

**PROGRAM STUDI S1 KEPERAWATAN  
FAKULTAS ILMU KEPERAWATAN  
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG  
Skripsi, Maret 2016**

**ABSTRAK**

Siti Ardianti

**PENGARUH METODE *HEALTHY PARENTING SKILL* TERHADAP  
PENGETAHUAN DAN KETRAMPILAN IBU POST PARTUM  
PRIMIPARA DALAM MERAWAT BAYI DI WILAYAH BPM HJ. UUT  
SRI RAHAYU KALIGAWA SEMARANG**

85 hal + 15 tabel + xv

**Latar belakang :** *Healthy parenting skill* sangat penting diberikan kepada ibu post partum khususnya primipara, karena masa post partum dini adalah masa yang efektif untuk memberikan informasi kepada ibu tentang beberapa hal yang menyangkut bayinya. Penelitian ini bertujuan untuk mengetahui pengaruh metode *healthy parenting skill* terhadap pengetahuan dan ketrampilan ibu post partum primipara dalam merawat bayi di wilayah BPM Hj. Uut Sri Rahayu Kaligawe Semarang.

**Metode penelitian :** Populasi ibu post partum primipara dengan jumlah sampel 15 responden dengan teknik *total sampling*. Instrument dalam penelitian ini adalah kuesioner dan lembar checklist observasi. Analisa data menggunakan uji normalitas *Shaphiro-Wilk* dan data berdistribusi tidak normal menggunakan uji *Wilcoxon*.

**Hasil :** Hasil penelitian menunjukkan bahwa jumlah responden terbanyak sebelum diberikan metode *healthy parenting skill* pada pengetahuan responden yaitu sebanyak 46,7% dikategorikan kurang dan ketrampilan responden yaitu kurang terampil sebanyak 73,3%. Setelah diberikan metode *healthy parenting skill* menunjukkan peningkatan yaitu hasil pengetahuan responden baik sebanyak 66,7% dan ketrampilan sebanyak cukup terampil sebanyak 53,3%.

**Simpulan dan saran :** Ada pengaruh metode *healthy parenting skill* terhadap pengetahuan dan ketrampilan ibu post partum primipara dalam merawat bayi (*p value* 0,001 < 0,05). Diharapkan penelitian perawatan bayi dapat dikembangkan variabel penelitian serta menggunakan metode dan teknik yang berbeda sehingga didapatkan hasil yang baik.

**Kata Kunci :** metode *healthy parenting skill*, pengetahuan dan ketrampilan.

**Daftar Pustaka :** 42 (2009-2014)

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Mini Thesis, Maret 2016**

**ABSTRACT**

Siti Ardianti

**THE EFFECT OF METHOD OF HEALTHY PARENTING SKILL OF  
KNOWLEDGE AND SKILLS IN MOTHER POSTPARTUM PRIMIPARA  
TREATING BABY IN THE AREA BPM HJ. SRI UUT RAHAYU  
KALIGAWA SEMARANG**

85 pages + 15 tables + xv

**Background:** Healthy parenting skills are important given to the mother postpartum primipara especially, because of the early period postpartum is the period, more effective to providing information to mothers about some matters relating to the baby. This research aims to determine the effect of healthy methods of parenting skills to knowledge and skill post partum primipara mothers in caring for the baby in the BPM area Hj. Uut Sri Rahayu Kaligawe Semarang.

**Methods:** Population is the mother post partum primipara with a sample of 15 respondents with total sampling technique. Instrument in this study was a questionnaire and observation checklist sheet. Analysis of data using Shaphiro-Wilk normality test and abnormal distribution data using the Wilcoxon test.

**Result:** The results show that the highest number of respondents before being given a method of healthy parenting skills in the knowledge of the respondent as many as 46.7% were categorized responder that is less and less skills as much 73.3%. After being given a method of healthy parenting skills that showed increased knowledge of respondents good results as much as 66.7%, and as much skill enough as much as 53.3%.

**Conclusion:** There is a method of healthy parenting skills influence the knowledge and skills of post partum primipara mothers in caring for the baby (p value  $0,001 < 0,05$ ). It is expected to be developed infant care research study variables and using different methods and techniques to obtain good results.

**Keywords:** healthy parenting skills, knowledge and skills.

**Bibliographies:** 42 (2009-2014)