

**THE SIMILARITY OF PERSONA AND SHADOW OF FATHER AND
SON-IN-LAW REFLECTED IN *IT ENDS WITH US* NOVEL**

A FINAL PROJECT

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STATEMENT OF WORK'S ORIGINALITY

Hereby, I honestly declare that the undergraduate thesis I wrote does not contain the works or part of the works of other people, except those which were cited in the quotations and the references, as a scientific paper should. If my statement is not valid in the future, I absolutely agree to accept an academic sanction in the form of revocation of my paper and my degree obtained from that paper.

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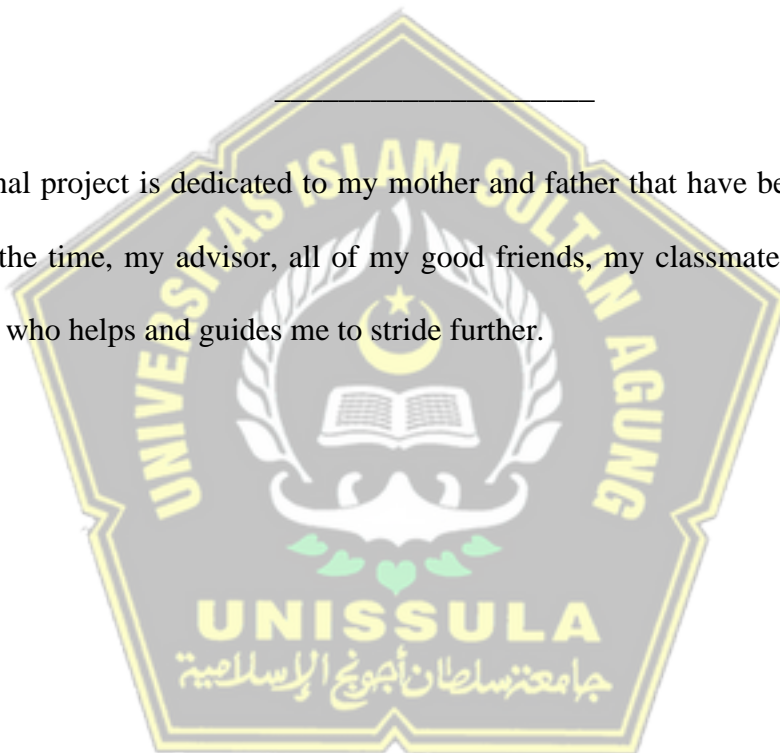
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MOTTO AND DEDICATION

“He/she who is not courageous enough to take risks will accomplish nothing in life.” – Muhammad Ali

“Whatever is visible in front of the eye, those all can be achieved by willpower.”
– Ummi

This final project is dedicated to my mother and father that have been supporting me all the time, my advisor, all of my good friends, my classmates, myself, and anyone who helps and guides me to stride further.



ABSTRACT

Asilah, Hanin. 30801900018. The Similarity of Persona And Shadow of Father And Son-in-Law Reflected in *It Ends With Us* Novel. English Literature Study Program. Faculty of Language and Communication Science. Sultan Agung Islamic University. Idha Nurhamidah, S.S., M.Hum. as Advisor.

This study discusses psychology analysis about personality theory by Carl Gustav Jung especially persona and shadow. Theory of personality by Carl Jung has some archetypes, they are persona, shadow, anima, animus and others. Nevertheless, this study focuses on persona and shadow reflected on the supporting characters in *It Ends With Us* novel, and this study also analyzes the similarity of persona and shadow between father and son-in-law.

This study used descriptive qualitative method. There are two types of data in this study, they are primary and secondary data. Primary data is the data that is found in *It Ends With Us* novel, such as quotations and sentences. Moreover, the secondary data is the second data that has been collected by other people. It is usually found in journals, books, and articles.

This final project has found some results that discussed in the finding and discussion chapter. Firstly, this study has found that father and son-in-law have persona and shadow as human being. Secondly, after analyzing the persona and shadow of them, it is concluded that there are some similarities of persona and shadow between father and son-in-law.

Key words: *Personality, Archetypes, Persona, Shadow*

INTISARI

Asilah, Hanin. 3080190018. Kesamaan *Persona* dan *Shadow* dari Ayah dan Anak Menantu Laki-laki tergambarkan di *It Ends With Us* Novel. Program Studi Sastra Inggris. Mahasiswa Fakultas Bahasa dan Ilmu Komunikasi. Universitas Islam Sultan Agung Semarang. Idha Nurhamidah, S.S., M.Hum sebagai Pembimbing.

Studi ini membahas mengenai analisis psikologi tentang teori kepribadian oleh Carl Gustav Jung khususnya tentang *persona* dan *shadow*. Teori kepribadian oleh Carl Jung memiliki beberapa *archetype*, mereka adalah *persona*, *shadow*, *anima*, *animus*, dan yang lainnya. Namun, studi ini akan berfokus pada *persona* dan *shadow* yang tergambarkan pada karakter-karakter pembantu di *It Ends With Us* novel, dan studi juga ini akan menganalisis kesamaan *persona* dan *shadow* antara ayah dan anak menantu laki-laki.

Penelitian ini menggunakan metode deskriptif kualitatif. Ada dua tipe data di studi ini, mereka adalah data primer dan sekunder. Data primer adalah data yang ditemukan di *It Ends With Us* novel, seperti kutipan dan kalimat. Selain itu, data sekunder adalah data kedua yang sudah dikumpulkan oleh orang lain. Itu biasanya ditemukan di jurnal-jurnal, buku-buku, dan artikel.

Tugas akhir ini sudah menemukan beberapa hasil yang didiskusikan di bagian penemuan dan diskusi. Pertama, studi ini sudah menemukan bahwa ayah dan anak menantu laki-laki memiliki *persona* dan *shadow* sebagai insan manusia. Kedua, setelah menganalisis *persona* dan *shadow* mereka, disimpulkan bahwa ada beberapa kemiripan *persona* dan *shadow* antara ayah dan anak menantu laki-laki tersebut.

Kata kunci: *Kepribadian, Archetypes, Persona, Shadow*

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Finally, there are still many shortcomings found in this final project. Therefore, the writer lets the readers or the next researchers who are also researching the same topic criticize or give suggestions because this final project is still far from perfection. Furthermore, hopefully this final project can be useful and help other researchers that are working on the same topic.

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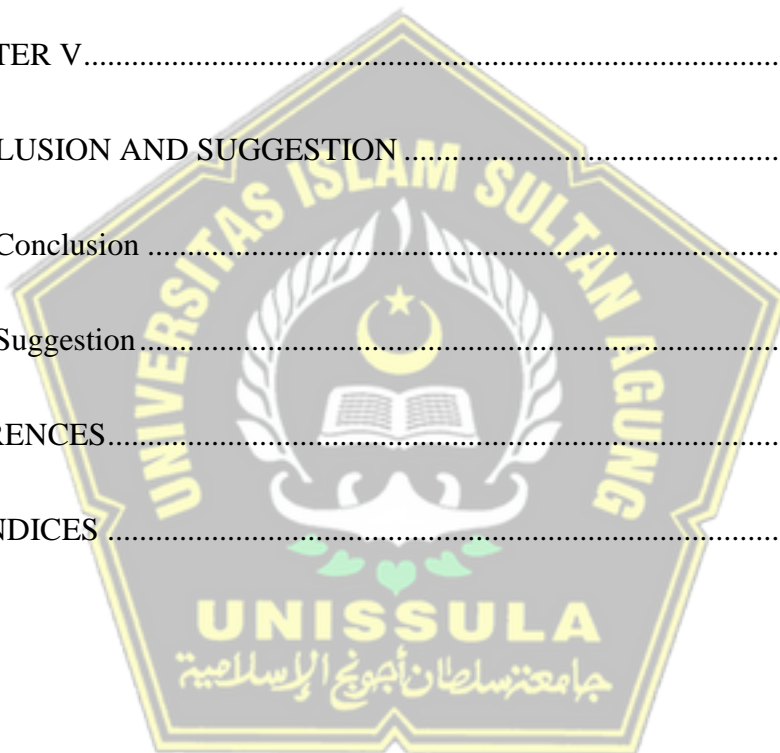
Hanin Asilah

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CHAPTER I

INTRODUCTION

This chapter systematically presents some subchapters. The subchapters consist of the Background of the study, Problem Formulation, Limitation of the study, Objective of the study, Significance of the study, and Outline of the study.

A. Background of Study

Literature is always related to human life which is made into beautiful and meaningful literary work. Talking about literature is also talking about human life and behavior. According to Emir, literary work is learning human being and describing their inner world with its all aspects, and it benefits from psychology in terms of successfully presenting characters, expressing their moods, and bringing reader into psychological dimension of human reality (49). Litterateurs will make their literary work close to the condition of their life and the surrounding environment. If literature is related to human life, it is also related to Psychology. Both of them learn about behavior, the soul, and human life. As Emir stated Literature and psychology are connected, they study human behavior and the human soul. Psychology is a science that learns and researches human life and human behavior while literature learns about human life and then represents them in literary works. Furthermore, the real product of the human psychological condition is literary works, and most of the literary

work relates to personality (Emir quoted in Fitriyana 1). Many literary works raise psychological issues, especially about personality.

Everyone has a different personality because everyone has his personality. Every individual has his "characteristic pattern in thinking, feeling and behaving" (Vazire 3). It is difficult to know someone's personality only by paying attention to how they behave, think, and feel in every situation. Experiences and environment can affect forming personality. According to Freud, the experiences that happen in early childhood are important in developing personality (qtd in Vazire 24). That is why everyone has a different personality because personality is formed based on their own experiences that happened in their early childhood or life.

People use their personalities as a mask to be shown their outward appearance to build their outward perspective or characteristic. Personality is unique because it may suddenly change depending on different situations. People have different personalities or behaviors depending on who they meet, what conditions they face, and others. As Schultz and Schultz stated, Personality is the idea of human uniqueness that is enduring, and it can change in response depending on different situations (6).

Personality will change in some situations or conditions, for example in social media, people will have different personalities on different platforms such as Instagram, WhatsApp, and Twitter. Most

people will present their real selves on Twitter and more using masks on WhatsApp and Instagram. Media social can be a tool to represent personality and character just by posting some pictures. According to Seidman, It has been found that those who express their true selves are more active on Facebook and other social media platforms than those who do not express themselves (qtd in Schultz and Schultz 6-7).

As stated, many theories talk about personality, one of them is the psychoanalytic theory from Carl Gustav Jung that discusses the theory of personality. According to Jung, Personality is a psyche that has some aspects that can interact with one another. One of the aspects is the collective unconscious. The collective unconscious discusses the ancient experience that is expressed by themes or patterns, and Carl Jung calls it an archetype (qtd in Schultz and Schultz 91).

