

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG
Skripsi, Januari 2019**

ABSTRAK

Alinna Nur Fitri

EFEKTIVITAS *TOUCH AND AUDITORY SPIRITUAL QUANTUM* TERHADAP NYERI PADA PASIEN *POST SECTIO CAESAREA* DI RSI SULTAN AGUNG SEMARANG

74 halaman + 8 tabel + 5 gambar + 17 lampiran + xiv

Latar belakang : *Sectio Caesarea* adalah persalinan melalui prosedur pembedahan pada dinding abdomen yang bertujuan untuk mengeluarkan janin dari rahim. Masalah yang sering terjadi pada pasien *post sectio caesarea* adalah nyeri. Perawat berperan untuk menurunkan nyeri melalui intervensi nonfarmakologi dengan pemberian *touch and auditory spiritual quantum*. Penelitian ini bertujuan untuk mengetahui efektivitas *touch and auditory spiritual quantum* terhadap nyeri pada pasien *post sectio caesarea* di RSI Sultan Agung Semarang.

Metode : Penelitian ini menggunakan desain *quasi experiment pretest-posttest with control group*. Penelitian ini dilaksanakan di RSI Sultan Agung Semarang pada tahun 2018. Sampel penelitian ini sebanyak 60 responden yang terdiri dari 30 kelompok intervensi dan 30 kelompok kontrol. Teknik pengambilan sampel menggunakan teknik *purposive sampling*. Untuk mengukur intensitas nyeri menggunakan *numeric rating scale (NRS)*. Analisa data menggunakan uji *Mann Whitney*.

Hasil : Hasil penelitian menunjukkan bahwa teknik *touch and auditory spiritual quantum* efektif untuk menurunkan nyeri pada pasien *post sectio caesarea* di RSI Sultan Agung Semarang dengan nilai *p value = 0,003 (p < 0,05)*.

Simpulan : *Touch and auditory spiritual quantum* dapat menurunkan tingkat nyeri pada pasien *post sectio caesarea* di RSI Sultan Agung Semarang. *Touch and auditory spiritual quantum* dapat digunakan sebagai intervensi nonfarmakologi untuk mengurangi nyeri pasien *post sectio caesarea*.

Kata kunci : *Sectio caesarea*, Nyeri, *Touch and auditory spiritual quantum*

Daftar pustaka : (2008 – 2018)

**BACHELOR OF SCIENCE IN NURSING
FACULTY OF NURSING'S SCIENCE
SULTAN AGUNG ISLAMIC UNIVERSITY SEMARANG
Mini Thesis, Januari 2019**

ABSTRACT

Alinna Nur Fitri

**EFFECTIVITY TOUCH AND AUDITORY SPIRITUAL QUANTUM ON
THE LEVEL OF PAIN IN PATIENTS WITH POST SECTIO CAESAREA
IN ISLAMIC OF SULTAN AGUNG SEMARANG HOSPITAL**

74 pages + 8 tables + 5 pictures + 17 appendies + xiv

Background : Sectio caesarea is a labor through a surgical procedure on the abdominal wall which a fetus is delivered from the uterus. The problem that often occurs in post sectio caesarea patients is pain. Nurses have a role to reduce the pain through nonpharmacology intervention, by giving touch and auditory spiritual quantum. The purpose of this study is to determine effectivity touch of auditory Spiritual quantum on the level of pain in patients with post sectio caesarea in Islamic of Sultan Agung Semarang Hospital.

Method: The study used a quasi-experimental pretest-posttest with a control group design. This study was conducted at Islamic of Sultan Agung Semarang Hospital in 2018. The sample in this study were 60 respondents consisting of 30 intervention groups and 30 control groups. The sampling technique uses purposive sampling technique. The pain intensity was measured using a numeric rating scale (NRS). The analysis method in this research used Mann Whitney.

Results: The results of the study showed that touch and auditory spiritual quantum proved to be effective in reducing pain intensity in post surgery post sectio caesarea patient at Islamic of Sultan Agung Semarang Hospital with p-value = 0.003 ($p < 0.05$).

Conclusion: Touch and auditory spiritual quantum has been shown to reduce pain intensity of post sectio caesarea patients at Islamic of Sultan Agung Semarang Hospital. Touch and auditory spiritual quantum can used be nursing intervention of nonpharmacological to reduce pain in post sectio caesarea.

Keyword : Sectio caesarea, Pain, Touch and auditory spiritual quantum

Bibliography : (2008-2018)