were reduced to smaller numbers because of the relevance of the data in answering the problem statement. The data were discussed in chapter 4 as the findings of this study.

B.2. Types of the Data

Types of the data were primary and secondary. The primary data was often defined as the main source, while the secondary was the data that will support the primary data.

- 1. Primary data as the main source were taken from the movie script of Guardian of The Galaxy Vol.1 Vol.2 & Vol.3 directed by James Gunn.
- 2. Secondary data as the supporting data were taken from international journals and books which has relation to the topic of the study. Secondary data also helped to find out the information of the topic or theory that related to the study.

B.3. Analyzing the Data

In this study, the data were analyzed, and drawn using descriptive techniques. Descriptive technique that was stated with descriptions, statements, and quotes or expressed through explanation. This step required collected data taken from the previous step. The complete analysis was be reported in chapter IV which was the result of the study.

CHAPTER IV

FINDING AND DISCUSSION

Chapter IV is the answer to the problem formulation stated in Chapter 1. This chapter is divided into two sub-chapters: The causes of trauma on character of Peter Quill in the movie *Guardian of The Galaxy Vol.1, Vol.2 & Vol.3* (2014, 2017 & 2023), and The effects of traumatic experiences on the personality of Peter Quill in the movie *Guardian of The Galaxy Vol.1, Vol.2 & Vol.3* (2014, 2017 & 2023).

A. The Causes of Peter Quill's Trauma

Trauma is the body's response to bad experiences in the past that can impact physical and mental conditions. Trauma is generally caused by painful events in the past, such as natural disasters, accidents, violence, abuse, loss or various sad and painful events (Drahansky et al, 2). Sigmund Freud explained that traumatic experiences can affect a person's behavior and personality throughout their life and can cause trauma (Maghira & Pandin 37). In the movie Guardian of The Galaxy Vol.1, Vol 2 and Vol.3, Peter Quill faces trauma due to violence, kidnapping and the death of his mother, which changes his behavior and personality.

Violence has been shown to cause global challenges that result in social, medical, mental health impacts and can have psychological and physical impacts on its victims. Freud argued that violence is related to trauma, if someone has experienced violence, either directly or just witnessing violence, it can also have

a traumatic impact (Berggasse 12). Violence can have a negative psychological impact on the individual who faces it. Freud argued that Trauma can be interpreted as the body's response to a bad event in the past that can affect physical and emotional conditions (Drahansky et al, 1). The evidence of Peter Quill's traumatic experiences because of violence can be seen in this dialogue below:

Peter: "Hey! Hey, hey, hey! Hey!"

Rocket: "Crap."

Peter: "You know, if killing Ronan is truly your sole purpose,

I don't think this is the best way to go about it."

Drax: "Are you not the man this wench attempted to kill?"

Peter: "Well, I mean, she's hardly the first woman to try and do that to me. Look, this is from a smoking-hot Rajak girl. Stabbed me with a fork. Didn't like me skipping out on her at sunrise. I got, right here, a Kree girl tried to rip out my thorax. She caught me with this skinny little A'askavariian who worked in Nova Records. I was just trying to get information. You never see an A' askavariian?. They have tentacles, and needles for teeth. If you think I'm seriously interested in that, then... you don't care. But there's the point. She betrayed Ronan. He's coming back for her. And when he does that's when you."

In this scene, Peter explains his bad experience to Drax, someone who is jailed in the Kyln prison. Peter explains that he has a bad experience of violence from Rajak and Kree girls when he wanted to seek information. Peter also shows scars on his stomach and his chest from that experience.

Bad experiences in the past can happen to anyone, that causes trauma in children and teenagers. Freud's original theory explains that bad experiences obtained during childhood are the core of the cause of trauma, if in childhood having bad experiences in the form of sexual or violence will leave a subconscious memory and then during adolescence when faced with situations that remind of early trauma, the memory is activated and will affect the behavior and personality of the individual who have these experiences (Mandal & Singh 3). More evidence of Peter Quill's traumatic experiences of violence can be seen in the dialogue below:

Yondu: "You betray me? (Hit Peter) Steal my money."

Gamora: "Stop it! Leave him alone!"

Yondu: "When I picked you up as a kid, these boys wanted to eat you. They ain't never tasted Terran before. I saved your life!"