Archetype takes an important role in the human personality. According to Adamski as stated in Fitriyana (3), the archetype can distort human personality by determining behavior. Archetype also takes control and dominates the human personality. Therefore, the archetype can transform and hold human personality.

Archetype has some majors that are included such as the persona, the shadow, the anima and animus, and the self. However, the strongest archetype majors that influence human beings are the persona, the shadow, and anima/animus, and they are so strong that they should be treated as separate and distinct elements of personality (Adamski 565). Persona is

the outer appearance of the human personality. A Persona is a character that is shown in society. According to Jung, the persona is important because humans are forced to give many roles in life to take on fruitfulness in school, on the job, and in society (qtd in Schultz and Schultz 91). So that persona is a mask that humans wear to present themselves in the public as someone quite different from how human personalities are. Furthermore, the shadow is the dark side of the human personality. Persona and shadow have opposite characters. According to Schultz and Schultz, Shadow is the dark side of the personality, and one of the archetype majors that contains primitive animal instincts. The shadow will appear when the human gets suppressed.

It Ends With Us novel by Colleen Hoover is one of the novels in which the character, father, and Ryle as a son-in-law, show their persona and shadow. Father is the town mayor while Ryle is a neurosurgeon who married a woman named Lily. They meet each other accidentally when they get into the same bad situation. Father and Ryle use his persona for surviving in his love and social life. Father builds his persona as town mayor, and Ryle builds his persona as a neurosurgeon to train him in controlling his emotions. Ryle is a man who really loves his wife and always helps many people that get sick especially with neural diseases because he is a neurosurgeon doctor while her father is also a man who loves his daughter and wife and does a good thing in public. On the other side, the father and Ryle as son-in-law also show his dark side or shadow.

They can not control their emotions when they get suppressed or something which makes them angry, and his emotions impact other people, Lily, Lily's mother, and Ryle's brother.

This study uses *It Ends With Us* novel because there are personas and shadows which are found in two of the characters in this novel. This study will focus on the personality theory by Carl Gustav Jung and explore more about persona and shadow archetypes. Hence, this study entitled “The Similarity of Persona and Shadow of Father and Son-in-law Reflected in *It Ends With Us* Novel.”

B. Limitation of Study

This study limits the problem in analyzing of persona and shadows through Carl Jung's Personality theory that is presented by the father and son-in-law as the characters in *It Ends With Us* Novel.

C. Problem Formulation

- a) What are the persona and shadow of father and son-in-law as the supporting characters reflected in *It Ends With Us* Novel?
- b) How is the similarity of persona and shadow between father and son-in-law as the supporting characters reflected in *It Ends With Us* Novel?

D. Objective of Study

Based on problem formulation, there are two objectives:

- a. To find the persona and shadow of father and son-in-law as the supporting characters reflected in *It Ends With Us* Novel

- b. To analyze the similarity of persona and shadow between father and son-in-law as the supporting character reflected in *It Ends With Us* Novel

E. Significance of Study

This study is expected to be useful in providing data concerning Carl Jung's theory analysis, especially about persona and shadow. This analysis also hopefully will be helpful as a reference for any researchers analyzing persona and shadow, particularly for college students of Faculty of Languages and Communication Science of Sultan Agung Islamic University who specialize in English Literature Program.

F. Outline of Study

This study systematically will be organized into five chapters. The first chapter consists of the background of the study, problem formulation, objective of the study, significance of the study, and outline of the study.

The second chapter discusses the related literature such as the synopsis of *It Ends With Us* novel and personality theory by Carl Gustav Jung especially focusing on persona and shadow archetypes.

The third chapter is the Research method organized into subchapters. It consists of the type of research, data organizing that explains data collecting methods and types of the data, and the last one is analyzing data.

The fourth chapter contains finding and discussion. This chapter explains the answer of problem formulation.

The fifth chapter is the conclusion and suggestion of the study that contains the result and resume of the discussion.



CHAPTER II

REVIEW OF RELATED THEORY

This chapter discusses the synopsis of *It Ends With Us* novel by Colleen Hoover and the psychological theory of personality by Carl Jung that focuses on explaining archetypes, Persona, and Shadow which are found in the characters of *It Ends With Us* novel.

A. Synopsis of *It Ends With Us* Novel

It Ends With Us Novel is a romance novel which has been written by Colleen Hoover and published in 2016. This novel is inspired by Colleen Hoover's life. This novel has a romantic genre which contains the domestic violence and sexual violence that is done by some characters in this novel. The characters represent two personalities which show their good and bad personality called persona and shadow. This novel describes a toxic relationship.

This novel talks about affection and love between a woman named Lily and a man named Ryle. They meet each other for the first time on the rooftop of the apartment. The main character of this novel is Lily who is 24 years old. She is a florist in Boston which is through bad experiences in her life when she was a child. Her father has passed away. They do not have a good relationship because Lily's father is an abusive man although he does not abuse Lily, it happens to her mother. Lily does not like her father even though she also needs time to reflect on her father's death. When Lily is on the rooftop, she meets Ryle who is suffering a bad day.

He is an attractive neurosurgeon. They are talking to each other about their past life called naked truth. Lily tells about her abusive father and her old friend, Atlas. Lily also tells her old story about Atlas. She says that her father has been flailing Atlas until he almost dies. Lily's father is the town mayor. They tell about their lament as if they will not meet again in the future. But in reality, 6 months ago Lily meets Ryle when Lily starts to open a floral shop and hires Allysa, she is Ryle's sister. Lily does not know that Allysa is Ryle's sister.

Lily and Ryle get closer and eventually fall in love. Moreover, her best friend Allysa is Ryle's sister. but their love story is not as smooth as we imagine. Besides that, Lily meets Atlas again, who is Lily's homeless childhood friend. Atlas has ceased to be a successful man and has a restaurant named Bibs. They meet each other when Lily's Mom invites her to have dinner in a restaurant.

Later, Lily is reminded of a childhood incident where her father often abused her mother. This then happens to Lily when Ryle accidentally hurts Lily. After this happens Lily starts to think about it, she is afraid that Ryle is a man like her father. but Lily still thinks positively that Ryle is not someone like her father because they drink at that time. Then their relationship went well until they get married.

After that incident, Ryle takes Lily to a restaurant and Ryle does not know that the restaurant belonged to Atlas. Finally, Ryle and Atlas meet, and a feud arose between them. Then one day, Ryle finds the Atlas

phone number that Lily keeps. It makes Ryle angry whereas Lily has told him that she never contacts Atlas, but Ryle can not control his emotion and he leaves her. When Lily pursues him to give her an explanation, Ryle pushes Lily and she falls down the stairs. Lily tells him to avoid her for some days. Then Ryle explains his old story that he accidentally kills his brother because of the gun that is placed in a random place by his parents. Since he has an unstable mind, he can not control his emotions. It makes Lily forgive Ryle twice. Lily always thinks that Ryle and his father are different. Lily does not want to be like her mother. They repair their relationship again by way of Lily avoiding when Ryle is angry, and Ryle is also trying to stay away from Lily.

Allysa gives birth to their first child, and they then celebrate her birth party. Lily also joined in the celebration. Ryle decides to go home while Lily is staying in Allysa's apartment. When Lily comes back to her apartment, she sees that Ryle has a bad expression while holding a magnet and Lily's old journal talking about Atlas Corrigan. Ryle is truly angry, and he can not control his emotions. He beats Lily at that time. Lily runs away from their apartment and is confused about where to go. Finally, Lily contacts Atlas because she does not know who to contact in this situation. When Lily checks up in the hospital, she is discovered to be pregnant with Ryle's child. However, Ryle has a job to go to another city while giving some times to Lily being alone. They do not contact each other for some

months. They decide to keep staying away when Lily is pregnant. They contact each other only when there is something necessary.

After Lily thinks hard about their relationship, finally Lily decides to leave Ryle because Lily does not want this situation to recur again in her life like her mother. She does want her daughter to feel what Lily felt when she was a child.

B. The related theory

B.1. Theory of Personality

Human personalities are influenced by the people around them. It is developed by the experiences and object relations that happen in their life. For understanding personality, childhood experiences, and object relations are considered to take an important role (Kenny 4184). Each human has a different personality in terms of feeling, thinking, and behaving. In psychoanalytic theory, personality is understood as a multilayered phenomenon that consists of habitual or characteristic ways in which the individual organizes his/her mental functioning and engagement with the world (Kenny 4184). Personality is organized for encountering the world by improving characteristics. Personality aids humans to shape their life experiences and influences life success. Personality is one of the important things in the human self because it impacts the course of life. Humans are truly diverse and easy to change or dynamic in different situations and surroundings when being older. The subject of personality is too complex for such a simplified

description because humans are too complex and changeable in different situations and with different people (3). Each personality has its uniqueness, which is from an internal or external aspect, and it influences behavior in different situations and conditions. According to Schultz and Schultz, personality is the internal and external aspects that are enduring in human characters and influence behavior in distinct situations (6).

In Jung's opinion, Personality is formed by the future as well as the experience. It is not only the childhood experiences but also what a person wants to do in the future (qtd in Schultz and Schultz 82). Carl Jung has some different distinct systems or aspects which influence one another. He believed that those aspects are part of the personality or psyche that takes effect in it. They are the ego, attitudes: extraversion and introversion, psychological functions, psychological types, the personal unconscious, complexes, the collective unconscious, and archetypes (Schultz and Schultz 87-91). The ego is part of the conscious mind and psyche that involve perceiving, thinking, feeling, and remembering. While Attitudes are a person's reaction to their conscious perception of the environment such as how they behave in dealing with their environment, and whether extroverts are open and sociable, or introverts are shy and tend to be closed. Furthermore, psychological functions are functions that every person belongs to in understanding the world. Those functions are thought,

feeling, intuition, and sensation. Jung posited four functions of the psyche: sensing, intuiting, thinking, and feeling (qtd in Schultz and Schultz 87). Besides, the personal unconscious is a place to store all experiences which have ever been realized but have been forgotten. Then, complexes are a pattern of emotion, memory, perception, and wishes. It can be conscious or unconscious. Moreover, the collective unconscious is different from the personal unconscious which is influenced by personal experiences, but this unconscious is developed by genetic or hereditary ancestry and mother. According to Jung, Distant ancestors' experiences with universal concepts such as God, mother, water, earth, and so forth have been transmitted through the generations so that people in every clime and time have been influenced by their primitive ancestors' primordial experiences (qtd in Feist and Feist 110). Also, Archetypes can make personality transform differently in some situations. Those aspects can influence how the personality is shaped, especially archetypes.

