

## DAFTAR PUSTAKA

- Asghar, M. T., Yusof, Y. A., Mokhtar, M. N., Ya'acob, M. E., Mohd. Ghazali, H., Chang, L. S., & Manaf, Y. N. (2020). Coconut (*Cocos nucifera L.*) sap as a potential source of sugar: Antioxidant and nutritional properties. *Food Science and Nutrition*, 8(4), 1777–1787. <https://doi.org/10.1002/fsn3.1191>
- Badea, M., Gaman, L., Delia, C., Ilea, A., Leașu, F., Henríquez-Hernández, L. A., Luzardo, O. P., Rădoi, M., & Rogozea, L. (2019). Trends of Lipophilic, Antioxidant and Hematological Parameters Associated with Conventional and Electronic Smoking Habits in Middle-Age Romanians. *Journal of Clinical Medicine*, 8(5), 665. <https://doi.org/10.3390/jcm8050665>
- Bhagya, D., Prema, L., & Rajamohan, T. (2012). Therapeutic effects of tender coconut water on oxidative stress in fructose fed insulin resistant hypertensive rats. *Asian Pacific Journal of Tropical Medicine*, 5(4), 270–276. [https://doi.org/10.1016/S1995-7645\(12\)60038-8](https://doi.org/10.1016/S1995-7645(12)60038-8)
- Damayanti, A., & Antari, N. W. S. (2020). UJI AKTIVITAS FILTER BUAH JUWET (SYZYGIUM CUMINI) SEBAGAI PELURUH RADIKAL BEBAS TERHADAP PAPARAN ASAP ROKOK PADA HATI MENCIT JANTAN (MUS MUSCULUS L.). *Jurnal Riset Kesehatan Nasional*, 634.
- Day, B. J. (2009). Catalase and glutathione peroxidase mimics. *Biochemical Pharmacology*, 77(3), 285–296. <https://doi.org/10.1016/j.bcp.2008.09.029>
- Fatimah, A. D., Soemarwoto, R. A., Karima, N., Pulmonologi, B., Kedokteran, F., Lampung, U., Fisiologi, B., Kedokteran, F., & Lampung, U. (2019). *Suplementasi Vitamin D Sebagai Pencegahan Eksaserbasi Akut pada Penyakit Paru Obstruktif Kronik (PPOK) Vitamin D supplementation as a prevention of acute exacerbation Chronic Obstructive Pulmonary Disease (COPD)*. 8(November), 193–199.
- Fitria, Triandini, R., C.Mangimbulude, J., & Karwur, F. F. (2013). Merokok dan Oksidasi DNA. *Sains Medika*, 5(2), 121–127.
- Glorieux, C., & Calderon, P. B. (2017). Catalase, a remarkable enzyme: Targeting the oldest antioxidant enzyme to find a new cancer treatment approach. *Biological Chemistry*, 398(10), 1095–1108. <https://doi.org/10.1515/hsz-2017-0131>
- Ighodaro, O. M., & Akinloye, O. A. (2018). First line defence antioxidants-superoxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GPX): Their fundamental role in the entire antioxidant defence grid.