Peter: "Oh will you shut up about that? God! Twenty years, you been throwing that in my face, like it's some great thing, not eating me. Normal people don't even thing about eating someone else! Much less that person having to

be grateful for it! You abducted me, man. You stole me from my home and from my family."

In this scene, it show that one of the causes of Peter's trauma is having a bad experience in the past in the form of threats and being a victim of kidnapping in the past from someone who was ordered by Peter's father to pick him up, Peter even experienced violence.

Trauma is a mental condition that arises due to bad experiences in the past. Freud argued that painful past experiences such as loss can affect individuals and cause trauma (Maghira & Pandin 41). The evidence of Peter Quill's traumatic experience of losing his mother can be seen in this dialogue below:

Peter: "Thank you, Groot. Thank you. See? Groot's the only one of you has a clue. Guys. Come on. Yondu is gonna be here in two seconds. He expects to hear this big plan of ours. I need your help. I look around at us. You know what I see? Losers. I mean, like, folks who have lost stuff. And we have. Man, we have. All of us. Our home, our families, normal lives. And, usually, life takes more that it gives. But not today. Today, it's given us something. It has given us a chance."

Drax: "To do what?"

In this scene, Peter explains to his group, the Guardians of The Galaxy that he has lost everything he considers in his life like his family, his home and his

normal life. It is a bad experience for Peter that he does not want in his life and since then, Peter changed.

Bad experiences in the past can happen to anyone, that is what causes trauma to occur in children and teenagers. Freud's original theory explains that bad experiences obtained during childhood are the core of the cause of trauma, if in childhood having bad experiences in the form of sexual or violence will leave a subconscious memory and then during adolescence when faced with situations that remind of early trauma, the memory is activated and will affect the behavior and personality of the individual who have these experiences (Mandal & Singh 3).

Other evidence of Peter Quill's traumatic experience of being treated badly in the past can be seen in this dialogue below:

Peter's dad: "I would have done so myself, but I was in the midst of an outlandish adventure at the time, battling demonic forces to save this dimension or some such nonsense - I can't quite recall, it all bleeds together after awhile. But instead of returning you, Yondu kept you. I have no clue as to why."

Peter: Because I was a skinny kid who could squeeze into places adults couldn't, making thieving easier.

Peter's dad: "I've been trying to track you down ever since."

In this scene, one of the causes of Peter has trauma is because he has a bad experience in the past in the form of being a victim of kidnapping and violence

from Yondu, someone who is ordered by Peter's father to pick up Peter. Yondu does not take Peter to his father, but instead kidnapped Peter when his mother died. Since that incident, Peter has had a very different life than before.

Loss of loved one is a dangerous situation and can trigger anxiety, even cause trauma. Freud argued that unresolved grief due to loss can lead to emotional turmoil and a deep sense of abandonment (Sigmund Freud. In *Mourning and Melancholia* 251).

The evidence of Peter Quill's traumatic experience of losing a loved one can be seen in this dialogue below:

Peter: "My mother told everyone my father was from the stars.
"She had brain cancer - so everyone thought she was

delusional."

Peter's dad: "Peter-"

Peter: "Listen. I'd love to believe all of this, I really would but you left the most wonderful woman ever, to die alone!"

Peter's dad: "I didn't want to leave your mother, Peter. But if I don't return regularly to this planet, and the light within, this form will wither and perish --"

Peter: "So why didn't you come back?! Why'd you send Yondu, a criminal, of all people, to fetch me?!"

Peter's dad: I loved your mother, Peter! I couldn't stand to set foot on an earth where she wasn't living! You can't imagine what that's like!

Peter: I know exactly what that's like! I had to watch her

(Peter's Mom) die!

(Ego stops, seeming to hear his son. He touches him.)

Peter has a traumatic experience of being abandoned by his mother. In this scene,

Peter asks his father why he did not come back, and he even tells his father when

Peter had to witness his mother's death. Because since then, Peter has felt

frustrated and as if he has no purpose in life.

Losing a loved one is a dangerous situation and can trigger anxiety, even

cause trauma. Freud argued that unresolved grief due to loss can lead to

emotional turmoil and a deep sense of abandonment (Sigmund Freud. In

Mourning and Melancholia 251).