B.2. Archetypes of Carl Jung

Archetypes are the ancient images that are contained in the collective unconscious. Jung has two unconscious; they are personal unconscious and collective unconscious. As explained above, the personal unconscious is the personal or individual experiences in which the information is realized by the conscious but is forgotten. That memory is sometimes remembered and forgotten by humans,

such as human memory. They will recall it in certain conditions or times. Therefore, the collective unconscious is produced by their ancestors from birth and is inherited from one generation to the next generation. The collective unconscious gives an impact on human thinking, emotion, and behavior. Those are what make everyone have different traits and characters.

Because the collective unconscious is formed due to instincts and archetypes, it makes archetypes have a connection with the collective unconscious which is also related to instincts. Instincts are the biological response pattern while archetypes are the symbol or sign in acting, thinking, experiencing, and behaving physically given by their ancestors (Adamski 564). Therefore, symbols or signs in archetypes are the influence of behavior taken by their ancestors which shape human mindset and behavior. According to Jung, Archetypes are the original, main idea, and certain patterns to determine human development which focuses on three levels: inside the mental, interpersonal, and the law relating to the relationship between psyche and outside the world (Pascal quoted in Adamski 564). Jung also said that all behaviors and gestures such as smiling, crying, and the ability to suck in the newborn are archetypal which is also defined as humans which are archetypal. Each child has archetypal genetic potential. Therefore, all rituals connected with social contacts such as choice of partner, ways of perception and evaluation of the world, attitudes,

ideas, and cultural norms, are associated with the role of archetypes, because they are typically and eternally repetitive human behavior (Jung quoted in Adamski 564). Not only archetypes can change human personality, but also, they can determine human behavior which can be controlled entirely, dominated, and even destroyed by archetypes (564). Besides, archetypes can relate to the dream experienced by a human because archetypes also can take the shape of an image and dream. It can be the illustration or image that archetypes also affect human dreams. According to Jung's opinion, Archetype can be found in a dream which is an image of unconsciousness that exist in dreams. Jung also said that dreams are influenced by the wisdom of past generations and are the guidance of archetypes or basic human patterns which have an impact on archetypal feelings such as antipathy and sympathy are considered the archetypal condition, and strong emotional charge which is also an innate archetype (565).

According to Carl Jung, Archetypes have some important symbols or major archetypes which influence the psyche or personality consistently. These majors are persona, shadow, anima, animus, self, great mother, wise old man, and hero. Here is the explanation of those majors: Persona is the mask that is presented to the public, Shadow is the dark side of human beings which is hidden from the world, Anima is the feminine character or aspect that is found in the male psyche, Animus is the masculine character or aspect that is found in the female

psyche, Great mother is the good and bad feeling which exists in a man and woman's personality, everyone has it, the Wise old man is the archetype of wisdom and meaning, and this archetype can make many followers by using meaningful words. A wise old man usually appears as the king, Hero is a powerful person who fights evil or conquers big obstacles, Self is the wholeness of personality that pulls together and becomes unity.

All those kinds of archetypes above are the process of the unconscious to form a human personality. Some archetypes do not look very clear and only a few have evolved, and they are the most salient points which can be conceptualized (Feist and Feist 106). However, this research will focus more on discussing the two kinds of archetypes which are persona and shadow.

B.3. Persona

In Latin, the persona is a mask that is used by the actors to describe the characters that will be displayed in a drama or play. Humans represent their public image by their persona, and the word persona is related to the word person and personality which comes from the Latin word for the mask meaning the humans wear it before they show themselves to the world outside, it is part of the human collective unconscious that is most distant (Boeree 7). The persona also can be a false impression because humans present it to make a good impression that all people wish, or the role of society requires

from humans or what they should appear to be. According to Carl Jung, the persona is portrayed as the structure of a psychic to be shown into the outer world and positively oriented the function is to adapt to the reality of life (Merchant 2498). Everyone has a persona to hide their bad side and to show their good side. Persona is used by humans so that they can be accepted by society because a good personality is needed in society to create a peaceful environment without causing problems. Humans will bring out their positive aspects into their persona by making all aspects of their personality pleasant and not composing problems with other people who see them. It is done by the person that is using the individual function of unconsciousness which works most easily and naturally for every human, namely thinking, feeling, sensing, and intuiting (3498). Persona is supported by archetypal which relates to collective adaptation whose content is determined by human life experiences beginning from childhood through the process of socialization and education (Jung quoted in Merchant 3499). Experiences, education, and the process of socialization during childhood can determine the basic pattern or archetypal of the human persona in dealing with the outside world and social reality. Personality does not come only from past experiences, but also it is formed to achieve future images and desires.

The balance of persona can facilitate the passage of life while if the personal components are not balanced, the psychological damage

can occur (3499). Therefore, the balance of persona is an important side of the human personality so that individuals can adapt and interact smoothly with the outside world and reality. The unbalance of persona can affect the loss of inner contact and make them dependent on society's expectations of humans themselves.

Persona is the archetypal human being to make interactions, communication, socialization, and takes action between themselves people. Human persona can be identified easily by looking at the representation of their human life in society. Persona is not about how people show themselves, but it is how people interact, communicate, socialize, and behave with each other in society, and factors of experience, environment, habit, life journey, culture, and the past confronted can be influenced in shaping the persona (Fatmawati 15). Persona also plays many roles to achieve success in life, especially in school, job, and getting along with a diversity of people. Jung believed that the persona is necessary because humans are forced to play so many roles in their life so that it can make them successful in school, on the job, and interacting with a variety of people (Schultz and Schultz 91). Persona can be helpful for humans, but it also can be harmful when people believe that persona is the reflection of their true nature. It is such as an actor that plays their role or character of the story, but its role is embedded in their real life which causes the actor to deceive himself and other people. This is called the inflation of

persona where they cannot control themselves or do not have self-control in the balance of persona (91-92). It should not be a negative aspect of the psyche because persona also is essential to make social skills and status as time went on, such as what Stein says that a competent ego will negotiate the path between social expectation and inner need (Fawkes 9). Improving social skills and status is important to socialize with society to be able to adapt easily to new situations and conditions. It means that Persona has positive advantages in society because social status is necessary, especially if that society has a good social status, it will be more respected by them. However, social skills also can help humans in interacting and communicating with others effectively and efficiently. Social skills can make it easier for humans to grow relationships with clients, work colleagues, and new people. Persona will not be needed when humans are alone or completely isolated. It is because the persona is in the middle of the inner and the outer world which is generated by the unconscious and the stimuli of the external world (Bolea 86).

Persona will grow and change over time from childhood to adulthood (Stein quoted in Galang 18). The family role can influence the forming of a person's personality. It also depends on how the family adapts and behaves with them. Persona has advantages and disadvantages which depend on the person identifying himself with the persona. An example is a doctor and political figure, in common will

act mannerly, professionally, smart, philanthropic, or generous, and helpful when they are in the workplace. Those all are the imagination of a doctor and political figure in general. However, it can change depending on the situation, condition, and places where they are visited. They will change the shape of their persona when they are at home, vacation places, and others. Persona can adapt and automatically change such as Jung's opinion that persona is an adaptation of humans (19). They can also transform themselves when in desperate and depressed conditions, showing the other side of themselves or the dark side which is called the shadow. Persona and shadow are the two aspects of archetypes that will always be together, but they have different or opposite characters.

B.4. Shadow

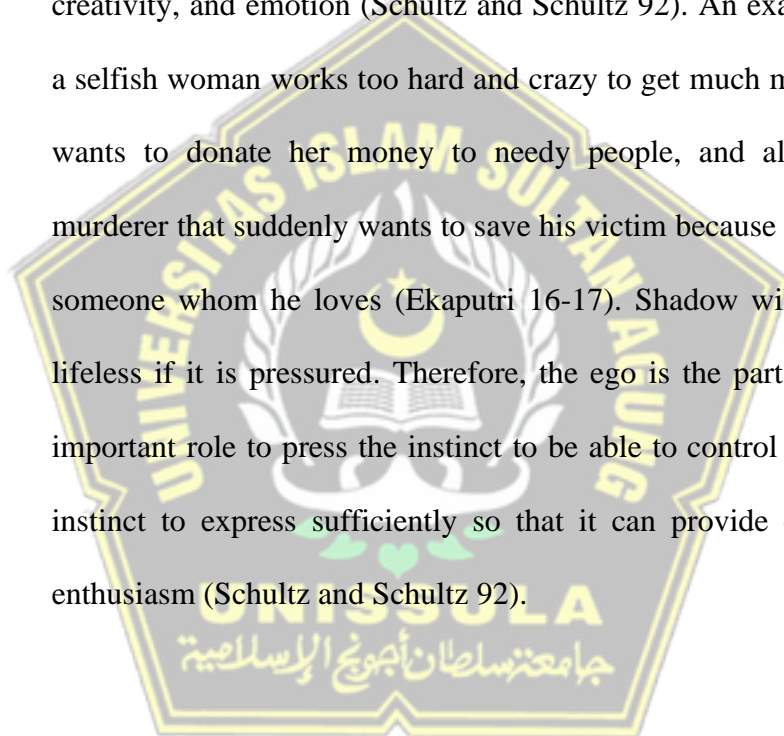
Shadow is the dark side of human beings that is hidden from the world. It is different from persona because they have opposite characters. Persona is the interface between the ego and the world while shadow is the interface between the ego and the self. Persona is found externally, and shadow is found internally in the human personality (Bolea 90). If a persona is a character that will show into outer the world, a shadow is a character that will be hidden from the world. They hide their shadow because a shadow is disgusting and unpleasant. According to Jung, Shadow is the darkness and repression that humans do not want to show to themselves and others. shadow

tends to be morally unaccepted in society and does not want to be confronted (Feist and Feist 113). They, including themselves, wish not to see it because the shadow goes against their ideal ego. Jung uses the word "shadow" to describe the part of the psyche, which is separately connected to an individual, but disconnected from consciousness (Merchant 4924).

Shadow is derived from instinct which is the negative aspect of personality resourcing from the collective unconscious. That shadow cannot be accepted because it is a moral issue that is against the whole personality, and shadow can be recognized by humans, and it influences a large part of the ego (Adamski 565). Humans will feel uncomfortable feelings and thoughts because shadows are shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, revenge, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16). Shadow will have a bad impact if it is shown to society and the outer world because the effect of this dark side can have a direct impact on other humans, and it can destroy an ideal personality.

Shadow is the dark or bad side like an animal because shadow comes from pre-human and animal past. Shadow is like an animal that can take good care of its children, but also can kill its children just for food. Besides that, the nature of shadow also has no guilt when doing bad things, so this behavior is considered trash by humans who do not

want to be recognized by others (Boeree 7). It does not mean that humans are like an animal, but it means that humans' behaviors are similar to or resemble animal behavior this dark side will do badness, immoral, unethical, and not shy behavior. However, the shadow does not only have a bad impact or evil thought, but it also has a positive impact because a shadow is the resource of vitality, spontaneity, creativity, and emotion (Schultz and Schultz 92). An example is when a selfish woman works too hard and crazy to get much money, but she wants to donate her money to needy people, and also there is a murderer that suddenly wants to save his victim because he remembers someone whom he loves (Ekaputri 16-17). Shadow will be dull and lifeless if it is pressured. Therefore, the ego is the part that plays an important role to press the instinct to be able to control and allow the instinct to express sufficiently so that it can provide creativity and enthusiasm (Schultz and Schultz 92).



