

**PROGRAM STUDI ILMU KEPERAWATAN  
FAKULTAS ILMU KEPERAWATAN  
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG  
Skripsi, Januari 2021**

**ABSTRAK**

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**HUBUNGAN PRURITUS UREMIK DENGAN KUALITAS TIDUR  
PASIEN HEMODIALISIS DI RUMAH SAKIT ISLAM SULTAN  
AGUNG SEMARANG**

75 Halaman + 8 tabel + 2 Gambar + 13 Lampiran + xvi

**Latar Belakang :** Pruritus uremik merupakan sensasi gatal pada pasien hemodialisis yang menimbulkan keinginan untuk terus menggaruk. Gejala ini sangat mengganggu dan membuat tidak nyaman sehingga dapat mempengaruhi kualitas tidur pasien. Tujuan penelitian ini untuk mengetahui hubungan antara pruritus uremik dengan kualitas tidur pasien hemodialisis.

**Metode :** Jenis penelitian ini adalah *cross sectional*. Pengumpulan data dengan kuesioner. Teknik pengambilan sampel adalah *non probability sampling* dengan jenis *purposive sampling*. Jumlah sampel penelitian 86 responden. Data yang diperoleh diolah secara statistik menggunakan *uji spearman korelasi*.

**Hasil :** Penelitian menunjukkan jenis kelamin laki-laki sebanyak 52 orang (60.5%), usia didapatkan rerata 54.56, lama menjalani hemodialisis didapatkan rerata 2.90. Pruritus uremik pada pasien hemodialisis didapatkan rerata 15,41. Kualitas tidur pada pasien hemodialisis dan mengalami pruritus uremik didapatkan rerata 11,86.

**Simpulan :** Terdapat hubungan antara pruritus uremik dengan kualitas tidur pasien hemodialisis ( $p$  value=0,001) dan memiliki keeratan hubungan yang kuat (kekuatan korelasi  $r$  =0,696).

**Kata Kunci :** Pruritus Uremik, Kualitas Tidur, Pasien Hemodialisis

Daftar Pustaka : 73 (2005 – 2020)

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Thesis, January 2021**

**ABSTRACT**

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**THE RELATIONSHIP OF UREMIC PRURITUS WITH SLEEP QUALITY  
OF HEMODIALYSIS PATIENTS IN ISLAMIC HOSPITAL OF SULTAN  
AGUNG SEMARANG**

75 Pages + 8 tables + 2 Figures + 13 Appendices + xvi

**Background :** *Uremic pruritus is an itchy sensation in hemodialysis patients which causes the urge to continue scratching. This symptom is very disturbing and uncomfortable so that it can affect the patient's sleep quality. The purpose of this study was to determine the relationship between uremic pruritus and sleep quality in hemodialysis patients.*

**Methods :** *This type of research is cross sectional. Data collection using a questionnaire. The sampling technique is non probability sampling with purposive sampling type. The number of research samples was 86 respondents. The data obtained were processed statistically using the Spearman correlation test.*

**Results :** *The study showed that there were 52 male sex (60.5%), the average age was 54.56, the mean length of undergoing hemodialysis was 2.90. Mean uremic pruritus in hemodialysis patients was 15.41. The average sleep quality in hemodialysis patients with uremic pruritus was 11.86.*

**Conclusion :** *There is a relationship between uremic pruritus and the sleep quality of hemodialysis patients ( $p$  value = 0.001) and it has a strong relationship (strength of correlation  $r$  = 0.696).*

**Keywords** : Uremic Pruritus, Sleep Quality, Hemodialysis Patients.

**References** : 73 (2005 - 2020)