

**PROGRAM STUDI S1 KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG**
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ABSTRAK

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**PERBEDAAN KENAIKAN BERAT BADAN BAYI USIA INFANT
(1-3 BULAN) YANG DIBERIKAN ASI EKSKLUSIF DAN PASI DI
PUSKESMAS KAGOK SEMARANG**

47 hal + 6 tabel + xiii

Latar belakang: ASI eksklusif diberikan selama 6 bulan pertama dilanjutkan hingga 1 tahun diselingi makanan tambahan. PASI diberikan pada bayi guna memenuhi kebutuhan gizi dan makanan pelengkap dari ASI. Kebutuhan utama proses tumbuh bayi diperoleh dari jumlah ASI yang diberikan dan mencakup kelengkapan unsur gizi didalamnya.

Metode: Penelitian ini merupakan penelitian deskriptif komparatif menggunakan pendekatan *cross sectional*. Pengumpulan data menggunakan checklist dan catatan KMS dan catatan kader. Jumlah sampel sebanyak 70 responden dengan teknik *purposive sampling*. Pengolahan data menggunakan uji *Mann-Whitney*.

Hasil: Berdasarkan dari analisa data diperoleh 31 orang (88,6%) diberikan ASI eksklusif ≥ 8 kali/hari dan 28 orang (80,0%) PASI. Bayi yang diberikan ASI tersebut rata-rata beratnya saat berusia 1-3 bulan berkisar antara 3000-3400 gram, 21 orang (60,0%) ASI eksklusif dan 23 orang (65,7%) pada PASI. Sedangkan peningkatan berat badan tertinggi dengan kenaikan ≥ 833 gr/bulan yang diberikan ASI eksklusif mencapai 26 orang (74,3%) dan 29 orang (82,9%) PASI.

Simpulan: Ada perbedaan kenaikan berat badan bayi usia infant (1-3 bulan) yang diberikan ASI Eksklusif dan PASI di Puskesmas Kagok Semarang, dengan nilai *p value* ASI eksklusif 0,000 dan PASI 0,007.

Kata Kunci: Kenaikan Berat Badan, ASI Eksklusif, PASI

Daftar Pustaka: 68 (2002-2012)

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ABSTRACT

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**DIFFERENTIAL OF INCREASING THE WEIGHT OF INFANT'S AGE
(1-3 MONTHS) WHO WAS GIVEN EXCLUSIVE BREAST FEEDING
AND PASI IN KAGOK'S CLINIC SEMARANG**

47 pages + 6 tables + xiii

Background: Exclusive breast feeding is given during the first six months continued until 1 year interspersed extra food. PASI is given for baby to complete the need of and nutrition and complement food from breast feeding. The main need of grown up process of baby obtained from total of breast feeding that given by include of another complement nutrition in side.

Method: This study is a descriptive comparative study which using cross sectional. The collect of datas is using checklist and records KMS and kader's records. Total sample are 70 respondents with purposive sampling technique. Processing of the data's use mann-whitney test.

Result: Based on the analysis of data found that 31 people (88,6 %) was given an exclusive breast feeding ≥ 8 times a days and 28 people (80,0 %) PASI. The babies age 1-3 months that given breast feeding were on weight ranges between 3000-3400 grams, 21 people (60,0 %) exclusive breast-feeding and 23 people (65,7 %) PASI. Where as the increasing of highest weight with ≥ 833 gr/months that given exclusive breast feeding reached in 26 people (74.3 %) and 29 people (82,9%) PASI.

Conclusion: There are a difference of increasing the weight of infant's age (1-3 months) who was given exclusive breast-feeding and PASI in Kagok's clinic Semarang with *p value* exclusive breast-feeding is 0.000 and PASI is 0.007.

Keywords: Weight gain, exclusive breast-feeding, PASI

Bibliographies: 68 (2002-2012)