

DAFTAR ISI

	Halaman
HALAMAN JUDUL.....	i
HALAMAN PERSETUJUAN	ii
HALAMAN PERNYATAAN	iii
RIWAYAT HIDUP	iv
KATA PENGANTAR	v
DAFTAR ISI	vii
DAFTAR	
DAFTAR GAMBAR	ix
DAFTAR TABEL	x
BAB I PENDAHULUAN	
1.1 Latar Belakang	1
1.2 Perumusan Masalah	4
1.3 Tujuan Umum	4
1.4 Tujuan Khusus.....	4
1.5 Manfaat Penelitian.....	5
1.6 Originalitas Penelitian	5
BAB II TINJAUAN PUSTAKA	
2.1 Kolesterol	8
2.2 Hiperkolesterol	14
2.3 Diet Tinggi Kolesterol	20
2.4 Tumor Necrosis Factor Alpha (TNF- α)	23
2.5 Leukosit	33
2.6 Virgin Coconut OIL (VCO)	43
2.7 Efek VCO terhadap kadar kolesterol, TNF- α , dan Jumlah Leukosit pada Hiperkolesterol	46

BAB III KERANGKA TEORI, KERANGKA KONSEP DAN HIPOTESIS	
3.1	Kerangka Teori..... 51
3.2	Kerangka Konsep 55
3.3	Hipotesis..... 55
BAB IV METODE PENELITIAN	
4.1	Jenis Penelitian dan Rancangan Penelitian 56
4.2	Populasi 57
4.3	Sampel..... 57
4.4	Besar Sampel..... 58
4.5	Varibel dan Definisi Operasional..... 58
4.6	Instrumen dan Bahan Penelitian..... 61
4.7	Dosis VCO 62
4.8	Pemberian Makanan Diet Tinggi Kolesterol..... 62
4.9	Cara Kerja Penelitian 62
4.10	Alur Penelitian..... 66
4.11	Tempat dan Waktu Penelitian 67
4.12	Analisis Data 67
BAB V HASIL DAN PEMBAHASAN	
5.1	Hasil Penelitian 68
5.2	Pembahasan..... 75
5.3	Keterbatasan Penelitian..... 80
BAB VI KESIMPULAN DAN SARAN	
6.1	Kesimpulan 81
6.2	Saran..... 81
DAFTAR PUSTAKA 83	
LAMPIRAN	

DAFTAR GAMBAR

Gambar		Halaman
2.1	Struktur Kimia Kolesterol.....	8
2.2	Sintesis Kolesterol	11
2.3	Struktur Gen TNF- α	26
2.4	TNF <i>Signalling Pathway</i>	30
3.2	Skema Kerangka Konsep.....	37
2.5	<i>Formulation of white cells</i>	35
2.6	Jenis Leukosit	40
3.1	Bagan Kerangka Teori	54
3.2	Bagan Kerangka Konsep	55
4.1	Desain Penelitian	56
4.2	Kamar Hitung <i>Improved Neubauer</i>	65
4.3	Bagan Alur Penelitian	66
5.1	Rerata kadar kolesterol total (mg/dL).....	70
5.2	Rerata kadar TNF- α (ng/L).....	72
5.3	Rerata kadar jumlah leukosit (sel/mm ³).....	74



DAFTAR TABEL

Tabel		Halaman
1.1	Originalitas Penelitian.....	6
2.1	Klasifikasi Kadar Kolesterol Total	15
2.2	Sifat Fisikokimia TNF- α	25
2.3	Perbedaan Jumlah jenis Leukosit di dalam darah.....	40
5.1	Kadar Kolesterol Tikus Setelah 7 Hari Pemberian Diet Tinggi Kolesterol.....	68
5.2	Hasil analisis rerata kadar kolesterol total, TNF- α , dan Jumlah Leukosit	69
5.3	Perbedaan kadar kolesterol total antar 2 kelompok menggunakan uji <i>Mann Whitney</i>	70
5.4	Perbedaan kadar TNF- α antar 2 kelompok menggunakan uji Tamhane's T2	72
5.5	Perbedaan Jumlah Leukosit antar 2 kelompok menggunakan uji Tukey	74
5.4	Perbedaan kadar TNF- α antar 2 kelompok menggunakan uji Tamhane's T2	72



