APPENDICES

No	Quotation	Monologue/	Reference	Comment
		Dialogue		
1	And thus, while standing on the	Monologue	Moral anxiety concerns uncertainty about	This quotation is when Arthur
	scaffold, in this vain show of	Hawthorne	the correctness of a moral decision that	Dimmesdale comes to the scaffold at
	expiation, Mr Dimmesdale was	111	you are contemplating, while social and	midnight and he is standing in the
	overcome with a great horror of		punishment anxiety concern, respectively,	scaffold looking at the audience in front
	mind, as if the universe were		uncertainty about how others will view	of him and he acts likes he wants to
	gazing at a scarlet token on his		your social worthiness and uncertainty	confess his secret to the puritan society.
	naked breast, right over his heart.		about whether you will be punished for a	This monologue portrays the moral
	On that spot, in very truth, there		wrong you have done (Kurth 11)	anxiety of Arthur Dimmesdale. As
	was, and there had long been, the			based on Freud, moral anxiety concerns
	gnawing and poisonus tooth of			uncertainty about whether you will be
	bodily pain.			punished for the wrong you have done

1. HOW IS ARTHUR DIMMESDALE'S ANXIETY PORTRAYED IN THE NOVEL?

				(Kurth 11). The word 'universe' refers to Puritan Society and he is afraid of what kind of response from society that he will get as a punishment.
2	'Oh, Hester!' cried Arthur Dimmesdale, in whose eyes a fitful light, kindled by her enthusiasm, flashed up and died away, 'thou tellest of running a race to a man whose knees are tottering beneath him! I must die here! There is not the strength or courage left me to venture into the	Dialogue Hawthorne 148-149	Moral anxiety stems from the conflict between the ego and the superego (Bridges 34)	This quotation depicts a conversation between Arthur Dimmesdale and Hester Prynne. She suggests Arthur to leave Boston and start a new life in Europe because it is good for his health. This dialogue portrays the moral anxiety of Arthur Dimmesdale. As based on Freud that moral anxiety stems from the conflict between the ego

	wide, strange, difficult world			and the superego (Bridges 34). The
	alone!'			word 'difficult world' describes the
				moral anxiety of Arthur because that is
				the result from the conflict between the
				ego which he wants to start a new life
				in a new place but his superego says
				that he is afraid to faces the society in a
				new place. He is afraid of what society
				will respond to him when they find out
				if he is a sinner. That is why he says
				that the new place is a difficult world.
3	'Dost thou know, Hester,' said	Dialogue	Moral anxiety stems from the conflict	This quotation is when Arthur
	Arthur Dimmesdale, with an	Hawthorne	between the ego and the superego	Dimmesdale coincidentally met Hester
	unquiet smile, 'that this dear	155	(Bridges 34)	Prynne and Pearl in the dim wood.

child, tripping about always at thy	They are talking about their condition
side, hath caused me many an	and Arthur says to Hester about
alarm? Methought – oh, Hester,	something that makes him anxious,
what a thought is that, and how	what if society realizes that there is part
terrible to dread it! – that my own	of his face on Pearl's face. This
features were partly repeated in	dialogue portrays the moral anxiety of
her face, and so strikingly that the	Arthur Dimmesdale. As based on Freud
world might see them! But she is	that moral anxiety stems from the
mostly thine!'	conflict between the ego and the
	superego (Bridges 34). The sentence
	'that the world might see them' refers
	to his moral anxiety because that is the
	result of his ego which is Pearl is his
	biological child but the superego is he

				exactly knows that having children without marriage is not right, all the more his status as a clergyman. Moreover, some parts of his features
				repeat in Pearl faces and he is afraid
				that society will realize if Pearl is his
				daughter.
4	• He absolutely trembled	Monologue	• Moral anxiety, Freud suggested,	This quotation is when Arthur is on his
	and turned pale as ashes,	Hawthorne	manifests itself as guilt or shame	way from the wood. He thinks about
	lest his tongue should wag	164	(Swift et al. 11).	his plan with Hester to leave Boston
	itself in utterance of these		 Neurotic anxiety is defined as an 	and on the way home, he meets some
	horrible matters, and plead		unknown danger. Actually the	clergyman of Puritan Society and after
	his own consent for so		feeling itself exists in the ego, but	that suddenly he feels anxious about
	doing, without his having		it originates from id impulses	himself

fairly given it.	(Bridges 34).	• As based on Freud, Moral
 And, even with this terror 	 Moral anxiety stems from the 	anxiety arises from a fear of
in his heart, he could	conflict between the ego and the	violating our own moral or
hardly avoid laughing,	superego (Bridges 34)	societal codes. Moral anxiety,
• to imagine how the		Freud suggested, manifests
sanctified old patriarchal		itself as guilt or shame (Swift et
deacon would have been		al. 11). The sentence 'He
petrified by his minister's		absolutely trembled and turned
impiety.		pale as ashes, lest his tongue
		should wag itself in utterance of
		these horrible matters, and
		plead his own consent for so
		doing, without his having fairly
		given it' is describes moral