CHAPTER III

RESEARCH METHOD

This research method chapter discusses collecting and analyzing data. Furthermore, four parts are discussed in this chapter. They are the object of the study, type of research, data organizing consisting of data collecting methods, reading the novel, identifying data, classifying data, and also reducing data; moreover, the last one is analyzing data.

A. Type of Research

The object of this study was the *It Ends With Us* novel written by Colleen Hoover and released in New York by Atria paperback in August 2016. The types of research were divided into two types: qualitative and quantitative. If quantitative gets the data from numbers by using formal measuring tools especially for measuring achievement, and qualitative gets the data from narration this study is researched by communicating in ways of understanding the world, and usually, the narrative consists of speaking or writing or another form of communication such as diary book, literary work, journalistic, tapes audio, artwork, and others (Cropley 8-11). The type of research in this study was descriptive qualitative. Descriptive qualitative is the research method that utilizes the data qualitatively and described it descriptively. This study used depiction and was described in words. As explained by Cropley, one form of communication could be through literary work, and in this study, the writer used the novel as the object.

B. Data Organizing

B.1. Data Collecting Method

There were some steps in processing the collected data. Reading the novel was the first step. Then, Identifying the data was the second step. Also, The third one was classifying the data. Moreover, the last one was reducing the data.

- Reading the Novel

The first step to collecting the data was reading *It Ends With Us* novel. Reading the novel could help understand and get the data for this study.

- Identifying the Data

After reading the data, the next step was identifying the data by selecting and finding the data based on the research problems by underlying and signing the quotation in the novel.

- Classifying the Data

By classifying or grouping the data according to the problem formulation in this study, it could make the data used more organized and easier to understand so that the comparison between the data could be seen clearly. This classifying data was categorized in an appendix and completed with the evidence from the journal or book references which were interrelated with the primary data.

- Reducing the Data

After collecting and classifying the data, there was reducing data, and the data that have been found were selected which data were most suitable to be used in the analysis. Therefore, the data which was weak in answering the problem formulation was deleted.

B.2. Types of the Data

There were two types of data in this study, they are: primary data was the data that was found in the novel itself. It was the first data that was collected by the researcher such as quotations, sentences, and dialogue from the novel that were analyzed, and the secondary data was the second data that has been collected by other people. It was usually found in journals, books, and articles.

C. Analyzing the Data

Analyzing data was the last step which was the conclusion of classifying and collecting the data which then was interpreted and discussed by analyzing the data which has been found in the collecting data method. Then, the result of the analyzing data was discussed in the finding and discussion chapter.

CHAPTER IV

DISCUSSION AND ANALYSIS

This chapter consists of the finding and discussion. Two problem formulations will be discussed and analyzed in this chapter. They are what the persona and shadow of father and son-in-law are and how the similarity of persona and shadow between father and son-in-law as the supporting characters reflected in *It Ends With Us* Novel.

A. Persona and Shadow Archetypes reflected in *It Ends With Us* novel

A.1 The Persona in Father

In Latin, a persona is a mask that is used by the actors to describe the characters that will be displayed in a drama or play. Humans represent their public image by their persona, and the word persona is related to the word person and personality which comes from the Latin word for the mask meaning the humans wear it before they show themselves to the world outside, it is part of the human collective unconscious that is most distant (Boeree 7). People wear a persona to show their good personality to the world outside, and usually, a persona is used to cover the real human personality to build a good impression with society. In this novel, the father wears his persona to cover his real personality to society to make society regard him as a good person in the town. It shows in the quote below.

It was really late when they got home. It was weekend, so he and my mom went to some community function. **My father has a real estate company and he's also the town mayor, so they have to do things in the public a lot like go to charity dinners. Which is ironic, since my father hates charities. But I guess he has to save the face** (Hoover 127).

In the quote above, Father uses his mask because he is one of the owners of the real estate company and the town mayor, so he has to present the best of his version by doing things in public a lot like going to charity dinners to save his real side. It proves such as the reference that he represents his public image by his persona to make a good impression by caring for all people around him.

According to Van Niekerk, The Persona may be viewed as a mask we wear that smoothes our social relationships, in other words, the Persona may take on different roles, which we play as we go about our daily routine (Johannes 14). Persona takes an important role because it can help people in facing society's demands. People wear a persona or are viewed as a mask to smooth their social relationships, so they wear it in their daily routine. It happens in the quote that the father is loved by society because he wears his persona as a mayor in his town.

I was nervous at first. It was the funeral of the prodigious Andrew Bloom, after all. **Adored mayor of my hometown of Plethora,**

Maine. Owner of the most successful real-estate agency within city limits. Husband of the highly adored Jenny Bloom, the most revered teaching assistant in all of Plethora. And father of Lily Bloom—that strange girl with the erratic red hair who once fell in love with a homeless guy and brought great shame upon her entire family (Hoover 2-3).

From that quote that he was a mayor, so he has to act to make the relationship between him and society go smoothly. He makes the relationship that makes them better by making good behavior with everyone around him in his daily routine. He covers his persona by being the town mayor, the owner of the most successful real-estate agency, and the husband of the most revered teaching assistant in all of Plethora. He has to wear his mask in front of people because he is revered and important person in his town. He has to save his behavior in front of society.

According to Carl Jung, a persona is portrayed as the structure of a psychic to be shown into the outer world and positively oriented the function is to adapt to the reality of life (Merchant 2498). Persona is one of the important parts of the structure of a psychic because it can help individuals to adapt to society and to face the reality of life. Humans cannot live without socializing with other humans because humans are social beings who will always depend on each other. Therefore, humans wear persona to show his psychic into the outer world in order to survive

and be able to adjust positively to their reality life, so they can adapt with other people well like the father wears his persona to make the relationship with his daughter run smoothly such as in the quote below.

My father sat down at the table and spent the next ten minutes asking me questions about school and if I'd thought about going to college. Occasionally when it was just the two of us, **I saw glimpses of a how normal relationship with a father could be. Sitting at the kitchen table with him discussing college and career choices and high school** (Hoover 125).

The quote above proves that Lily's father shows his persona in her daughter by discussing college and career choices and high school to positively adapt to his daughter as a normal father in common.

It is a mask patterns and to standards, social values, and behavioral patterns, and is an attempt to adapt the individual to these requirements (Adamski 566). Human life is governed by social standards to which every human being will be able to adapt easily to society if they fulfill the standards of social, social values, and forms of social behavior. Therefore, humans will always make the effort to be a good person in front of people such as a father acts in front of his daughter.

Sometimes when he gets like this, I walk into the living room, hoping it'll calm him down. **He doesn't like to hit her when I'm in the room** (Hoover 52).

From that quote, a father wants to reserve his social values and behavioral patterns to adapt the individual to the social standards in front of his daughter, so he does not like to hit his wife in when his daughter is in the room. Father does not want to show his dark side as husband, and he wants to be seen as good husband in front of his daughter. It is proved by the quote that he stops hitting his wife when his daughter is in the same room.

According to Jung, the public face of the individual drawing on the Greek mask of ancient drama is called the Persona. It is also a complicated system of the relation between individual consciousness and society, such as the mask that is designed to impress and conceal and to meet societal demands (Fawkes 8). Persona is one of the systems of the relationship between an individual and society, and it is formed to make a good impression and fulfillment of societal requirements. It is also like the quote before that father wants his character as a husband looked good in front of his child, so he has to keep his persona stay on its job to impress a good look in front of his daughter.

I'm pretty sure he was about to kick her, but **he saw me walk into the living room and he stopped (Hoover 52).**

A persona is a mask that is designed to impress and conceal to meet social demands. It is proved that the persona is designed to face societal demands by the father to stop his action when he hurts his wife in front of his daughter. He does not want his daughter to see him in a bad condition.

According to Carl Jung, a persona is portrayed as the structure of a psychic to be shown into the outer world and positively oriented the function is to adapt to the reality of life (Merchant 2498). Persona has a positive effect such as in the quote below that father wants to save the persona of his family and keep existing as a good family because it also saves the father's social status as the town mayor to keep his family away from the gossip in his town.

My father became revered for his heroic act—saving his little girl from the homeless boy who manipulated her into having sex with him.

My father said I'd shamed our whole family by giving the town something to gossip about (Hoover 180).

From the quote above also, a persona is the structure of a psychic to be shown into the outer world and the function of a persona is to adapt to the reality of life. This reference is proven by the quote that the father became revered for the heroic act—saving his little girl from the homeless boy to save his family from the gossip of society. Father shows his persona and saves his family's personality from the bad thing to keep his family reputable in front of people.

A.2 Persona in son-in-law

The public face of the individual drawing on the Greek mask of ancient drama is called the Persona. It is also a complicated system of the

relation between individual consciousness and society, such as the mask that is designed to impress and conceal and to meet societal demands (Jung quoted in Fawkes 8). Every human being has his personality depending on what persona they want to have in front of society, for example, Ryle that he formed his persona as a doctor who is generally smart, well-spoken, and stylish. He wants to show that he is a doctor with the quote that is spilled below.

“What kind of residency? Are you a doctor?”

He nods. **“Neurosurgeon. Less than a year left of my residency and then it’s official.”**

Stylish, well-spoken, and smart. If this were an SAT question, I would ask which one didn’t belong. “Should doctors be smoking weed?” (Hoover 9-10)

This is the first impression of Ryle and Lily. Ryle in the quote shows that he is a doctor that has a stylish, well-spoken, and smart character to describe his first impression with people, especially Lily. It proves that the persona is used as a system of the relation between individual consciousness and society or another individual to make another individual feel comfy with him and get labeled as having a good personality or impression.

In addition, the public face that is drawn by humans itself called the persona is a complicated system of relation between individual and

society, and it is designed to impress and conceal, and to meet social demands (Jung quoted in Fawkes 8). Every human being is drawing his mask or persona to form his personality according to human needs and society's demands. It is also like Ryle that is designed his persona to be a neurosurgeon who is educated and will always be a good man in helping people.

Maybe because **he's a neurosurgeon and I never pictured someone so educated** throwing around the word fuck so casually (Hoover 16).

If it looks from the social side, society will picture him as an educated person such as Lily pictures him as someone educated and will never say something bad like "fuck" because the persona will conceal their dark side to make a good impression in front of people. It is like the explanation of the reference that Persona or mask is designed to impress and conceal to face societal demands.

