

DAFTAR PUSTAKA

- Anggraheny, H. D., 2007, *Pengaruh Pemberian Jus Persea Americana Mill. Terhadap Kadar Kolesterol Total Serum Tikus Jantan Galur Wistar Hiperlipidemia*, [Online], Terdapat di: <http://eprints.undip.ac.id/22383/1/hemma.pdf>, Diakses pada tanggal 11 Juni 2013.
- Anonim, 2013, *Avocado: Hass vs Florida*, [Online], Terdapat di: <http://www.teacher-chef.com/2013/09/13/avocado-hass-vs-florida/>, Diakses pada tanggal 22 Desember 2013.
- Ballantyne, C. M., Raichlen, J. S., Nicholls, S. J., Erbel, R., Tardif, J. C., Brener, S. J., Cain, V. A., Nissen, S. E., 2008, Effect of Rosuvastatin Therapy on Coronary Artery Stenoses Assessed by Quantitative Coronary Angiography: A Study to Evaluate the Effect of Rosuvastatin on Intravascular Ultrasound-Derived Coronary Atheroma Burden, *Circulation*, 177: 2458-2466. [Online], Terdapat di: <http://circ.ahajournals.org/content/117/19/2458.full.pdf+html>, Diakses pada tanggal 25 Desember 2013.
- Basmajian, J. V., Slonecker, C. E., 2011, *Grant Anatomi Klinik*, Binarupa Aksara, Tangerang.
- Baum, Seth J., Kris-Etherton, P. M., Willett, W. C., Lichtenstein, A. H., Rudel, L. L., Maki, K. C., Whelan, J., Ramsden, C. E., Block, R. C., 2012, Fatty Acids in Cardiovascular Health and Disease: A Comprehensive Update, *Journal of Clinical Lipidology*, 6, 216-234.
- Brown, J. M., Shelness, G. S., Rudel, L. L., 2007, Monounsaturated Fatty Acids and Atherosclerosis: Opposing Views from Epidemiology and Experimental Animal Models, *Current Atherosclerosis Reports*, 9: 494-500, [Online], Terdapat di: <http://link.springer.com/article/10.1007/s11883-007-0066-8>, Diakses pada tanggal 13 Maret 2014.
- Crawford, R. S., Kirk, E. A., Rosenfeld, M. E., LeBoeuf, R. C., Chait, A., 1998, Dietary Antioxidants Inhibit Development of Fatty Streak Lesions in the LDL Deceptor-Deficient Mouse, *Arteriosclerosis, Thrombosis, and Vascular Biology*, 18: 1506-1513. [Online], Terdapat di: <http://atvb.ahajournals.org/content/18/9/1506.full.pdf+html>, Diakses pada tanggal 25 Desember 2013.
- Damasceno, N. R. T., Perez-Heras, A., Serra, M., Cofan, M., Sala-Vila, A., Salas-Salvado, J., Ros, E., 2011, Crossover Study of Diets Enriched with Virgin Olive Oil, Walnuts or Almonds. Effects on Lipids and Other Cardiovascular

