

## Daftar Pustaka

- Adha, H. D. (2018). "Hubungan dukungan keluarga dan kesejahteraan psikologis pada ibu pekerja penuh waktu". Fakultas Psikologi dan Ilmu Sosial Budaya. Universitas Islam Indonesia. Yogyakarta.
- Antonovsky, A. (1992). Can attitudes contribute to health? Advances. *The Journal of Mind-Body Health*, 8, 33–49.
- Ardita Ceka, R. M. (2016). The role of the parents in the education of children. *Psychiatry and Clinical Neurosciences*, 6(3), 221–230. <https://doi.org/10.1111/j.1440-1819.1952.tb01331.x>
- Azwar, S. (2016). *Penyusunan skala psikologi*. Yogyakarta : Pustaka Pelajar.
- Basson, N. (2008). The influence of psychosocial factors on the subjective well-being of adolescents, (october).
- Brooks, S. K., Webster, R. K., Smith, L. E., Woodland, L., Wessely, S., Greenberg, N., & Rubin, G. J. (2020). The psychological impact of quarantine and how to reduce it: rapid review of the evidence. *The Lancet*, 395(10227), 912–920. [https://doi.org/10.1016/S0140-6736\(20\)30460-8](https://doi.org/10.1016/S0140-6736(20)30460-8)
- Burger, J. M. (1989). Negative reactions to increases in perceived personal control. *Journal of Personality and Social Psychology*, 56(2), 246–256. <https://doi.org/10.1037/0022-3514.56.2.246>
- Burns, R. (2002). Encyclopedia of geropsychology. *Encyclopedia of Geropsychology*. <https://doi.org/10.1007/978-981-287-080-3>
- Carver, C. S., Scheier, M. F., & Weintraub, K. J. (1989). Assessing coping strategies: a theoretically based approach. *Journal of Personality and Social Psychology*, 56(2), 267–283. <https://doi.org/10.1037/0022-3514.56.2.267>
- Coopersmith, S. (1967). *The antecedents of self-esteem*. San Francisco.
- Corbett, G. A., Milne, S. J., Hehir, M. P., Lindow, S. W., & O'connell, M. P. (2020). Health anxiety and behavioural changes of pregnant women during the COVID-19 pandemic. *European Journal of Obstetrics and Gynecology and Reproductive Biology*, 249(2019), 96–97. <https://doi.org/10.1016/j.ejogrb.2020.04.022>
- Daniella, B. B. . A. (2012). Perbedaan psychological well-being orang tua tunggal laki-laki dan orang tua tunggal perempuan yang bercerai.
- David M. Greenberg, Jonela K, Camilla P. Hegsted, Yoni Berkowitz, Elliot, L. J. (2017). Mentalized affectivity: A new model and assessment of emotion regulation. *Brookhaven Symposia in Biology*, 12(10).
- Deater-Deckard, K., Li, M., & Bell, M. A. (2016). Multifaceted emotion regulation, stress and affect in mothers of young children. *Cognition and Emotion*, 30(3), 444–457. <https://doi.org/10.1080/02699931.2015.1013087>