Humans represent their public image by their persona, and the word persona is related to the word person and personality which comes from the Latin word for the mask meaning the humans wear it before they show themselves to the world outside, it is part of the human collective unconscious that is most distant (Boeree 7). Before humans go outside the world, they prepare themselves to present their public image through their persona. They want to show their good impression to society, but also it can be a false impression that can manipulate people. They want to be

labeled as their persona such as the quote that Ryle wants to be a great in his field as a doctor.

He says, “Both. Anyone can get married. But not everyone can be a neurosurgeon. I get a lot of pride out of that. And **I don’t just want to be a great neurosurgeon. I want to be the best in my field.**” (Hoover 17)

In that quotation, Ryle sounds emphasizes that he is a great neurosurgeon doctor that will be the best in his field. It means he will be a good doctor that can help other sick people. His behavior shows how he has to appear to the other individual to represent his good public image through his persona as a neurosurgeon.

A persona should not be viewed as a negative aspect of the psyche; it is essential to the acquisition of social skills and status, and it also evolves; what Stein calls a 'competent' ego will negotiate a path between social expectations and inner needs, as it executes its object-relations function (Fawkes 678). Persona is formed to face social expectations and inner needs, so persona is not only viewed as a negative aspect, but it also can be a positive aspect because persona can help humans to shape social skills and status to make them accepted by society. It is like the quote below that Ryle wants to show his persona as a doctor to Lily's mother.

I nod and force a smile, then clear my throat. “Yep. We were just talking about you, “I say, glancing back at my mother. “**Ryle assisted in an eighteen-hour surgery this week.**”

My mother leans forward with interest. **Ryle begins to tell her all about the surgery.** (Hoover 109)

From the quote, Ryle shows his persona or social skills by telling Lily's mother about his job as the surgeon to make her mother more interested in him, so persona is essential to the acquisition of social skills and status because his persona is for the social expectations and inner needs. And it is proved by the quote he is explaining that he assisted in an eighteen-hour surgery this week.

Jung believed that the persona is necessary because humans are forced to play so many roles in their life so that it can make them successful in school, on the job, and in interaction with a variety of people (Schultz and Schultz 91). To make human life run successfully, one of them is using their persona because persona plays an important role in human life. Therefore, humans have to maintain their persona to keep stable because it influences success in human life. In the quote below, Ryle tries to manage his persona in front of his patient to he is labeled as a good doctor that prioritizes his patient.

I laugh. He wraps his arms around me and kisses my neck first, and then my cheek. “I would invite myself over, but **I have an early**

surgery tomorrow and I'm sure my patient would appreciate it if I didn't spend the majority of the night inside you." (Hoover 112)

Because persona can help humans in making successful in school, on the job, and in interaction with society, it also does by Ryle in his patient by prioritizing his patient over his interests, so his persona in front of his patient or his job will be successful.

Persona is a mask that adjusts to standards, social values, and behavioral patterns, and is an attempt to adapt the individual to these requirements (Adamski 566). When individuals want to be seen as good and admired by other individuals, they will try to improve their social status in society because the better an individual's social status, the better the community's response to those individuals. It helps individuals in adapting to society. It happens to Lily that she admires Ryle because of his dedication to society as a doctor.

He finishes off his glass of wine and pours himself another one.

"Craniopagus separation. Conjoined twins," he says. He points to a spot on the top of his head and taps it. "Attached right here. We've **been studying them since they were born. It's a very rare surgery. Very rare.**"

For the first time, **I think I'm genuinely turned on by him as a doctor. I mean, I admire his drive. I admire his dedication.** But

seeing how excited he is about what he's doing for a living is seriously sexy. (Hoover 151)

From the quote, Ryle shows his persona in front of Lily, and it is proved by Lily describing Ryle as a doctor and admiring his dedication as a doctor. Ryle has formed his persona to adapt himself to the requirements such as social values, and behavioral patterns in the standard society.

Persona is just the "good impression" we all wish to present as we fill the roles society requires of us. But, of course, it can also be the "false impression" we use to manipulate people's opinions and behaviors (Boeree 7). Persona does not always give a good impression, but persona also can be a false impression because the persona is created as a mask that covers real human behavior which can give a bad effect on himself and society. It happens in Ryle when he makes a mistake by hurting his wife, and he automatically changes his behavior as a doctor and nothing like an abusive husband.

“Does it hurt anywhere else? Your arms? Legs?”

He sounds just like a doctor and nothing like a husband. (Hoover 192)

After Ryle hurts Lily, he automatically changes his personality from monster to doctor. He says some words as if he is a doctor that will never hurt people. It is proved by his words asking Lily, “Does it hurt anywhere

else? Your arms? Legs?" Those words can be false impressions that can manipulate people.

Persona is just the "good impression" we all wish to present as we fill the roles society requires of us. But, of course, it can also be the "false impression" we use to manipulate people's opinions and behaviors (Boeree 7). Many people are tricked by beautiful words, and those words can make people fall in love. Having a good impression makes the individual more loved, admired, and respected. It is like a persona that is formed to give a good impression which is shown to society both verbally and non-verbally. It is done by Ryle to Lily that he succeeds in making Lily fascinated with him because of his good behavior and words.

He brushes my hair from my forehead. **"You're the most important part of my life, Lily. I want to be what brings you happiness. Not what causes you to hurt."** (Hoover 159)

From the quote, Ryle makes a good impression that he wants to bring happiness to his wife and does not want to hurt her. He makes a good impression to present the roles society requires of him.

According to Van Niekerk, The Persona may be viewed as a mask we wear that smoothes our social relationships, in other words, the Persona may take on different roles, which we play as we go about our daily routine (Johannes 14). Persona has an important role in social life such as Ryle who struggles to smooth his relationship with Lily to make

Ryle impressed as a good man in front of Lily. It is done by Ryle repeatedly to get Lily's heart and attention.

“Stop **flirting with me**. Stop **hanging pictures of me in your apartment**. And stop **sending me flowers**.” (Hoover 74)

Ryle or son-in-law is a man that likes flirting with Lily, hanging pictures of her in his apartment, and always sending her flowers. Those quotes prove that Ryle wears his mask to make a good relationship with his wife, and it can be a different role that humans play in the daily routine.

According to Van Niekerk, The Persona may be viewed as a mask we wear that smoothes our social relationships, in other words, the Persona may take on different roles, which we play as we go about our daily routine (Johannes 14). From the quote below, it is proved that persona can make the relationship between the individual, and society run smoothly.

I told him I wanted separate checking accounts, but since he makes more money than me, **he has to buy me lots of presents all the time to keep me happy. He agreed**. He made me promise him I'd never become vegan. That was a simple promise. I love cheese too much. I told him **we had to start some kind of charity, or at least donate to the ones Marshall and Allysa like. He said he already does, and that made me want to marry him even sooner.** (Hoover 188-189)

From the quote, Ryle always makes Lily happy by buying her lots of presents, and he also says that he already does some kind of charity and donates to the people that need help. His persona makes Lily want to marry him even sooner. His persona has made his personality look good in front of people which smoothes his social relationship.

Persona is a mask that adjusts to standards, social values, and behavioral patterns, and is an attempt to adapt the individual to these requirements (Adamski 566). To adapt to society, an individual has to improve and prepare his social values and behavioral patterns, which can help an individual to adapt to society easier.

He lowers his mouth to my ear. His voice cracks when he says,
 “You are my wife. **I’m supposed to be the one who protects you from the monsters. I’m not supposed to be one.**”

A persona is a mask that people wear to show to the world. It adjusts to standards, social values, and behavioral patterns to adapt to individuals with social demands. Ryle wants to present herself to be a man that can save his wife from the monster. It is proved from the quote that he is supposed to be the one who protects his wives from monsters. He wants to convince her that he is not a monster and is going to protect her from the monsters.

According to Jung, a persona is a complicated system of relations between individual consciousness and society, a kind of mask designed to 'impress and conceal' and to meet societal demands (Fawkes 678).

Ryle is compassionate. He does things my father never would have done. He donates to charity, he cares about other people, he puts me before everything. Ryle would never in a million years make me park in the driveway while he took the garage. (Hoover 204)

For societal demands, people wear a kind of mask to impress and conceal their real character that people have. It is like Ryle who is compassionate by donating to charity, caring for other people, and putting his wives before everything. The mask that he wears makes the relations between him and society better and acceptable.

According to Jung, the mirror does not flatter, it faithfully shows whatever looks into it; namely, the face we never show to the world because we cover it with the Persona, the mask of the actor (Johannes 14). Every human will cover his real character as if he is an actor. He will make his personality as good as in outside the world because persona also influences the success of life in the world. It is like Ryle who covers and forms himself as a man that loves his people in the quote below.

She disappears again, and the more I stare at the picture, the angrier I get. **The man has a picture of me hanging in the**

apartment. He bought me flowers. He's giving me attitude because I brought a date to his sister's party. He's acting like there's actually something between us, and we've never even kissed! (Hoover 72)

In the quote, Ryle shows his persona as a man that cares and loves his people, and it is proved by the quote that he hangs Lily's picture in his apartment and always buys her flowers. He wants to make his personality look good, so he can make Lily more interested in him. It also will influence her success in looking for his life partner.

A.3 The Shadow in Father

Humans will feel uncomfortable feelings and thoughts because a shadow is shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, revenge, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16). Every human does not only have a persona, but he also has a shadow that is hidden from outside the world. If a persona is shown outside the world, a shadow is a dark side that is hidden. He does not want to show his shadow because it will have a bad effect on other humans. It is like a father that is shown his shadow in front of his wife in the quote below.

“My father was abusive. Not to me—to my mother. He would get so angry when they fought that sometimes he would hit her.

When that happened, he would spend the next week or two making up for it.” (Hoover 13)

Abusiveness is an uncomfortable feeling, and it is a sin. From the quote, it is proved that a father abuses his wife. Father is an abusive man who has bad behavior such as criminal behavior, and he just shows his shadow in front of his wife. He does not want Lily to know he is in bad condition, so he will buy her stuff to cover his shadow.

Shadow cannot be accepted because it is a moral issue that is against the whole personality, and shadow can be recognized by humans, and it influences the large ego (Adamski 565). Humans will feel uncomfortable feelings and thoughts because shadows are shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, revenge, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16). Those references reveal the quote below:

If I had access to a gun or knife right now, I'd kill him.

As soon as I walked into the living room, **I saw him push her down.** They were standing in the kitchen, and she'd grabbed his arm, trying to calm him down, and **he backhanded her and knocked her straight to the floor. I'm pretty sure he was about to kick her,** but he saw me walk into the living room and he stopped. He muttered something under his breath to her and then walked to their bedroom and slammed the door. (Hoover 52)

From the quote above, a shadow cannot be accepted, it is proved when Lily sees her mother get violence from her father until she wants to kill him to save her mother. It is an uncomfortable feeling also because he hurts his wife by pushing his wife down. It is kind of domestic violence that will not be accepted in society even though his family.