			anxiety because it can be seen
			from the reaction of Arthur
			Dimmesdale after meets some
			clergyman and in his opinion
			they are honorable people.
			Meanwhile, he is only a sinner
			and what is the response from
			them if they find out the truth
			about him?
		•	As based on Freud, Neurotic
			anxiety is defined as an
			unknown danger. Actually the
			feeling itself exists in the ego,
			but it originates from id

	impulses (Bridges 2	34). The
	sentence 'this terror in	his heart,
	he could hardly avoid	laughing'
	is the neurotic anxiety	of Arthur
	Dimmesdale. It can be	seen that
	he feels terror in	his heart
	because he imagines	if people
	find out the truth at	oout him,
	what will happen?	
	 As based on Freud 	d, Moral
	anxiety stems from th	e conflict
	between the ego	and the
	superego (Bridges	34). The
	sentence 'the sancti	

								patriarchal deacon' refers to the
								clergyman from Puritan society
								that he meets in the road.
								Arthur is afraid to imagine how
								society reacts to his sin, he will
								be punished by society and he
								will lose society respect related
								to his status as a clergyman. His
								superego knows that what he
								does is break the moral code
								and that is the reason why he
								feels anxious during his life.
5	He was a person of very striking	Monologue	Neurotic	anxiety	is d	efined	as an	This quotation captures the day when
	aspect, with a white, lofty, and	Hawthorne	unknown	danger.	Actua	lly the	feeling	Hester Prynne and her baby Pearl get

impending brow, large, brown,	49	itself exists in the ego, but it originates	humiliated in the scaffold by Puritan
melancholy eyes, and a mouth		from id impulses (Bridges 34).	Society and the first time Arthur
which, unless when he forcibly			Dimmesdale meets Hester again. This
compreessed it, was apt to be			monologue describes the neurotic
tremelous, expressing both			anxiety of Arthur Dimmesdale. As
nervous sensibility and a vast			based on Freud, Neurotic anxiety is
power of self restraint.			defined as an unknown danger.
			Actually the feeling itself exists in the
			ego, but it originates from id impulses
			(Bridges 34). The sentence 'a vast
			power of self restraint' is refers to the
			invisible or unknown danger because
			he is feeling nervous and
			uncomfortable in that place and he

				meets Hester again and he is afraid if
				Hester will tell the truth in front of
				Puritan society that Arthur is her
				partner and the father of her baby, but
				his anxiety is not real and it comes
				from his mind.
6	In these lengthened vigils, his	Monologue	Neurotic anxiety is defined as an	This quotation is when Arthur
	brain often reeled and visions	Hawthorne	unknown danger. Actually the feeling	Dimmesdale wakes up at midnight and
	seemed to flit before him;	108	itself exists in the ego, but it originates	see visions in front of him, these
	perharps seen doubtfully, and by a		from id impulses (Bridges 34).	visions seems the people in his life
	faint light of their own, in the			such as his parents, the dead friends of
	remote dimness of the chamber,			his youth, Hester Prynne and Pearl.
	or more vividly and close beside			They are pointing the scarlet letter at
	him, within the looking-glass.			the clergyman is own chest. This

Now it was a herd of diabolic	monologue reflects the neurotic anxiety
shapes, that grinned and mocked at	of Arthur Dimmesdale. As based on
the pale minister, and beckoned	Freud, Neurotic anxiety is defined as an
him away with them; now a group	unknown danger. Actually the feeling
of shinning angels, who flew	itself exists in the ego, but it originates
upward heavily, as sorrow-laden,	from id impulses (Bridges 34). The
but grew more ethereal as they	word 'visions' is the effect of neurotic
rose. Now came the dead friends	anxiety on Arthur Dimmesdale because
of his youth, and his white-	he is afraid to the respond of the people
bearded father, with a saint-like	in his life when they find out if he is a
frown, and his mother, turning her	sinner and he keeps his secret in many
face away as she passed by. Ghost	years.
of a mother – thinnest fantasy of a	
mother – methinks she might yet	

have thrown a pitying glance		
towards her son! And now,		
through the chamber which these		
spectral thoughts had made so		
ghastly, glided Hester Prynne,		
leading along little pearl, in her		
scarlet grab, and pointing her		
forefinger, first at the scarlet letter		
on her bosom, and then at the		
clergyman's own breast. None of		
these visions ever quite deluded		
him.		