- Di Giorgio, E., Di Riso, D., Mioni, G., & Cellini, N. (2020). The interplay between mothers' and children behavioral and psychological factors during COVID-19: an Italian study. *European Child and Adolescent Psychiatry*, (May). <https://doi.org/10.1007/s00787-020-01631-3>
- Doshi Dhara R & Yogesh A Jogsan. (2013). Depression and psychological well-being in old age. *Journal of Psychology & Psychotherapy*, 03(03). <https://doi.org/10.4172/2161-0487.1000117>
- E Soleimani, Y. H. (2014). The relationship between emotion regulation and resiliency with psychological well-being in students. *Journal of School Psychology*, 3(4), 51–73.
- Evelyn Millis Duvall; Brent C Miller. (1985). *Marriage and family development* (6th ed). New York: Harper & Roe Publisher, Inc.
- Feng, Z. H., Cheng, Y. R., Ye, L., Zhou, M. Y., Wang, M. W., & Chen, J. (2020). Is home isolation appropriate for preventing the spread of COVID-19. *Public Health*, 183, 4–5. <https://doi.org/10.1016/j.puhe.2020.03.008>
- Gross, J. J. (1998). Antecedent- and response-focused emotion regulation: Divergent consequences for experience, expression, and physiology. *Journal of Personality and Social Psychology*, 74(1), 224–237. <https://doi.org/10.1037/0022-3514.74.1.224>
- Gross, J. J. (2007). Emotion regulation:conceptual foudantions. *Handbook of Emotion Regulation*, 3–24.
- Gross, J. J., & John, O. P. (2003). Individual differences in two emotion regulation processes: implications for affect, relationships, and well-being. *Journal of Personality and Social Psychology*, 85(2), 348–362. <https://doi.org/10.1037/0022-3514.85.2.348>
- Habibah, R., Lestari, S. D., Oktaviana, S. K., & Nashori, F. (2018). resiliensi pada penyintas banjir ditinjau dari tawakal dan kecerdasan emosi. *Jurnal Psikologi Islam Dan Budaya*, 1(1), 29–36. <https://doi.org/10.15575/jpib.v1i1.2108>
- Hadi, S. (2015). *Statistik*. Yogyakarta: Pustaka Pelajar.
- Hauser, R. M., & Springer, K. W. (2005). Temporal structures of psychological well-being: continuity or change?
- Hurlock, E. (1994). *Psikologi perkembangan : suatu pendekatan sepanjang rentang kehidupan*. Jakarta: Erlangga.
- Joseph J. Campos, Carl B. Frankel, and L. C. (2004). On the nature of emotion regulation on the nature of emotion regulation, 75(MARCH 2004), 377–394.
- Kivimäki, M., Feldt, T., Vahtera, J., & Nurmi, J. E. (2000). Sense of coherence and health: Evidence from two cross-lagged longitudinal samples. *Social Science and Medicine*, 50(4), 583–597. [https://doi.org/10.1016/S0277-9536\(99\)00326-3](https://doi.org/10.1016/S0277-9536(99)00326-3)
- Kurniati, E., Nur Alfaeni, D. K., & Andriani, F. (2020). Analisis peran orang tua dalam mendampingi anak di masa pandemi covid-19. *Jurnal Obsesi : Jurnal Pendidikan Anak Usia Dini*, 5(1), 241. <https://doi.org/10.31004/obsesi.v5i1.541>

