

**PROGRAM STUDI ILMU KEPERAWATAN  
FAKULTAS ILMU KEPERAWATAN  
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG  
Skripsi, Februari 2017**

**ABSTRAK**

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**GAMBARAN TENTANG KEPUASAN HIDUP LANSIA YANG TINGGAL  
DI PANTI WREDHA**

61 Hal + 8 tabel + xv

**Latar Belakang:** Kepuasan hidup pada lansia merupakan hal yang penting, tetapi sekarang banyak lansia yang merasa bahwa hidupnya sudah tidak berarti lagi karena sudah tidak memiliki pasangan bahkan tidak dianggap oleh keluarganya. Dan hal ini dapat mempengaruhi lansia dalam melaksanakan aktivitas sehari-hari. Tujuan penelitian untuk mengeksplorasi kepuasan hidup lansia yang tinggal di panti wredha.

**Metode:** Penelitian ini merupakan jenis penelitian deskriptif desain *ex-post facto field study*. Pengumpulan data dilakukan dengan cara wawancara dan kuesioner. Jumlah responden sebanyak 94 orang, 41 responden dari panti wredha Pucang Gading dan 53 responden dari panti wredha Wening Werdayo Ungaran dengan kriteria masih kooperatif. Data yang diperoleh diolah secara statistic dengan menggunakan rumus Mean, Median dan Modus.

**Hasil:** Berdasarkan hasil analisa diperoleh bahwa dari 94 responden penelitian, sebagian besar responden yang berumur 75-90 tahun sebanyak 46 orang (48,9%), jenis kelamin laki-laki sebanyak 50 orang (53,2%), tingkat pendidikan yang tidak bersekolah sebanyak 66 orang (70,2%), responden dengan kepuasan hidup lansia yang tinggal di panti wredha Pucang Gading responden yang tidak puas sebanyak 1 orang (1,1%), responden yang puas sebanyak 7 orang (7,4%), dan responden yang sangat puas sebanyak 33 orang (35,1%), responden dengan kepuasan hidup lansia yang tinggal di panti wredha Wening Werdayo Ungaran responden yang tidak puas sebanyak 2 orang (2,1%), responden yang puas sebanyak 28 orang (29,8%), dan responden yang sangat puas sebanyak 23 orang (24,5%) dan responden yang berada di panti Pucang Gading nilai minimal 3, maksimum 19 dan mean 14,05 dan yang berada di panti Wening Werdayo Ungaran nilai 6, maksimum 19 dan mean 11,55.

**Simpulan:** Kepuasan hidup lansia yang tinggal dipanti wredha, sangat puas di panti wredha Pucang Gading dan puas di panti Wening Werdayo Ungaran.

**Kata kunci:** Kepuasan hidup, Lansia, tinggal di panti wredha

**Daftar pustaka:** (1996-2012)

**NURSING SCIENCE STUDY PROGRAM**  
**FACULTY OF NURSING**  
**SULTAN AGUNG ISLAMIC UNIVERSITY SEMARANG**  
*Thesis, February 2017*

**ABSTRACT**

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***A DESCRIPTION ON ELDERLY'S LIFE SATISFACTION STAYING AT NURSING HOME***

*61 Pages+ 8 Tables + xv*

**Background:** *Elderly's life satisfaction must be taken into account, but nowadays many elderly people feel that their life is not meaningful anymore because they do not have couple, moreover, their family does not consider them. This may affect them in doing their daily activities. This study aims to explore life satisfaction of elderly staying at nursing home.*

**Method:** *This belongs to descriptive study i.e. ex-post facto field study. The data were collected through interview and questionnaire. There were 94 people as respondents. 41 respondents were from PucangGading nursing home and 53 of them were from WeningWerdoyo nursing home Ungaran with still cooperative criteria. The obtained data were then analyzed statistically using Mean, Median and Modus formula.*

**Result:** *Based on the analysis, it was obtained that most of them were 75-90 years old i.e. 46 people (48,9%), 50 of them were males (53,2%), 66 of them no school (70,2%), for those elderly people at PucangGading, 1 people (1,1%) was not satisfied, 7 of them (7,4%) were satisfied, and 33 of them (35,1%) were very satisfied. For those elderly people at WeningWerdoyo Ungaran, 2 people were not satisfied (2,1%), 28 of them were satisfied (29,8%), 23 of them (24,5%) were very satisfied. Those at PucangGading resulted minimum value of 3, while the maximum value was 19. The mean was 14,05. While those at WeningWerdoyo Ungaran resulted 6 of minimum value, and 19 of maximum value, and the mean was 11,55.*

**Conclusion:** *Life satisfaction of elderly staying at nursing home is very satisfied at PucangGading and satisfied at WeningWerdoyo Ungaran.*

**Keywords:** *Life Satisfaction, Elderly, Staying at Nursing Home*

**References:** *(1996-2012)*