DAFTAR SINGKATAN

APAF1	: <i>Apoptotic Protease Activating Factor-1</i>
ApoE	: <i>Apolipoprotein E</i>
ATP	: <i>Adenosine Triphosphate</i>
BID	: <i>BH3 Interacting Death Domain</i>
CAT	: <i>Catalase</i>
CPT I	: <i>Carnitine Palmitoyl Transferase</i>
CREB	: <i>Cyclic AMP response element binding protein</i>
CytoC	: <i>Cytochrome-C</i>
DD	: <i>Death domain</i>
EPO	: <i>Erythropoietin</i>
ERK2	: <i>Extracellular signal-Regulated Kinases</i>
ETC	: <i>Electron Transport Chain</i>
FADD	: <i>Fas-Associated Death Domain</i>
FFA	: <i>Free fatty acid</i>
G-CSF	: <i>Granulocyte colony stimulating factor</i>
GPx	: <i>glutation peroksidase</i>
HDL	: <i>High Desity Lipoprotein</i>
HMG-CoA	: <i>Hidroxymethylglutaryl Coenzyme A Reductase</i>
HPA	: <i>Hypothalamus-pituitary-adrenal</i>
IDL	: <i>Intermediate Density Lipoprotein</i>
IFN- γ	: <i>Interferon-γ</i>
IL	: <i>Interleukins</i>
IL-18	: <i>Interleukin-18</i>
IL-6	: <i>Interleukin-6</i>
IMT	: <i>Indeks Massa Tubuh</i>
IR	: <i>Insulin Resistensi</i>
LCAT	: <i>Lecithin cholesterol acyltransferase</i>
LDL	: <i>Low Density Lipoprotein</i>
LPS	: <i>Lipopolisakarida</i>
MADD	: <i>MAPK Activating Death Domain</i>

MAPK	: <i>Mitogen Activated Protein Kinases</i>
M-CSF	: <i>Monocyte colony stimulating factor</i>
MCT	: <i>Medium Chain Triglycerides</i>
MDA	: <i>Melondialdehyd</i>
MEKK	: <i>MEK Kinase</i>
NADPH	: <i>Nicotinamide Adenine Dinucleotide Phosphate</i>
NCEP	: <i>National Cholesterol Education Program</i>
NF-AT	: <i>Nuclear factor activated T cells</i>
NF κ B	: <i>Nuclear factor kappa b</i>
NIK	: <i>NF-KappaB-Inducing Kinase</i>
NK	: <i>Natural Killer</i>
PJK	: <i>Penyakit Jantung Koroner</i>
RAIDD	: <i>RIP-Associated ICH-1</i>
Risikesdas	: <i>Riset Kesehatan Dasar</i>
ROS	: <i>Reactive Oxygen Species</i>
SCF	: <i>Stem cell factor</i>
SM	: <i>Sindrom Metabolik</i>
SOD	: <i>Superoxide Dismutase</i>
SODD	: <i>Silencer of Death Domains</i>
STAT	: <i>Signal Transduction and activator of transcription</i>
TACE	: <i>TNF-Converting Enzyme</i>
tBID	: <i>Truncated BID</i>
TGF- β	: <i>Transforming Growth Factor Beta</i>
Th1	: <i>T helper 1</i>
Th2	: <i>T helper 2</i>
TLR-4	: <i>Toll Like Reseptor 4</i>
TNFR1	: <i>TNF-Reseptor 1</i>
TNF- α	: <i>Tumor Necrosis Factor-α</i>
TPO	: <i>Thrombopoietin</i>
TPO	: <i>Thrombopoietin</i>
TRADD	: <i>TNFR-Associated Death Domain</i>

TRAF2	: <i>TNF Receptor-Associated Factor-2</i>
Treg	: <i>T regulator</i>
VCO	: <i>Virgin Coconut Oil</i>
VLDL	: <i>Very Low Density Lipoprotein</i>
WBC	: <i>White Blood Cells</i>
WHO	: <i>World Health Organization</i>

