

UNDERGRADUATE NURSING STUDY PROGRAM

FACULTY OF NURSING SCIENCE

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ABSTRACT

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The RELATIONSHIP BETWEEN PERSONALITY TYPES INTROVERT with a LEVEL of STRESS on STUDENTS BETWEEN the AGES of 12-14 YEARS in BOARDING SCHOOLS DARUL Quran DEMAK

XII + 46 pages + 6 tables + 2 charts + 6 appendixes

Background: Age of new students aged between 12-14 years, at this time, the search enters adolescence and identity formation (self-identity). In adolescence, stress can have a positive effect one's mental capable of managing or controlling it. But not infrequently, and often carry stress more negative towards people who have mental and vulnerable soul. More than 25% of students have a lot of problems related to the environment boarding schools. Results of observations made at the seminary Darul Quran Demak in 10 students obtained information that another 4 people (40%) have a closed stance (introvert) are visible from the habits of those who prefer in-room boarding school outside activities. The purpose of this study was to determine the relationship between the introverted personality types with stress levels in children aged 12-14 years old students in the boarding school Darul Quran Demak

Methods: This study is a quantitative observational study with cross sectional approach, in which the study of data taken in a time study to determine the relationship between personality type with the stress level of students at the