- Lestari, F. A., & Mariyati, L. I. (2016). Resiliensi ibu yang memiliki anak down syndrome di Sidoarjo. *Psikologia : Jurnal Psikologi*, 3(1), 141. <https://doi.org/10.21070/psikologia.v3i1.118>
- Mahardhika, N. F., & Halimah, L. (2017). Hubungan gratitude dan subjective well-being odapus wanita dewasa awal di syamsi dhuha foundation bandung. *Psypathic : Jurnal Ilmiah Psikologi*, 4(1), 91–114. <https://doi.org/10.15575/psy.v4i1.1278>
- Marliani, R., Nasrudin, E., Rahmawati, R., & Ramdani, Z. (2020). Regulasi emosi , stres , dan kesejahteraan psikologis : studi pada ibu work from home dalam menghadapi pandemi covid-19. *Jurnal Psikologi*, (1).
- Mayer, J. D., Salovey, P., Caruso, D. R., & Cherkasskiy, L. (2017). Emotional intelligence, 528–549.
- Norman M. Badburn. (1969). The structure of psychological well-being. [https://doi.org/10.5980/jpnjurol1928.62.8\\_616](https://doi.org/10.5980/jpnjurol1928.62.8_616)
- Ostlund, B. D., Measelle, J. R., Laurent, H. K., Conradt, E., & Ablow, J. C. (2016). Shaping emotion regulation: attunement, symptomatology, and stress recovery within mother–infant dyads. *Developmental Psychobiology*, 59(1), 15–25. <https://doi.org/10.1002/dev.21448>
- Periantalo, J. (2016). *Penelitian kuantitatif untuk psikologi*. Yogyakarta : Pustaka Pelajar.
- Priyatno, D. (2016). SPSS hanbook : Analisis data, olah data dan penyelesaian kasus-kasus statistik.
- Raver, C. C. (2004). Placing emotional self-regulation in sociocultural and socioeconomic contexts. *Child Development*, 75(2), 346–353. <https://doi.org/10.1111/j.1467-8624.2004.00676.x>
- Rolston, A., & Lloyd-Richardson, E. (2017). What is emotion regulation and how do we do it? *Cornell Research Program on Self-Injury and Recovery*, 1–5. Retrieved from <http://www.selfinjury.bctr.cornell.edu/perch/resources/what-is-emotion-regulationsinfo-brief.pdf>
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57(6), 1069–1081. <https://doi.org/10.1037/0022-3514.57.6.1069>
- Ryff, C. D. (1995). Psychological well-being in adult life. *Current Directions in Psychological Science*, 4(4), 99–104. <https://doi.org/10.1111/1467-8721.ep10772395>
- Ryff, C. D. (2013). Psychological well-being revisited: Advances in the science and practice of eudaimonia. *Psychotherapy and Psychosomatics*, 83(1), 10–28. <https://doi.org/10.1159/000353263>
- Ryff, C. D., & Singerb, B. (1996). Psychological well-being: meaning, measurement, and implications for psychotherapy research key words self-acceptance purpose in life positive relationships personal growth autonomy environmental mastery sociodemographic differences vulnerability resilien. *Psychother Psychosom*, 65, 14–23.

Retrieved from <https://www.karger.com/Article/PDF/289026>

Salovey & D. J. Sluyter. (1997). *Emotional development and emotional intelligence: educational implications*. New York: Basic Books/Harper Collins.

Snyder, C.R., Irving, L., & Anderson, J. R. (1991). Handbook of social and clinical psychology—The health perspective. *Behaviour Research and Therapy*, 30(3), 313. [https://doi.org/10.1016/0005-7967\(92\)90078-u](https://doi.org/10.1016/0005-7967(92)90078-u)

Snyder, C.R. & Lopez, S. J. (2002). Handbook of Positive Psychology.

Stevin, Femmy, & Selvi. (2017). Peran ganda ibu rumah tangga dalam meningkatkan kesejahteraan keluarga di desa allude kecamatan kolongan kabupaten talaud e-jurnal “Acta Diurna” Volume VI. No. 2. Tahun 2017, VI(2).

Sugiyono. (2016). *Metode penelitian kuantitatif, kualitatif dan R& D*. Bandung : Alfabeta.

Sukardi. (2013). *Metode penelitian pendidikan kompetensi dan praktiknya*. Jakarta : PT. Bumi Aksara.

Susanto, E., & Suyadi, S. (2020). The role of parents' attention in the moral development of children in the amid of covid-19 pandemic. *Jurnal Ilmiah Sekolah Dasar*, 4(3), 355. <https://doi.org/10.23887/jisd.v4i3.25536>

Thompson, R. A. (1994). Emotion dysregulation: A theme in search of definition. *Monograph of the Society for Research in Child Development Journal*. <https://doi.org/10.1017/S0954579419000282>

Wardani, A., & Ayriza, Y. (2020). Analisis kendala orang tua dalam mendampingi anak belajar di rumah pada masa pandemi covid-19. *Jurnal Obsesi : Jurnal Pendidikan Anak Usia Dini*, 5(1), 772. <https://doi.org/10.31004/obsesi.v5i1.705>

Yosefi, J. (2015). The Relationship between emotional regulation and positive and negative emotions with psychological well-being of students, 3(1), 66–74. Retrieved from <http://journal.nums.ac.ir/article-1-113-en.html>