The other evidence of Peter Quill's traumatic experience of losing a loved one

can be seen in this dialogue below:

Mantis: "He's always mad at everyone."

Peter: "That's because I'm drunk. If I wasn't drunk maybe

Rocket.. Sorry."

Mantis: "It's okay. He's your best friend."

Drax: "Second best friend."

Peter: "Everyone around me is dead. My mom, Yondu,

Gamora."

Mantis: "Gamora's not dead."

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In this scene, Peter explains to Drax and Mantis that Peter has lost his loved ones like his mother, Yondu and Gamora. That is what caused Peter to have a traumatic experience and think that his family is only the Guardians of The Galaxy.

Freud stated that hysteria experienced by a person is the result of the individual's bad experiences and will have an effect on the individual's personality and behavior. If you have painful experiences as a child, such as disappointment, depression and deep sorrow, then these experiences will be included in the subconscious world, causing anxiety and trauma (Apriyatun 2).

The other evidence of Peter Quill's traumatic experience of losing a loved one can be seen in this dialogue below:

Rocket: "So. You're leaving the Galaxy group?"

Peter: "My mother died when I was 8 and I've been running ever since. I just need a little time, and learn to swim."

In this scene, Peter explains to the Guardian of The Galaxy group, that he had experienced a bad event or incident in the form of his mother having died since Peter was 8 years old. Since then, Peter felt not only losing his mother, but also losing his mentality and life.

B. The Effects of Traumatic Experiences on the Personality of Peter Quill

Traumatic experiences can have an impact on an individual's psychology. Freud thought that someone who had a traumatic experience would have excessive feelings of

anxiety if someone was unable to conclude painful events in the past (Rubianto 16). In case about the effects of traumatic experience, Sigmund Freud argued that the loss of loved ones is a traumatic event that makes the person go through difficult tasks with fear and feelings of guilt throughout life (Pathak & Dewangan 63). Trauma can make people feel anxious, this anxiety can appear if there are traumatic events in the past that trigger it. Freud emphasized that all symptoms were hysterical was caused by childhood adverse experiences which left the subconscious memory, and then during adolescence when faced with situations that remind the early trauma, the memory is activated (Pathak & Dewangan 62). In the case of Peter Quill in the movie *Guardians of The Galaxy Vol.1, Vol.2 & Vol.3* by James Gunn, the effects of traumatic experience are difficulty in controlling the emotions effectively, excessive anxiety and worry, deep sorrow, vengeful, fear of separation and easily offended. The explanation of these effects will be explained below.

B.1 Difficulty in controlling the emotions effectively

Freud argued that psychologically, the core of trauma is overwhelming emotions and feelings of helplessness. There may or may not be physical injuries, but psychological trauma is accompanied by physiological presence. which plays a major role in long-term effects (Drahansky et al, 2).

The evidence Peter's difficulty in controlling his emotions effectively because of his traumatic experience is described in this dialogue:

Peter: "Hey, Put that way. Hey! Listen to me, you big blue bastard. Take those headphones off. That's mine. Those

belong to impound. That tape and that players is mine!"

(they had a fight and Peter electrocuted by the prison guard)

Peter: "Hooked on a feeling, Blue Swede, 1973. That song belongs to me!"

(Peter electrocuted by the prison guard again)

Peter has a bad experience in the past as a kidnapping victim that traumatized him and made it difficult for him to regulate his emotions effectively. In this scene, it is seen that Peter has difficulty controlling his emotions when he feels that his rights are being violated by others, namely when his headphones were used by Kyln Police who guarded him while in prison. In fact, Peter can suddenly get angry and hurt anyone when he feels that his rights are being violated.

B.2 Excessive anxiety and worry

Anxiety disorders can occur in individuals who have experienced trauma. Sigmund Freud argued that current anxiety or worry patterns are one of the consequences of an individual's past trauma (Chauvel 10).

The evidence Peter's Excessive anxiety and worry because of his traumatic experience is described in this dialogue:

Gamora: "Either one of you could have gotten us through that field, if you had flown with what's between your ears instead of what's between your legs!"

Peter: "If what's between my legs had a hand on it, I

guarantee I could have landed this ship."

Gamora: "It's not funny, Peter. We almost died. Because of

your arrogance."