- Risk Markers, *Nutrition, Metabolism & Cardiovascular Diseases*, 21, S14-S20.
- Degirolamo, C., Rudel, L. L., 2010, Dietary Monounsaturated Fatty Acids Appear Not to Provide Cardioprotection, *Current Atherosclerosis Reports*, 12:391-396. [Online], Terdapat di: <http://link.springer.com/article/10.1007/s11883-010-0133-4>, Diakses pada tanggal 13 Maret 2014.
- Deloach, S. S., Mohler, E., 2010, *Atherosclerotic Risk Factors: Hypertension*, Dalam: Cronenwett, J. L., Johnston, K. W., 2010, *Rutherford's Vascular Surgery*, 7th Ed, Section 3, 451-460.
- Dorland, W. A. N., 2010, *Kamus Kedokteran Dorland*, Edisi 31, EGC, Jakarta.
- Eroschenco, Victor P., 2010, *Atlas Histologi diFiore: Dengan Korelasi Fungsional*, Ed. 11, EGC, Jakarta.
- Fulgoni, V. L., Dreher, M., Davenport, A. J., 2013, Avocado Consumption is Associated with Better Diet Quality and Nutrient Intake, and Lower Metabolic Syndrome Risk in US Adults: results from The National Health and Nutrition Examination Survey (NHANES) 2001-2008, *Nutrition Journal*, 12:1, [Online], Terdapat di: <http://www.nutritionj.com/content/12/1/1>, Diakses pada tanggal 15 Juli 2013.
- Fuster, V., O'Rourke, R. A., Walsh, R. A., Wilson, P. P., 2008, *Hurst's The Heart: Volume Two*, 12th Ed, McGraw-Hill Companies, New York.
- Handayani, T. M., 2009, *Pengaruh Daging Buah Alpukat (Persea americana Mill.) Terhadap Kadar Estradiol, IGS, dan Rasio Kolesterol-LDL/Kolesterol-HDL Tikus Putih (Rattus norvegicus L.)*, [Online], Terdapat di: <http://etd.ugm.ac.id/index.php?mod=opac&sub=Opac&act=view&typ=html>, Diakses pada tanggal 20 Juni 2013.
- Jenkins, D. J., Chiavaroli, L., Wong, J. M., Kendall, C., Lewis, G. F., Vidgen, E., Connelly, P. W., Leiter, L. A., Josse, R. G., Lamarche, B., 2010, Adding Monounsaturated Fatty Acids to A Dietary Portofolio of Cholesterol-Lowering Foods in Hypercholesterolemia, *Canadian Medical Association Journal*, 182(18), 1961-7.
- Kim, E. S. H., Gornik, H. L., 2010, *Atherosclerotic Risk Factors: Smoking*. Dalam: Cronenwett, J. L., Johnston, K. W., 2010, *Rutherford's Vascular Surgery*, 7th Ed, Chapter 26, 409-420.

- Kumar, V., Cotran, R. S., Robbins, S. L., 2007, *Buku Ajar Patologi Robbins*, Ed. 7, EGC, Jakarta.
- Libby, P., 2012, *The Vascular Biology of Atherosclerosis*, Dalam: Bonow, O. R., Mann, D. L., Zipes, D. P., Libby, P., 2012, *Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine*, 9th Ed, Elsevier Saunders, Philadelphia.
- Lozada, C. J., 2013, *Treatment of Osteoarthritis*, Dalam: Firestein, G. S., Budd, R. C., Gabriel, S. E., McInnes, I. B., O'Dell, J. R., 2013, *Kelley's Textbook of Rheumatology*, 9th Ed, Chapter 100, 1646-1657, Elsevier Saunders, Philadelphia.
- Mendez, O. P., Hernandez, L. G., 2007., High-density lipoproteins (HDL) Size and Composition are Modified in The Rat by a Diet Supplemented with "Hass" Avocado (*Persea americana* Miller), *Archivos de Cardiología de Mexico*, 77(1): 17-24, [Online], Terdapat di: <http://www.ncbi.nlm.nih.gov/pubmed/17500188>, Diakses pada tanggal 10 Juni 2013.
- Nordqvist, J., 2012, "What Is Atherosclerosis? What Causes Atherosclerosis?", *Medical News Today. MediLexicon International*, [Online], Terdapat di: <http://www.medicalnewstoday.com/articles/247837.php>, Diakses pada tanggal 24 Desember 2013.
- Owens, C. D., Conte, M. S., 2010, *Atherosclerosis*, Dalam: Cronenwett, J. L., Johnston, K. W., 2010, *Rutherford's Vascular Surgery*, 7th, Chapter 4, 53-67.
- Panjaitan, F. W. F., Kaseke, M. M., Tanudjaya, G. N., 2013, Gambaran Histologik Aorta Tikus Wistar dengan Diet Lemak Babi setelah Pemberian Ekstrak Daun Pepaya, *Jurnal Biomedik*, Volume 5, Nomor 1, Suplemen, hlm. S76-82, [Online], Terdapat di: <http://ejournal.unsrat.ac.id/index.php/biomedik/article/view/2610/2153>, Diakses pada tanggal 28 November 2013.
- Ricketts, J. R., Rothe, M. J., Grant-Kels, J. M., 2010, Nutrition and Psoriasis, *Clinics in Dermatology*, 28, 615-626.
- Ridker, P. M., Libby, P., 2012, *Risk Marker for Atherothrombotic Disease*, Dalam: Bonow, O. R., Mann, D. L., Zipes, D. P., Libby, P., 2012, *Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine*, 9th Ed, Elsevier Saunders, Philadelphia.