According to Jung, Shadow is the darkness and repression that humans do not want to show to themselves and others. shadow tends to be morally unaccepted in society and does not want to be confronted (Feist and Feist 113).

My father is usually pretty cognizant of hitting her where it won't leave a visible bruise. The last thing he probably wants is for people in the town to know what he does to her. **I've seen him kick her a few times, choke her, hit her on the back and the stomach, pull her hair. The few times he's hit her on the face, it's always just been a slap,** so the marks wouldn't stay for long (Hoover 127).

From the quote, the father shows his darkness and repression to his wife such as kicking her a few times, choking her, hitting her on the back and the stomach, pulling her hair, and also sometimes slapping her face, but he does not want to show it to the society, it is proved by he is usually pretty cognizant of hitting her where it won't leave a visible bruise because he wants people in the town do not know what he does to his wife.

If the repressed tendencies, the shadow as I call them were evil, there would be no problem whatever. But the shadow is merely somewhat inferior, primitive, unadopted, and awkward; not wholly bad (Jung quoted in Merchant 4925). Shadow tends to be evil behavior, although it is not entirely bad, shadow is a behavior that humans do not like because shadow contains inferior, primitive, unadopted, and awkward traits. Like the father who hurt his wife in the quote below. Father is angry because his wife accidentally hit his car, and he cannot control his emotions and hurts his wife.

I opened the garage door and didn't see my mom. I just saw my dad behind the car doing something. I took a step closer and realized why I couldn't see my mom. **He had her pushed down on the hood with his hands around her throat.**

He was choking her, Ellen!

I might cry just thinking about it. **He was yelling at her, staring down at her with so much hatred. (Hoover 90)**

According to the quote above, a shadow is evil such as in the quote that father pushed down my mother, choked her, and yelled at her. Those behaviors are primitive and unadopted behavior. It is unacceptable behavior by society such as Lily seeing her mother getting hurt by her father, it makes her cry and hate her father.

The Shadow is the most powerful archetype, has the sinister and mysterious name of shadow, which contains the basic, primitive animal instincts and therefore has the deepest roots of all archetypes (Schultz and Schultz 92). Such as the reference before, a shadow is the primitive animal instinct that is the most powerful archetype, but it is better if hidden. And the quote below contains the primitive animal instincts or shadow of the father.

He was on top of her.

They were on the couch, and he had his hand around her throat, but his other hand was pulling up her dress. She was trying to fight him off and I just stood there, frozen. She kept begging him to get her off and then he hit her right across the face and told her to shut up (Hoover 128).

The shadow contains the basic, primitive animal instincts in the human, but it will always hide from society because it contains bad behavior such as in the quote the father hits and hurts Lily's mother until she is trying to fight him off and begging him to get her off, but father keeps trying to hurt her.

The shadow does not only have a bad impact or evil thought, but it also has a positive impact because a shadow is the resource of vitality, spontaneity, creativity, and emotion (Schultz and Schultz 92). Like the references before, a shadow is not wholly bad, but a shadow also has a

positive impact which is contained in one of the father's behaviors toward his family, he does spontaneity to make his family's impression look good in society and save his daughter.

I'll never forget that moment for as long as I live. Being completely helpless as **my father came down on him with a baseball bat. The sound of bones snapping was the only thing piercing through my screams (Hoover 179).**

From the quote, he can control his emotions. He feels suppressed because he sees his daughter staying in the room with a neglected boy, so he shows his shadow by snapping that boy with a baseball bat. Shadow is spontaneous and emotional, so it automatically happens in the father's behavior because he wants to save his daughter from the boy that manipulates her.

That shadow cannot be accepted because it is a moral issue that is against the whole personality, and shadow can be recognized by humans, and it influences a large part of the ego (Adamski 565). Society tends to refuse shadows because a shadow is an immoral and bad behavior that is against the whole personality. People will avoid him because the shadow is a bad behavior on another person. It is proved by the quote below that father makes Lily disappointed and hate with what father did, so Lily does not want to be in the same place with father.

Plethora held nothing for me anyway, and **I wanted to get as far away from my father as I could. Even though he was sick and could no longer hurt my mother**, he still somehow made me want to escape the entire state of Maine, so that's exactly what I did (Hoover 181).

The shadow cannot be accepted as said in the reference. It makes Lily want to get as far away from her father as she could because she hates her father even though he was sick and could no longer hurt her mother.

That shadow cannot be accepted because it is a moral issue that is against the whole personality, and shadow can be recognized by humans, and it influences a large part of the ego (Adamski 565). Like the explaining of the reference before that society will avoid the shadow because it hurts them and usually makes some mistakes. It also happens in the quote below that Lily's mother does not want her father to make a mistake in front of Lily's friend, so her mother does not allow them to come to her house.

I have friends at school, but they're never allowed to come over to my house for obvious reasons. **My mother is always worried something might happen with my father and word might get us about his temper.** I also never really get to go to other people's houses but I'm not sure why. Maybe my father doesn't want me staying over at friends' houses because I might witness how a good

husband is supposed to treat his wife. He probably wants me to believe the way he treats my mother is normal (Hoover 86).

From the quote, the mother always does not allow Lily's friends to come into their house because she is always worried something might happen with her father. Because the father's shadow behavior will not be able to be accepted because it is a moral issue that is against the whole personality and will be refused by society, so it makes the mother not show the father's temper in front of Lily's friends.

A.4 The shadow in son-in-law

According to Jung, Shadow is the darkness and repression that humans do not want to show to themselves and others. shadow tends to be morally unaccepted in society and does not want to be confronted (Feist and Feist 113). When humans feel repressed, they will show their real character like their shadow. Shadow will appear when it is repressed, but humans will try to control it to not be shown outside or they will hide it and take it out when they are alone or in a place where people cannot see it. It is like to be done by Ryle when he cannot control his emotions, so he avoids the place where no one is there. He takes his emotion out and wreaks it on the things around him.

I flinch as it screeches across the deck, but being as though he isn't even aware he has an audience, **the guy doesn't stop with just one kick. He kicks the chair repeatedly, over and over.** Rather

than give away beneath the blunt force of his foot, **all the chair does is scoot farther and farther away from him (Hoover 4).**

In that quote, Ryle feels angry because he kicks the chair repeatedly. He shows his emotion by kicking the chair and scooting farther and farther away from him. It is the shadow that Ryle does not want to show to other people so he does it in a place where he feels alone without anyone seeing it.

The shadow is the personal unconscious that all of those are from uncivilized desires and emotions which are contradictory with social standards or ideal personality in society, that makes people ashamed, and people do not want to know it. When the shadow is wider and larger it will make humans narrower and more restrictive in society (Fordham 2). Because shadow contradicts the social standard and gives a bad impact on around, it causes society to refuse shadow or bad behavior which is had by humans, and they are better to hide it. If a shadow is shown to society or outside the world, it can destroy human survival in social life. The reference reveals the quote below that Ryle shows his shadow by hurting his wife, and it makes his wife hate him.

In a matter of one second, **Ryle's arm came out of nowhere and slammed against me, knocking me backward.** There was enough force behind it to knock me off balance. When I lost my footing, I

hit my face on one of the cabinet doors handles as I came down
(Hoover 154).

Pain shoots through the corner of my eye, right near my temple.
(Hoover 154)

In this quote, Ryle shows his shadow by hurting Lily's face. His behavior is uncivilized desires and emotions. He cannot control his emotions by not being aggressive when he does not feel good. The quote can be proved by looking at Ryle's behavior which is incompatible with social standards and the human ideal personality.

The shadow is the personal unconscious that all of those are from uncivilized desires and emotions which are contradictory with social standards or ideal personality in society, that makes people ashamed, and people do not want to know it. When the shadow is wider and larger it will make humans narrower and more restrictive in society (Fordham 2). In addition, this reference also is suitable with the quote below that Ryle's behaviors give a bad effect on his wife.

My shoulders begin to shake, and huge, hurt-filled tears spill down my cheeks. "No." I'm a little in shock, and I know he can hear my heart breaking with just that one word because I can feel it in every part of me. **"Oh, my God. You pushed me, Ryle, You..."** **The realization of what has just happened hurts worse than the actual action.**

Ryle wraps his arm around my neck and desperately holds me against him. “I’m so sorry, Lily. God. I’m **so** sorry.” He buries his face against my hair, squeezing me with every emotion inside of him. “Please don’t hate me. Please.” (Hoover 156)

In the quote above, Ryle shows that he does apologize because he pushes Lily. He does not want Lily to hate him such as in the reference that the shadow will make humans narrower and more restrictive in society. It happens in Ryle after his bad action toward Lily. Ryle also actually does not want to show it to Lily, but he cannot control his emotions such as in the explanation of the reference.

A person's primitive and childish emotional reactions to situations reveal shadow material, for when an individual is frivolous, narrow-minded, shallow, base, cheap, inconsiderate, measly, and deceitful, their unacceptable shadow qualities can be seen by themselves and others (Merchant 4926). Humans realize that they have a shadow on their other side. Shadow is found in the quote below that Ryle has the characters that are pointed in the reference.

The stairwell

I grabbed his shirt.

He pushed me away.

“You fell down the stairs.”

But I didn't fall.

He pushed me. Again.

That's twice.

You pushed me, Ryle. (Hoover 192)

From the quote and reference, the shadow also happens if the person shows a childish emotional reaction. Ryle shows that he does not think twice when he pushes Lily, it means that he is narrow-minded and shallow. He does not show the character a doctor should have.

Humans will feel uncomfortable feelings and thoughts because a shadow is shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16). Criminal behavior, revenge, sexual violence, and jealousy are the characters that are frivolous, narrow-minded, shallow, base, cheap, and inconsiderate which harm other humans. Those references are connected. Ryle's behavior in the quote below includes those kinds of characters.

His fingers are still moving inside of me, and his eyes still look like they want me. But his hand. **The hand that's wrapped in my hair begins to tug harder and I wince.**

“Ryle,” I whisper, keeping my voice calm, even though I’m beginning to shake. **“That hurts.” (Hoover 219)**

Because of jealousy, Ryle hurts Lily with his hand that's wrapped in her hair to tug harder. She is sexually assaulted, and it makes her feel uncomfortable and tortured.

Humans will feel uncomfortable feelings and thoughts because a shadow is shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16).

The pain from **his teeth piercing my collarbone rips through my shoulder and down my arm. I immediately start crying.**
Sobbing.

“Ryle, let me go,” I say, my voice pleading. “Please. Walk away.”
His arms are cutting into mine he holds me tightly from behind.