Peter has a high level of anxiety and worry due to bad experiences in the past.

Even in this scene Peter can endanger those closest to him when he is worried

and anxious by taking over his plane when he has to land suddenly because he is

being chased by the Sovereign kingdom which causes his plane to crash and his

entire group almost dies, while the plane should be Rocket's expertise, one of the

members of the Guardian of the Galaxy.

B.3 Deep sorrow

Deep sorrow can be felt by someone who experiences the trauma of loss.

Freud argued that unresolved grief due to loss can cause emotional turmoil and

deep feelings of abandonment. (Sigmund Freud. In Mourning and Melancholia

246).

The evidence Peter's deep sorrow because of his traumatic experience is

described in this dialogue:

Peter: "But my mother."

(His father looks at him, questioningly.)

Peter: "You said you loved my mother."

Peter's dad: "That I did. My river lily, who knew the words to

every song that came on the radio. I returned to earth to see her

three times. I knew if I came back a fourth, I'd never leave."

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Peter's dad: "The expansion, the reason for my very existence would be over. So I did what I had to do. But it broke my heart to put that tumor in her head."

Peter: "Wh- what?"

(Zolly in on Peter as the cosmos disappear from his eyes.

Tears stream down his face.)

Peter had a bad experience of losing his mother since he was a child, that is what made Peter has a deep feeling of sadness until he was an adolescence and his emotions were unstable. In this scene, Peter who actually still felt deep sorrow because his meeting with his father at that time reminded him when his mother died until made Peter cry.

B.4 Vengeful

Loss of loved one can have an anxiety-inducing impact on an individual. Freud explained that the main danger of anxiety is feeling of vengeful, which is triggered by the predatory instinct in us (Chauvel 10).

The evidence of Peter's vengeful because of his traumatic experience is described in this dialogue:

Peter's dad: "I know that sounds bad -"

(Peter pulls out his pistols and fires. The blast tears through his father, dispersing the molecules forming his body. Peter shoots at him again and again. But, as the charge on Peter's blasters wears out, Ego just looks at him, and although he's filled with holes, he's merely disappointed).

Peter's dad: "Who in the hell do you think you are?"

Peter: "You killed my mother!"

Peter has a traumatic experience of loss that makes him a vengeful person. In this scene, Peter could not control his emotions when he found out that his father is the one who killed his mother by putting a tumor on her head, therefore Peter tried to kill his father with pistols and fires as his father did to his mother.

Moreover, the evidence Peter's vengeful because of his traumatic experience is described in this dialogue:

Peter's dad: "No, we need to stop it!"

(Quill Peter throws him to the ground. But Ego comes back up, grasping his son's jacket, pleading with him now.)

Peter's dad: "Listen to me! You are a god! If you kill me, you'll just be like everyone else!"

Peter: "What's so wrong with that?"

(His Father looks at his son, scared.)

Peter's dad: "No! -"

(The countdown reaches zero. The brain explodes. Ego's nervous system. The explosion causes the life forces to burst through the entire planet. **Peter's Dad died.**)

In this scene, Peter and his Galaxy group still managed to kill his father after knowing that Peter's father was the cause of his mother's death, that is also what drove Peter to kill his father like his father did to his mother.

B.5 Fear of separation

Loss of loved one is something that can have an impact on a person's personality, anxiety and fear of loss are reactions to the loss of a loved one. Freud concluded that what the boy feared is not darkness, but the absence of a loved one in life (Chauvel 9).

The evidence Peter's Fear of separation because of his traumatic experience is described in this dialogue:

Nebula: "It's a bioform. Rather than being built, it (Rocket) grows from living matter. Its structure is surrounded by 3 impenetrable plasma security shields. It's not easy to get in here, Star-Lord."

Peter: "It's not easy. But I'm a professional thief, remember? I'll hijack their signals one by one. He calls me Star-Lord when he's mad at me."

Peter has a traumatic experience of losing his closest people, that is what makes Peter do anything to save the lives of his closest people. As seen in this scene, when Peter risks his life to steal and break into Ronan's group to save Rocket, one of the members of the Guardian of The Galaxy because Peter does not want to lose his closest people again.

Moreover, the evidence Peter's fear of separation because of his

traumatic experience is described in this dialogue:

Rocket: "This (saving Drax, Mantis & Nebula) might be futile,

Quill. He's too powerful."

