

PROGRAM STUDI ILMU KEPERAWATAN  
FAKULTAS ILMU KEPERAWATAN  
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG  
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ABSTRAK

Mochlas

PENGARUH STRESOR PSIKOSOSIAL DALAM KELUARGA TERHADAP  
PENDERITA GANGGUAN PERILAKU KEKERASAN DI RUANG  
RAWAT INAP KELAS III RSJD dr AMINO GONDHOHUTUMO  
SEMARANG

59 hal + 4 tabel + xii

**Latar Belakang:** Stresor psikososial dalam keluarga merupakan jumlah peristiwa perkembangan (yang diharapkan) dan situasional (tidak diharapkan) serta ketegangan intra-keluarga (tekanan dalam hubungan diantara anggota keluarga). Akumulasi stresor psikososial dalam keluarga dapat meningkatkan depresi pada anggota keluarga dan mengalami gangguan penyesuaian dengan perilaku saling menyerang (perilaku kekerasan). Kasus ini terus mengalami peningkatan dan memprihatinkan. Tujuan penelitian ini untuk mengetahui pengaruh stresor psikososial dalam keluarga terhadap penderita gangguan perilaku kekerasan di Ruang Rawat Inap kelas III RSJD dr Amino Gondhohutomo Semarang.

**Metode :** Jenis penelitian ini menggunakan metode *deskriptif analitik* dengan pendekatan *cross sectional*. Pengumpulan data dilakukan dengan kuesioner. Sampel penelitian sebanyak 62 penderita dengan tehnik *simple random sampling*. Data yang diperoleh diolah secara statistik dengan SPSS 16 menggunakan rumus *Chi-Square*.

**Hasil :** Berdasarkan hasil analisa diperoleh bahwa sebanyak 52 responden mengalami ketegangan dalam pernikahan mayoritas mengalami gangguan perilaku kekerasan sebanyak 57,7%. Hasil uji *Chi-Square* diperoleh  $p\ value = 0,006$ . Sebanyak 47 responden mengalami pelanggaran hukum dalam keluarga mayoritas tidak mengalami gangguan perilaku kekerasan sebanyak 51,1%. Hasil uji *Chi-Square* diperoleh  $p\ value = 0,767$ . Dan sebanyak 49 responden mengalami ketegangan finansial dan usaha mayoritas mengalami gangguan perilaku kekerasan sebanyak 61,2%. Hasil uji *Chi-Square* diperoleh  $p\ value = 0,001$ .

**Simpulan :** Ada pengaruh antara ketegangan dalam pernikahan terhadap penderita gangguan perilaku kekerasan ( $p\ value < 0,05$ ). Tidak ada pengaruh antara pelanggaran hukum dalam keluarga terhadap penderita gangguan perilaku kekerasan ( $p\ value > 0,05$ ). Ada pengaruh antara ketegangan finansial dan usaha terhadap penderita gangguan perilaku kekerasan ( $p\ value < 0,05$ ).

**Kata Kunci:** Stresor psikososial, Keluarga, Gangguan perilaku kekerasan.

**Daftar Pustaka:** 23 (1998 – 2010).

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ABSTRACT

Mochlas

THE EFFECT OF PSYCHOSOCIAL STRESSOR IN THE FAMILY OF HARSHNESS BOTHER IN CLASS III WARD OF RSJD dr AMINO GONDHOHUTOMO SEMARANG

59 pages + 4 tables + xii

**Background:** Psychosocial stressor is amount of development (to be wished) and situational (to be not wished) and the stressing intra-family (stressing among the other people in the family). Depression in the family can be involed by psychosocial stressor accumulation. Beside this case can lead an interaction of attack (an agression). This case increase and very dессappointed. The purpose of this research is to know the effect of psyhosocial stressor in the family of harsness bother in the hospital class III RSJD dr Amino Gondhohutomo Semarang.

**Method:** The kind of thi research is *analytic descriptive* method using *cross sectional* approach. The collecting data using questionnaire. Sampel of research is 62 using *random sampling* technique. The data which has been gotten processed statistically with SPSS 16 using *Chi-Square* formula.

**Result:** Based on the analyze from the data which had been gotten, the data are 52 respondent who get a stressing in their marriage 57,7% they get a harshness bother. The result of the test *Chi-Square*, it had been gotten *p value* = 0,006. The respondent who break the law in the family 51,1% they did not get a harshness stressing. The result of the test *Chi-Square* it had been gotten *p value* = 0,767. And 49 respondent who had a financial and trading problem, 61,2% they get a harshness bother. The result of *Chi-Square* it had been gotten *p value* = 0,001.

**Conclusion:** There are an effect between the stressing in marriage with the harshness bother sufferer (*p value* < 0,005). There are not an effect between the breaking of law and the harshness bother sufferer (*p value* > 0,005). There are an effect between the stressing of financial and trading to harshness bother sufferer (*p value* < 0,005).

**Keywords:** Psychosocial stressor, Family, Harshness bother.

**Bibliographies:** 23 (1998 – 2010).