I start trying to fight him off me, but it’s useless. He’s too strong for me. He’s angry. He’s hurt. And he’s not Ryle. (Hoover 222)

This is also criminal behavior or immoral bad behavior because he hurts Lily by piercing her collarbone rips through her shoulder and down her hair, and it makes her start crying. She has begged him to let her go and walk him away, and she also tries to fight him off her, but it is useless because he's too strong. He feels jealous and angry.

B. The similarity of persona and shadow

This part will discuss the similarity of persona and shadow between father and son-in-law. After collecting all the data that has been found in *It Ends With Us* novel, it is concluded that they have some similar data on shadow and persona which is proven by the quotes below.

B.1 The similarity of the persona of father and son-in-law

In Latin, a persona is a mask that is used by the actors to describe the characters that will be displayed in a drama or play. Humans represent their public image by their persona, and the word persona is related to the word person and personality which comes from the Latin word for the mask meaning the humans wear it before they show themselves to the world outside, it is part of the human collective unconscious that is most distant (Boeree 7). "The process of civilizing the human being leads to a compromise between himself and society as to what he should appear to be, and to the formation of the mask behind which most people live. Jung calls this mask the persona, the name given to the masks once worn by the actors of antiquity to signify the role they played" (Fordham 1). Those references are revealed in the quote below that Ryle and father form his persona to make their relationship with society and people around him succeed.

Ryle is amazing in so many ways. He's compassionate. He's caring. He's smart. He's charismatic. He's driven.

My father did some of these things, too. He wasn't very compassionate toward others, but there were times we spent together that I knew he loved me. He was smart. He was charismatic. He was driven. But I hated him so much more than I loved him. I was blinded to all the best things about him thanks to all the glimpses I got of him at his worst couldn't make up for even five years of him at his best (Hoover 302).

From the quote above, father and son-in-law have similar behavior which is proved by the quotation of Lily's point of view, which her husband and father have the same character which they are caring, smart, charismatic, and driven although they have different characteristics in compassionate toward others, and those characters are as a persona that usually they wear to show themselves into the world outside to they can be accepted by society because their good personality is needed to create a good vibe without making any problems.

According to Van Niekerk, The Persona may be viewed as a mask we wear that smoothes our social relationships, in other words, the Persona may take on different roles, which we play as we go about our daily routine (Johannes 14). To smooth the relationships between individuals and people around him, he has to do something or take a role that can make them happy such as father and son-in-law buying their wives a flower and taking them out to a nice dinner or the kind of kind

activities that make people around them happy. It is also one of the personas that can help them to smooth their relationship.

- Father

He would do things like **buy her flowers** or take us out to a nice dinner. Sometimes he would buy me stuff because he knew I hated it when they fought (Hoover 13).

- Son-in-law

Ryle just **bought me flowers. Not just any flower. He bought me a bouquet of lilies (Hoover 66).**

In those quotes, father and son-in-law also have a similarity of their persona in their daily routine such as buying their wives flowers or taking them out to a nice dinner. Those actions are to make their relationship go better after making mistakes.

Persona is just the "good impression" we all wish to present as we fill the roles society requires of us. But, of course, it can also be the "false impression" we use to manipulate people's opinions and behaviors (Boeree 7). Showing a good impression to the people around them is one of the roles societies requires that everyone has to have to make social life run well and help humans to get success in their career, school, and finding partner and friends. It is like Lily and her mother that believe in the persona of Ryle and father which successfully get their wives' hearts.

He thinks this is something else entirely. I take a step forward and shake my head. **“He’s not like that, Atlas. It wasn’t like that. Ryle is a good person.”**

He tilts his head and leans it forward a little bit. **“Funny. You sound just like your mother.”** (Hoover 164)

A good impression is one of the characterizations of a persona to reach the purpose to fill the roles society requires. Ryle successfully can make his wife believe that he is a good person by the quote that Lily says, He's not like that Atlas. It wasn't like that. Ryle is a good person." And it is also similar to the father in that he also successfully manipulates his wife by proving the quote that Lily sounds just like her mother.

B.2 The similarity of the shadow of father and son-in-law

According to Moller, the shadow shows itself in feeling, emotion, action, and thought that oppose the social standards and the ideals of personality. The shadow is the most powerful archetype that manifests in unknown pain, self-destructiveness, thoughts of deconstruction, and harm toward other people around them (qtd in Johannes 16). If humans can not control their shadow, it will harm other people around them. Shadow is the behavior that opposes society's demands. In the quote below, Father and Ryle have the same character which repeatedly hurts them and then manipulates them by saying sorry or apologizing as if they do that accidentally.

- Father

“We all have a limit. What we’re willing to put up with before we break. When I married your father, I knew exactly what my limit was. But slowly...with every incident... my limit was pushed a little more. And a little more. **The first time your father hit me, he was immediately sorry. He swore it would never happen again. The second time he hit me, he was even more sorry. The third time it happened, it was more than a hit. It was a beating every single time. I took him back. But the fourth time, it was only a slap.** And when that happened, I felt relieved. I remember thinking, at least he didn't beat me this time. This wasn't so bad.'
(Hoover 283)

- Son-in-law

“**I’m so sorry, Lily. God. I’m so sorry.**” He buries his face against my hair, squeezing me with every emotion inside of him.
“**Please don’t hate me. Please.**” (Hoover 156)

The shadow will show the feeling, emotion, action, and thought that oppose the social standards as the reference. In this quote, the father shows the actions that oppose the social standard that is harmful toward his wife whereas he has felt sorry, but he repeats those bad actions to his wife. It also happens in son-in-law or Ryle. He has said sorry many times, but he cannot control his emotions or his shadow and repeatedly does the action

such as hitting, slapping, and beating. They have similarities in shadow that are proved by the quotes between father and son-in-law.

Furthermore, "If the repressed tendencies, the shadow as I call them, were evil, there would be no problem whatever. But the shadow is merely somewhat inferior, primitive, unadopted, and awkward; not wholly bad. It even contains childish or primitive qualities which would in a way vitalize and embellish human existence, but – convention forbids!" (Jung quoted in Merchant 4925). Abusive is one of the primitive, inferior, unadopted behaviors which is forbidden and hated by society. Shadow will always be hidden by humans because it is evil. It is like the father and Ryle that only hurt their wives, and they show a good impression to other society to not get a punishment from the society. It is proved in the quote below.

"I know, Ryle. You would never intentionally hurt your child, I don't even believe it was intentional when you hurt me, but you did. And trust me, I want to believe that you would never do something like that. My father was only abusive toward my mother. There are many men—women even—who abuse their significant others without ever losing their temper with anyone else. I want to believe your words with all my heart, but you have to understand where my hesitation comes in. I'll never deny you a relationship with your child. But I'm going to need

you to be really patient with me while you rebuild all the trust you've broken.” (Hoover 293)

The similarity of the shadow of Father and son-in-law is also found in this quote that they have the same behavior of evil which they both also hurt their wives. It is proved when Ryle hurts Lily and father hurts Lily's mother. They have the same character that they will not intentionally hurt their child, but it may be going to happen because firstly they also will never intentionally hurt them, but they do.

Shadow is behavior that society considers evil and immoral reside in the shadow, and this dark side of human nature must be tamed if people are to live in harmony. Humans must at all times restrain, overcome, and defend against these primitive impulses. If not, society will very likely punish that human (Schultz and Schultz 92). When humans show their primitive impulses or immoral behaviors, society will punish them. Shadow is the behavior that harms another person around them, so it makes people hate their persona. It is like father and son-in-law who show their persona and hurt Lily and her mother. It makes Lily sad because she married a man like his father that is abusive.

I sit in my car, parked in her driveway, for a good five minutes before I work up the strength to go inside. It sucks that I have to do this because I know that in a way, I'll be breaking her heart, too. **I hate it when she's sad and telling her I married a man who**

might be like my father is going to make her really sad (Hoover 280).

Shadow is the behavior that is hated by society, they will very likely punish human that shows their shadow or the dark side of human nature. It happens in Ryle; he is hated by his wife and his mother-in-law because of hurting his wife. It is proved by the quotes that Lily hates it when she's sad and tells her mother that she married a man who might be like her father who is abusive to her mother. It is also proved that Lily's husband or son-in-law has the similarity of shadow with his father.

Shadow is easier to project the dark side of human personality onto others, to see in them the ugliness and evil that humans refuse to see in themselves (Feist and Feist 133). Lily and her mother refuse to see the shadow because it hurt them so much. They are hurt physically and mentally which causes trauma for people affected by their evil behaviors.

He pulls me against him and starts kissing the top of my head. "I'm so sorry. I just ... I burned my hand. I panicked. You were laughing and ... I'm so sorry, it all happened so fast. I didn't mean to push you, Lily, I'm sorry."

I don't hear Ryle's voice this time. All I hear is my father's voice.

"I'm sorry, Jenny. It was an accident. I'm so sorry." (Father)

“I’m sorry, Lily. It was an accident. I’m so sorry.” (Son-in-law)

(Hoover 155)

From the quote, it is proved that Ryle and Father refuse to show their shadow to other people, so they say that the bad behavior or the dark side of them is the unexpected accident that happens in them. It is proved by the quote that they say sorry and say it is an accident when they are pushing their beloved people. And this is also proved that they have similar bad behavior mentioned by Lily when she does not hear Ryle's voice that time and all she hears is her father's voice. She's under the shadow of what Ryle's says like her father says to her mother. It means that father and son-in-law do apologize repeatedly, but they also do bad things repeatedly. They have broken their promises in apologizing.

That shadow cannot be accepted because it is a moral issue that is against the whole personality, and shadow can be recognized by humans, and it influences a large part of the ego (Adamski 565). As the reference before, shadows will not be accepted by society. It is proved by society hating them if they show the shadow and make a bad impact on them. People will not allow themselves to get to in someone's shadow. It is also proved by the quote below.

I am in love with a man who physically hurts me. Of all people, I have no idea how I let myself get to this point.

There were many times growing up I wondered what was going through my mother's head in the days after **my father had hurt**

her. How she could possibly love a man who had laid his hands on her. A man who repeatedly hit her. Repeatedly promised he would never do it again. Repeatedly hit her again (Hoover 237).

In this quote, the father and son-in-law are hated by Lily because they are doing the same thing such as a moral issue that cannot be accepted, and it makes Lily questioning herself and her mother why they can be falling in love with a man that obviously has moral issues which they hurt their wife repeatedly. It is proved that they have similarity in shadow by hurting their wife even though they have promised that they will not repeat it again.

There are two forms of projected shadow. The first one is individual people that are thought all evil, and collectively, it is an enemy or personification of evil in the most general form (Zweig quoted in Kechan 23). This quote below also reveals that shadow is stamped as evil because almost all of them are bad or satanic ideas even though they have positive impact such as spontaneity and creativity. They are still not accepted in society.