Peter: "Then we'll try like hell."

Rocket: "What would "try like hell" accomplish?"

Gamora: "Or we could give him a weasel."

Rocket: "All we're doing is trying like hell!"

Groot: "I'm Groot."

Gamora: "I already know who you are!"

Peter has a traumatic experience of loss. That is what makes him has a

personality that does not want to lose the people closest to him again. In this

scene, it is seen that Peter will try desperately to save his friends who are trapped

in Ronan's ship, the enemy of the Guardians of the Galaxy group.

B.6 Easily offended

Freud stated that losing loved ones can have an impact on a person's

feelings, such as anger and irritability when remembering or experiencing events

that remind them of bad experiences in the past (Pathak & Dewangan 62).

The evidence Peter's easily offended because of his traumatic experience is

described in this dialogue:

Mantis: "Peter."

Peter: "What?"

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Mantis: "You have family on Earth and you don't want to go and see them?"

Peter: "You're my sister. That's the only family I want or need.

And my grandfather is the only one left, okay? He's a tough guy."

Mantis: "Still. Don't you think he.."

Peter: "What?"

Mantis: "You were kidnapped by the Ravengers when he (Peter's grandfather) lost his daughter."

Peter: "Yeah, he was mad. My mom died, he screamed and threw me out of the room!"

Mantis: "He just wanted to protect you."

Peter: "What do you mean?"

Mantis: "What?"

Peter: "I mean the people I love are dead and you're talking about this?"

Peter has bad experiences in the past such as losing his family and people close to him which makes him emotionally unstable. In this scene, Mantis asks Peter about his family, it is seen that Peter is offended and suddenly angry because Peter is someone who has bad experiences from his family.

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

Guardian of The Galaxy movie tells the story of a group of guardians of the universe, the adventures and fights of Peter Quill and his friends who are members of the Guardian of The Galaxy group are a big part of this movie. This movie also highlights the main actor, Peter Quill. As the leader of Guardian of The Galaxy group, Peter Quill shows a traumatic personality and the effects of the trauma he has based on traumatic analysis according to Sigmund Freud and the effects of trauma.

The first conclusion is the causes of traumatic experiences by the character Peter Quill, he is someone who has various bad experiences in the past. The first cause is because losing someone he loves, his mother died due to cancer when Peter was 8 years old. Peter also has bad experiences after his mother's death, he was kidnapped by the Ravager group and violence. After losing his mother, Peter felt that he had lost everything he considered his life, such as his family, his home and his normal life. Since then, Peter has changed. He became someone who has trauma and difficulty in controlling his emotions effectively.

The second conclusion is about the effect of traumatic experiences on Peter Quill, he has 6 main effects due to the traumatic experience that changed his behavior and personality. The first effect is difficulty in controlling his emotions effectively, Peter can suddenly become angry when he feels his rights are being violated by others.

The second effect is excessive anxiety and worry, Peter has excessive levels of anxiety and worry that can endanger those closest to him. The third effect is deep sorrow, Peter always carried a deep feeling of sadness until he is a teenager because his mother died when he was 8 years old. The fourth effect is vengeful, Peter does not want to lose anymore in his life, that is what makes him kill anyone who has taken Peter's rights or who he considers to be part of his life. The fifth effect is fear of separation, Peter does not want to lose people closest to him again and will do anything to save those closest to him even if it means endangering and risking his life. Then the last effect of Peter Quill is easily offended, Peter becomes someone who suddenly gets angry when he faces event that reminds him of his family.

B. Suggestion

Based on the analysis, this study uses Sigmund Freud's theory in analyzing the character of Peter Quill in the movie *Guardian of The Galaxy* Vol.1 Vol.2 and Vol.3. This study has identified the causes and effects of trauma from the character of Peter Quill. This study also offers several recommendations for future research who want to conduct research in applying the theory of traumatic analysis to various subjects. First, future research can utilize Sigmund Freud's theory of traumatic analysis and the impact of trauma on characters in another movie who face traumatic experiences. Secondly, this study can also analyze the causes and effects of traumatic experiences of other characters in *Guardian of the Galaxy* movie series such as Drax and Rocket using Sigmund Freud's theory.

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