- Alexandria Journal of Medicine*, 54(4), 287–293.  
<https://doi.org/10.1016/j.ajme.2017.09.001>
- Inggrid, M., & Santoso, H. (2014). EKSTRAKSI ANTIOKSIDAN DAN SENYAWA AKTIF DARI BUAH KIWI ( *Actinidia deliciosa* ). *Lembaga Penelitian Dan Pengabdian Kepada Masyarakat*, III(3), 43.
- Kamceva, G., Arsova-Sarafinovska, Z., Ruskovska, T., Zdravkovska, M., Kamceva-Panova, L., & Stikova, E. (2016). Cigarette smoking and oxidative stress in patients with coronary artery disease. *Macedonian Journal of Medical Sciences*, 4(4), 636–640. <https://doi.org/10.3889/oamjms.2016.117>
- Lee, G. Y., & Han, S. N. (2018). The role of vitamin E in immunity. *Nutrients*, 10(11), 1–18. <https://doi.org/10.3390/nu10111614>
- Legowo, G. (2015). Manfaat Madu sebagai Antioksidan dalam Melawan Radikal Bebas dari Asap Rokok untuk Menjaga Kualitas Sperma The Benefits of Honey for Antioxidants that Against Free Radical of Cigarettes Smoke in Maintaining Quality of Sperm. *Majority*, 4(November), 41–46.
- Loki, A. L., & Rajamohan, T. (2003). Hepatoprotective and antioxidant effect of tender coconut water on carbon tetrachloride induced liver injury in rats. *Indian Journal of Biochemistry and Biophysics*, 40(5), 354–357.
- Mardiatmoko, G., & Ariyanti, M. (2018). *TANAMAN KELAPA ( Cocos nucifera L .) Gun Mardiatmoko* (Issue March).
- Nsonwu-Anyanwu, A., Offor, S., & John, I. (2018). Cigarette Smoke and Oxidative Stress Indices in Male Active Smokers. *Reactive Oxygen Species*, January. <https://doi.org/10.20455/ros.2018.829>
- Parwata, M. O. A. (2016). Bahan Ajar Antioksidan. *Kimia Terapan Program Pascasarjana Universitas Udayana*, April, 1–54.
- Pattilima, D. V., Hartono, A. B., & Wibowo, T. A. (2017). Perilaku merokok pasien jantung koroner: studi di rumah sakit Saras Husada. *Berita Kedokteran Masyarakat*, 33(1), 1. <https://doi.org/10.22146/bkm.11661>
- Pizzino, G., Irrera, N., Cucinotta, M., Pallio, G., Mannino, F., Arcoraci, V., Squadrito, F., Altavilla, D., & Bitto, A. (2017). Oxidative Stress: Harms and Benefits for Human Health. *Oxidative Medicine and Cellular Longevity*, 2017. <https://doi.org/10.1155/2017/8416763>
- Rizvi, S., Raza, S. T., Ahmed, F., Ahmad, A., Abbas, S., & Mahdi, F. (2014). The role of Vitamin E in human health and some diseases. *Sultan Qaboos University Medical Journal*, 14(2), 157–165.
- Tirtosastro, S., Murdiyati, D. A. S., Penelitian, B., Tembakau, T., Serat, D., Raya,

- J., Km, K., & Pos, K. (2009). Kandungan Kimia Tembakau dan Rokok (Chemical Content of Tobacco and Cigarettes). *Tanaman Tembakau Serat Dan Industri*, 2(1). <https://media.neliti.com/media/publications/53962-ID-kandungan-kimia-tembakau-dan-rokok.pdf>
- Untari, E. K., Wahdaningsih, S., & Damayanti, A. (2014). Efek Fraksi n-Heksana Kulit Hylocereus polyrhizus Terhadap Aktivitas Katalase Tikus Stres Oksidatif. *Pharmaceutical Sciences and Research*, 1(3), 141–153. <https://doi.org/10.7454/psr.v1i3.3489>
- Werdhasari, A. (2014). Peran Antioksidan Bagi Kesehatan. *Jurnal Biomedik Medisiana Indonesia*, 3(2), 59–68.
- Yildiz, L., Kayaoğlu, N., & Aksoy, H. (2002). The changes of superoxide dismutase, catalase and glutathione peroxidase activities in erythrocytes of active and passive smokers1. *Clinical Chemistry and Laboratory Medicine*, 40(6), 612–615. <https://doi.org/10.1515/CCLM.2002.106>
- Yusuf, F., & Alang, H. (2020). Analisis aktivitas Enzim Antioksidan Katalase dan Peroksida. *Analisis Aktivitas Enzim Antioksidan Katalase Dan Peroksida*, 11(9), 21–24.
- Zulaikhah, S. T. (2015). Effects of Tender Coconut Water on Antioxidant Enzymatic Superoxida Dismutase (SOD), CATALASE (CAT), Glutathione Peroxidase (GPx) and Lipid Peroxidation In Mercury Exposure Workers. *International Journal of Science and Research (IJSR)*, 4(12), 517–524. <https://doi.org/10.21275/v4i12.nov151788>
- Zulaikhah, S. T. (2019). Health Benefits of Tender Coconut Water (Tcw). In *International Journal of Pharmaceutical Sciences and Research* (Vol. 10, Issue 2, pp. 1–5).
- Zulaikhah, S. T., Pertiwi, D., Bagus, S. A., Nuri, S., Brillian Jelita, E. M., & Alfiza, N. S. (2017). Effect of tender coconut water on blood lipid levels in high fat diet fed male rats. *Journal of Krishna Institute of Medical Sciences University*, 6(2), 63–68.