He thought I was cheating on him. he was hurt and angry and I got in his way. I bring my hands to my face, and I sob, because I feel more pain for that man out there, knowing what he went through as a child, than I feel for myself. And that doesn't make me feel selfless or strong. It makes me feel pathetic and weak. I'm supposed to hate him. **I'm supposed to be the woman my mother was never strong enough to be.**

But if I'm emulating my mother's behavior, then that would mean Ryle is emulating my father's behavior (Hoover 202).

The reason why shadow is unacceptable is that shadow is thought of as evil. The bad behavior that is emulated by Ryle from father is the shadow that makes Lily gets sexual and domestic violence from Ryle. The behavior which Ryle does is unacceptable behavior, and it is kind of evil behavior that harms people around him even those his beloved people. Then the similarity of the shadow between them is from the quote that Lily explains that she is emulating her mother's behavior and Ryle is emulating her father's.

Humans will feel uncomfortable feelings and thoughts because a shadow is shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, revenge, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16). Father and Ryle are jealous of their wives because they think that their wives are cheating with other men. It makes them angry, so they cannot control their emotions, and do sexual violence to them. Father and son-in-law have the similarity of shadow because they are the same doing sexual violence and abuse their wives, and it hurts them physically and mentally. It is proved by the quote below.

- Father

My father folds in on himself, and I become diluted with rage.

All I can see when squeeze my eyes shut is my mother crying

on our old living room couch; my father forcing himself on top of her. Hatred rips through me and I start screaming.

- Son-in-law (Ryle)

Ryle tries to muffle my screams with his mouth,

I bit down on his tongue.

His forehead comes crashing down against mine.

In an instant, all the pain fades as a blanket of darkness rolls over my eyes and consumes me. (Hoover 223)

Shadow is shaped like sins or satanic ideas such as criminal behavior and sexual violence, and it is proved by the father and son-in-law (Ryle) that they raped their wives and do sexual violence. It is like from the quote the father forcing himself on top of his wife and it hurts Lily's mother and makes her cry and scream.

It also happens to Lily, she is raped by Ryle, his husband because he feels jealous of Lily's old friend, named Atlas. It is proved by the quote that Ryle bit down on his tongue, and his forehead comes crashing down against Lily. It is also proved that they have a similar character in shadow, they both are the same doing sexual violence to their wife.

Humans will feel uncomfortable feelings and thoughts because a shadow is shaped like sins or satanic ideas such as criminal behavior, revenge, sexual violence, jealousy, revenge, and other immoral bad behaviors that a person tends not to realize (Ekaputri 16). From the reference that shadow is such as sexual violence, jealousy, and other

immoral bad behaviors. It also happens in the quote below that father and son-in-law do sexual violence to their wives because they feel jealous and make them angry.

- Father

I'll never forget his words when he said, "You want attention? I'll give you some fucking attention." And that's **when she got real still and stopped fighting him. I heard her crying** and then she said, "Please be quiet. Lily is here."

She said, "Please be quiet."

Please be quiet while you rape me, dear (Hoover 128).

- Son-in-law (Ryle)

"What if . . ." my voice breaks. "What if she came to you and said, **'My husband tried to rape me**, Daddy. He held me down while I begged to stop. But he swears he'll never do it again. What should I do Daddy?" (Hoover 303)

These quotes also prove that shadow is formed by satanic ideas. It causes uncomfortable feelings and thoughts in other people if it shows them. It is such father's and Ryle's behavior toward their wife. They both do sexual violence their wife from the quote "**Please be quiet while you rape me**" and "**My husband tried to rape me**". **Those all happen** because they feel jealous of their wife. These also prove that they have similarities in their shadow.

A person's primitive and childish emotional reactions to situations reveal shadow material, for when an individual is frivolous, narrow-minded, shallow, base, cheap, inconsiderate, measly, and deceitful, their unacceptable shadow qualities can be seen by themselves and others (Merchant 4926). This quote below reveals the reference above in which Ryle and father have the same shadow. They are narrow-minded, shallow, base, cheap, and have other childish emotional reactions. It is proved by the quote below that they do bad things without thinking about the bad impacts.

- Father

A lot of the conversation was muffled, but for the most part, **it sounded like my father was accusing her of flirting with some man.**

Now I know my mother, Ellen. She never did something like that.

If anything, **a guy probably looked at her and it made my father jealous (Hoover 172).**

- Son-in-law

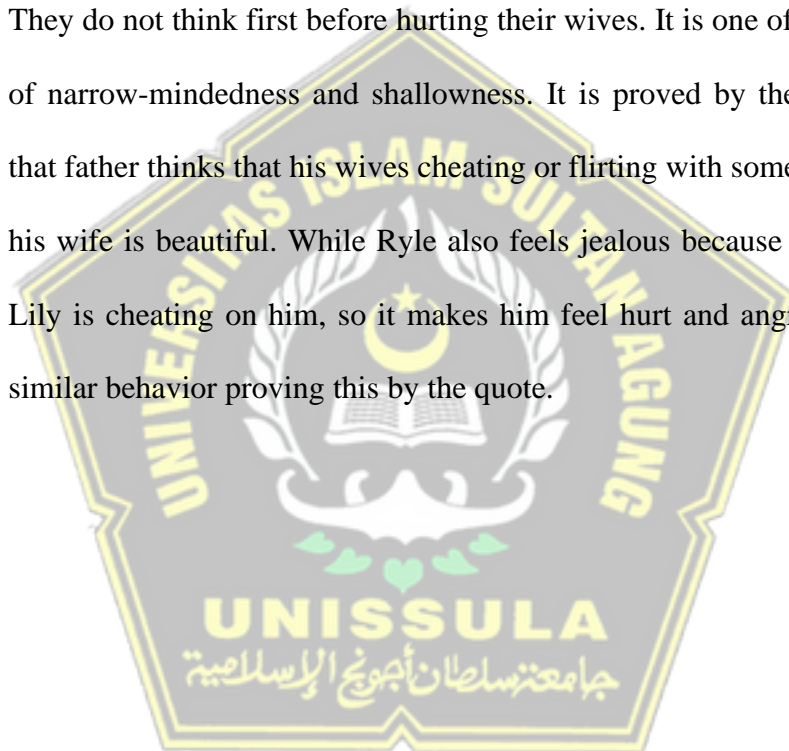
My whole life, **I knew exactly what I'd do if a man ever treated me the way my father treated my mother. It was simple. I would leave and it would never happen again.**

But I didn't leave. And now, here I am with bruises and cuts on my body at the hand of the man who is supposed to love me. At the hands of my own husband.

And I still, I'm trying to justify what happened.

It was an accident. He thought I was cheating on him. He was hurt and angry and I got in this way (Hoover 202).

From the quote, they feel jealous of their wives. Jealousy is one of the childish emotional reactions. When they feel jealous, they are angry and cannot control their emotions and do unacceptable things to their wives. They do not think first before hurting their wives. It is one of the examples of narrow-mindedness and shallowness. It is proved by the quote above that father thinks that his wives cheating or flirting with some man because his wife is beautiful. While Ryle also feels jealous because he thinks that Lily is cheating on him, so it makes him feel hurt and angry. They have similar behavior proving this by the quote.



CHAPTER V

CONCLUSION AND SUGGESTION

This chapter provides the conclusions and suggestions that discuss the conclusions of the analysis of the discussion in Chapter IV and suggestions.

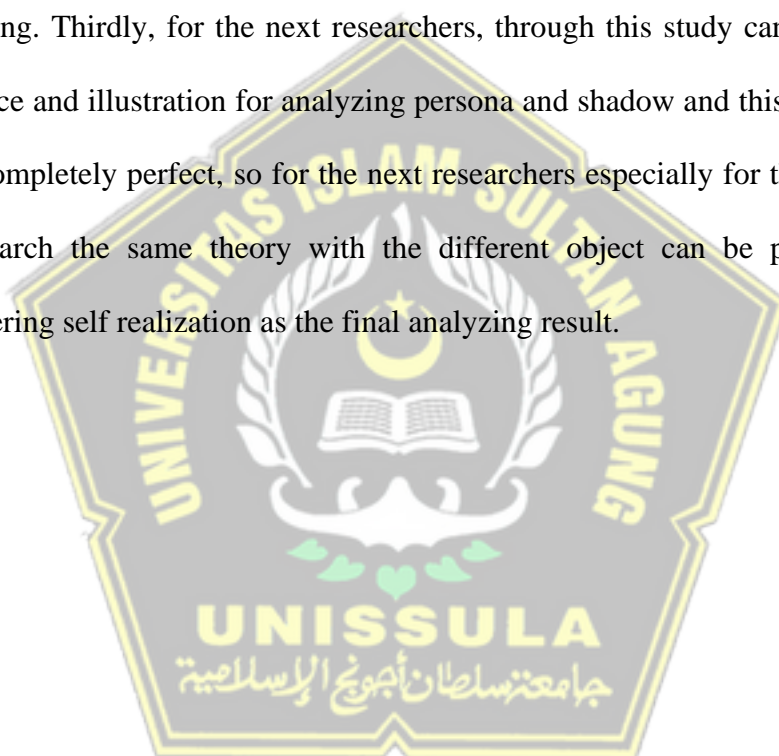
A. Conclusion

Persona and shadow are found in *It Ends With Us* novel by Colleen Hoover. After collecting and analyzing all the data, it is concluded that they have similarities in persona as well as shadow. Father shows his persona as town mayor while Ryle shows his persona as neurosurgeon, they present themselves to society as public figures who are loved and admired by society around them. Moreover, they have a similar persona as public figures, fathers, and husbands who are kind to society, their children, and wives. However, they have another side, it is dark side or shadow. They have a similar dark side. The dark side that is shown by the father and son-in-law is when they feel jealous and angry with their wives. They cannot control their emotions, and it causes violence that is felt by Lily and her mother who are the wives affected by domestic and sexual violence that is done by their husband.

B. Suggestion

Learning about Carl Jung's theory of personality can help people to understand the human personality. Therefore, it can also help people in forming their personality better. This study presents psychology analysis, especially personality theory by Carl Gustav Jung which discusses persona and shadow that

are found in the supporting characters in *It Ends With Us* novel. There are three suggestions written by the writer. Firstly, the result of analyzing persona and shadow in *It Ends With Us* novel can be used as evaluation and feedback to the readers that is learning or want to increase their knowledge about personality theory. Secondly, college students of English Literature can get more knowledge and idea in writing about the related theory, especially the personality theory by Carl Jung. Thirdly, for the next researchers, through this study can enlarge their reference and illustration for analyzing persona and shadow and this study has not been completely perfect, so for the next researchers especially for them that want to research the same theory with the different object can be perfected with considering self realization as the final analyzing result.



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