THE RELATIONSHIP BETWEEN TIME MANAGEMENT AND STUDENT SELF-REGULATION IN SOPHOMORE AT THE FACULTY OF PSYCHOLOGY SULTAN AGUNG ISLAMIC UNIVERSITY SEMARANG

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ABSTRACT

The purpose of this research is to find out the relationship between time management and student self-regulation in 2017 students at the Faculty of Psychology Unissula. Subjects in this research consist of 76 students who have devided into two classes. This research uses quantitative method. Sampling technique uses Cluster Random Sampling. Data analysis technique in this research uses Product Moment. Data retrieval of this research use two scales namely time management and self-regulation. Time management's scale has 38 items with coefficient correlation score items of corrected item - total correlation 0.370 - 0.829 and reliability is 0.953. Self-regulation's scale has 34 items with coefficient correlation score items of corrected item - total correlation 0.380 - 0.816 and reliability is 0.965. Hypothesis test results of time management and self-regulation have gotten rxy = 0.804 with significancy 0.000 (p < 0.05). The result showed positive significant between time management and self-regulation in 2017 students at the Faculty of Psychology Unissula. It means the higher time management, the higher self-regulation in 2017 students at The Faculty of Psychologi Unissula.

Key words: self-regulation, time management