

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG
Skripsi, Januari 2021**

ABSTRAK

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**HUBUNGAN PROGAS TERHADAP STATUS GIZI DAN PRESTASI
BELAJAR SISWA SD NEGERI BEDONO 1 KECAMATAN SAYUNG,
KABUPATEN DEMAK**

102 halaman + 9 tabel + xiii (jumlah halaman depan) + 10 lampiran

Latar Belakang: Gizi merupakan asupan penting untuk menunjang pertumbuhan dan perkembangan. Anak yang kekurangan gizi akan mengalami gangguan status gizi dan mempengaruhi prestasi belajarnya. Upaya pemerintah mengatasi masalah gizi anak, salah satunya kegiatan Program Gizi Anak Sekolah (PROGAS). Tujuan penelitian ini untuk mengetahui hubungan antara PROGAS terhadap status gizi dan prestasi belajar siswa SD Negeri Bedono 1 Kecamatan Sayung, Kabupaten Demak.

Metode : Jenis penelitian analitik kuantitatif korelasional. Pengumpulan data dengan lembar observasi. Jumlah responden 55 orang, teknik pengambilan sampel *total sampling*. Data diolah secara statistik dengan uji *spearman*.

Hasil : Hasil Analisa data 55 responden mayoritas responden usia 91-110 bulan sebanyak 45% dan mayoritas berjenis kelamin perempuan sebanyak 50.9%. Hasil uji *spearman* antara PROGAS dengan status gizi bermakna dengan menunjukkan nilai p 0,01 dan R 0,424, dan PROGAS dengan prestasi belajar menunjukkan p 0,01 dan R 0,625.

Kesimpulan : Terdapat hubungan yang bermakna antara PROGAS terhadap status gizi dan prestasi belajar siswa SD Negeri Bedono 1 Kecamatan Sayung, Kabupaten Demak. Hasil uji *spearman* PROGAS dengan status gizi menunjukkan p 0,01 dan R 0,424, dan PROGAS dengan prestasi belajar menunjukkan p 0,01 dan R 0,625.

Kata Kunci : PROGAS, Anak Sekolah Dasar, Status gizi, Prestasi Belajar.

Daftar Pustaka: 20 (2012-2019)

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Thesis, Januari 2021**

ABSTRACT

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**THE RELATIONSHIP PROGAS TO THE NUTRITIONAL STATUS AND
LEARNING ACHIEVEMENT OF STUDENTS OF SD NEGERI BEDONO 1,
SAYUNG SUBDISTRICT, DEMAK REGENCY.**

102 pages + 9 tables + xiii (number of preliminary pages) + 10 appendices

Background: Nutrition is an important intake to support growth and development. Children malnourished will experience nutritional status disorders and affect their learning achievement. Government efforts to address child nutrition problems, one of which is the School Child Nutrition Program (PROGAS). The research objective was to determine the relationship PROGAS with nutritional status and student achievement at SD Negeri Bedono 1 Sayung District, Demak Regency.

Methods: Type correlational quantitative analytic research. Data collection using observation sheets. The respondents 55 people, the sampling technique was total sampling. The data were processed statistically by means of Spearman test.

Results: The results data analysis of 55 respondents aged 91-110 months were 45% and 50.9% female. The results of Spearman test between PROGAS and nutritional status showed a p value of 0.01 and R 0.424, and PROGAS with learning achievement showed p 0.01 and R 0.625.

Conclusion: the relationship between PROGAS and nutritional status and student achievement at SD Negeri Bedono 1 Sayung District, Demak Regency. The results of the PROGAS spearman test with nutritional status showed p 0.01 and R 0.424, and PROGAS with learning achievement showed p 0.01 and R 0.625.

Keywords: PROGAS, Elementary School Children, Nutritional Status, Learning Achievement.

Bibliography: 20 (2012-2019)