- Rolfes, S. R., Pinna, Kathryn., Whitney, Ellie., 2009, *Understanding Normal and Clinical Nutrition, 8th Ed*, Cengage Learning, Belmont.
- Rudel, Lawrence L., Parks, John S., Sawyer Janet K., 1995, Compared with Dietary Monounsaturated and Saturated Fat, Polyunsaturated Fat Protects African Green Monkeys From Coronary Artery Atherosclerosis, *Arterioscler Thromb Vasc Biol*, 15, 2101-2110. [Online], Terdapat di: <http://atvb.ahajournals.org/content/15/12/2101.long>, Diakses pada tanggal 12 Maret 2014.
- Rudel, L. L., Lee, R. G., Parini, P., 2005, ACAT2 Is a Target for Treatment of Coronary Heart Disease Associated With Hypercholesterolemia, *Arteriosclerosis, Thrombosis, and Vascular Biology: Journal of The American Heart Association*, 25: 1112-1118. [Online], Terdapat di: <http://atvb.ahajournals.org/content/25/6/1112.full.pdf+html>, Diakses pada tanggal 14 Maret 2014.
- Sidani, M., Ziegler, C., 2008, Preventing Heart Disease: Who Needs to be Concerned and What to Do, *Primary Care: Clinics in Office Practice, Volume 35, Issue 4*, 589-607.
- Smith, N., Weymann, A., Tausk, F. A., Gelfand, J. M., 2009, Complementary and Alternative Medicine for Psoriasis: A Qualitative Review of The Clinical Trial Literature, *American Academy of Dermatology*, 61: 841-56.
- Soenanto, H., 2009, *100 Resep Sembuhkan Hipertensi, Asam Urat, dan Obesitas*, Elex Media Komputindo, Jakarta.
- Suckow, M. A., Weisbroth, S. H., Franklin, C. L., 2005, *The Laboratory Rat, Second Edition*, Elsevier Academic Press, Burlington.
- Ulbricht, C. E. 2010a, *Natural Standard Herb & Supplement Guide: an evidence-based reference, 1st Ed*, Mosby Elsevier, Missouri.
- Ulbricht, C. E., Seamon, Erica., 2010b, *Natural Standard Herbal Pharmacotherapy: an evidence-based approach, 1st Ed*, Mosby Elsevier, Missouri.
- Wang, L., Fleming, J., Kris-Etherton, P., 2013, The Effects of One Avocado Per Day on Small, Dense LDL and the Relationship of TG, VLDL, HDL, ApoB, and ApoB/A₁ with LDL Particle Size, *Journal of Clinical Lipidology*, 7(3): 267-268.
- Wang, L., Geng, C., Jiang, L., Gong, D., Liu, D., Yoshimura, H., Zhong, L., 2008, The Anti-atherosclerotic Effect of Olive Leaf Extract is Related to

- Suppressed Inflammatory Response in Rabbits with Experimental Atherosclerosis, *European Journal of Nutrition*, 47: 235-243.
- Willcox, B. J., Curb, J. D., Rodriguez, B. L., 2008, Antioxidants in Cardiovascular Health and Disease: Key Lessons from Epidemiologic Studies, *The American Journal of Cardiology*, Volume 101, Issue 10, Suplement, S75-S86, [Online], Terdapat di: http://www.okicent.org/docs/acj_bjw_2008.pdf, Diakses pada tanggal 26 Desember 2013.
- World Health Organization, 2013, *Programme and Project for Cardiovascular Disease*, [Online], Terdapat di: http://www.who.int/cardiovascular_diseases/en/, Diakses pada tanggal 1 Oktober 2013.
- Yuniarti, T., 2008, *Ensiklopedia Tanaman Obat Tradisional*, Medpress, Yogyakarta.