

**PROGRAM STUDI S1 KERAWATAN
FAKULTAS ILMU KEPERAWATAN
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ABSTRAK

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**HUBUNGAN DUKUNGAN KELUARGA DAN KEMANDIRIAN LANSIA
DENGAN KONSEP DIRI LANSIA DI KELURAHAN KALIBANTENG
KULON SEMARANG BARAT**

63 hal + 13 tabel + xvi

Latar Belakang : Meningkatnya jumlah lansia akan mempunyai dampak positif dan negatif, dampak negatif yang mungkin muncul pada lansia terkait aspek biologis atau fisik, aspek sosial dan aspek psikologis atau emosional. Perubahan fisik yang terjadi seperti penurunan kemampuan melakukan aktivitas kehidupan sehari-hari. Perubahan sosial seperti kesempatan yang sama untuk memberikan masukan, kemudian merasa diasingkan. Tujuan penelitian untuk mengetahui hubungan dukungan keluarga dan kemandirian lansia dengan konsep diri lansia di Kelurahan Kalibanteng Kulon Semarang Barat.

Metode : Jenis penelitian yang digunakan adalah penelitian kuantitatif non eksperimental (penelitian deskriptif analitik) dengan metode korelasional serta menggunakan pendekatan *cross sectional*. Pengumpulan data dilakukan dengan kuesioner dengan jumlah responden sebanyak 183 orang dengan tehnik konsekutif sampling. Data yang diperoleh diolah secara statistik dengan menggunakan rumus chi square.

Hasil : berdasarkan hasil analisa diperoleh dari 183 responden penelitian sebagian besar memiliki karakteristik jenis kelamin perempuan sebanyak 58,5%, dengan umur 70-75 tahun sebanyak 39,3% serta dengan berpendidikan SD sebanyak 45,9%. Hasil penelitian juga menunjukkan 61,7% responden dukungan keluarga baik dan 38,3% responden kurang baik. Pada kemandirian lansia menunjukkan 54,1% responden mandiri dan 45,9% responden tidak mandiri. Sedangkan konsep diri sebanyak 56,8% tinggi dan 43,4% rendah.

Simpulan : ada hubungan antara dukungan keluarga dan kemandirian lansia dengan konsep diri lansia.

Kata kunci : *Dukungan Keluarga, Kemandirian Lansia, Konsep Diri Lansia.*

Daftar Pustaka : 64 (2002 – 2011)

**UNDERGRADUATE NURSING STUDY PROGRAM
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ABSTRACT

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THE RELATIONSHIP BETWEEN FAMILY SUPPORT AND THE ELDERLY INDEPENDENCE USING ELDERLY SELF-CONCEPT IN SUB DISTRICT KALIBANTENG KULON, SEMARANG BARAT

63 pages + 13 tables + xvi

Introduction: The increase of number of elderly will impact on positive and negative factors, the negative impacts that possibly arise on elderly related to biological aspect or physical aspect, social aspect and psychological or emotional aspect. Physical changes occur such as a decrease of ability of doing daily activities. Social changes such as same opportunity to give input, but then feeling to be isolated. The objective of study is to find out the relationship between family support and the elderly independency using elderly self-concept in sub district Kalibanteng Kulon, Semarang Barat.

Method: The study used is *quantitative non experimental (analytical descriptive study)* with *correlational* method and uses *cross sectional* approach. The data collecting is conducted by using questionnaires with a number of respondents 183 people with *consecutive sampling* technique. The data obtained is processed statistically by using chi square formula.

Study Result: Based on the analysis result obtained that there are 183 respondents. Most of them have female characteristic 58,5%, 39,3% of them are 70 to 75 years old, 45,9% of them are primary school graduate. The result of study also indicates that 61,7% of respondents are supported by their family well but 38,3% of respondents are not supported by their family well. On the family attitude it shows that 56% of respondents are positive and 44% of respondents are negative. While 56% of respondents have good dietary habits but 44% of respondents have bad dietary habits. On elderly independency it indicates that 54,1% of respondents are independent and 45,9% of respondents are dependent. While on the self-concept 56,8% of respondents are high and 43,4% of respondents are low.

Conclusion: There is a relationship between family support and elderly independency and self-concept on elderly.

Keywords: *Family Support, Independency On Elderly, Self-Concept On Elderly*

Bibliography : 64 (2002 – 2011)