7	Good heavens! Had Mr	Monologue	Neurotic anxiety is defined as an	This quotation is when one midnight
	Dimmesdale actually spoken? For	Hawthorne	unknown danger. Actually the feeling	Arthur Dimmesdale is standing in
	one instant he believed that these	112	itself exists in the ego, but it originates	scaffold alone and he acts like he wants
	words had passed his lips. But		from id impulses (Bridges 34).	to confess his secret there and he
	they were uttered only within his			believes that he is already said those
	imagination. The venerable Father			words but the reality is different. This
	Wilson continued to step slowly			monologue reflects the neurotic anxiety
	onward, looking carefully at the			of Arthur Dimmesdale. As based on
	muddy pathway before his feet,			Freud, Neurotic anxiety is defined as an
	and never once turning his head			unknown danger. Actually the feeling
	towards the guilty platform. When			itself exists in the ego, but it originates
	the light of the glimmering lantern			from id impulses (Bridges 34). The
	had faded quite away, the minister			word 'imagination' is the effect of
	discovered, by the faintness which			neurotic anxiety of Arthur because his

	came over him, that the last few			unconscious fear about hiding his sin
	moments had been a crisis of			makes his mind create the imagination
	terrible anxiety, although his mind			that he already tells the truth in front of
	had made an involuntary effort to			Puritan Society, which is the opposite
	relieve itself by a kind of lurid			of reality because he can not do that in
	playfulness.			real life.
8	'Worthy sir,' answered the	Dialogue	This kind of neurotic anxiety is an	This quotation is when one night
	physician, who had now advanced	Hawthorne	unconscious fear of being punished	Arthur Dimmesdale comes to scaffold
	to the foot of the platfrorm –	117	because of expressing impulsively id-	and coincidentally meets Hester and
	'pious Master Dimmesdale! Can		dominated behavior. The fear is not	Pearl then they are talking to each other
	this be you? Well, well, indeed!		coming from the instincts, but of what	but after Hester and Pearl leaves that
	We men of study, whose heads		may happen as a result of gratifying the	place, Roger Chillingworth finds
	are in our books, have need to be		instincts. The conflict becomes one	Arthur Dimmesdale in that place and he
	straitly looked after! We dream in		between the id and the ego, and its origin	asked Roger how he knows that Arthur

our waking moments, and walk in	has some basis in reality (Fujii 60).	is here. This dialogue reflects the
our sleep. Come, good sir, and my		neurotic anxiety of Arthur
dear friend, I pray you let me lead		Dimmesdale. As based on Freud, this
you home!'		kind of neurotic anxiety is an
'How knewest thou that I was		unconscious fear of being punished
here?' asked the minister,		because of expressing impulsively id-
fearfully.		dominated behavior. The fear is not
		coming from the instincts, but of what
		may happen as a result of gratifying the
		instincts. The conflict becomes one
		between the id and the ego, and its
		origin has some basis in reality (Fujii
		60). The word 'fearfully' describes the
		neurotic anxiety of Arthur because he is

				shocked and afraid of how Roger can
				find him in that place? How long has he
				been there? and has he heard
				everything that Arthur and Hester are
				talking about? Arthur is anxious and
				worried if Rroger heard the
				conversation between himself and
				Hester in the scaffold. It means he
				knows that Arthur is the partner of
				Hester and also the father of Pearl.
9	'And I! – how can I to live longer,	Dialogue	This kind of neurotic anxiety is an	This quotation depicts the conversation
	breathing the same air with this	Hawthorne	unconscious fear of being punished	between Arthur Dimmesdale and
	deadly enemy? Exclaimed Arthur	147	because of expressing impulsively id-	Hester Prynne in the dim wood. They
	Dimmesdale, shrinking within		dominated behavior. The fear is not	are talking about their condition and

		T
him himself, and pressing his	coming from the instincts, but of what	Hester confesses something to Arthur.
hand nervously against his heart –	may happen as a result of gratifying the	She says that Arthur has an enemy who
a gesture that had grown	instincts. The conflict becomes one	lives near him and she says that Roger
involuntarily with him.	between the id and the ego, and its origin	is her husband from England. Arthur
	has some basis in reality (Fujii 60).	was surprised and shocked when he
		heard about it. This dialogue reflects
		the neurotic anxiety of Arthur
		Dimmesdale. As based on Freud, this
		kind of neurotic anxiety is an
		unconscious fear of being punished
		because of expressing impulsively id-
		dominated behavior. The fear is not
		coming from the instincts, but of what
		may happen as a result of gratifying the

		instincts. The conflict becomes one
		between the id and the ego, and its
		origin has some basis in reality (Fujii
		60). The word 'deadly enemy' refers to
		Roger Chillingworth, after he knows
		that Desan is the husband of Hester
		that Roger is the husband of Hester
		from England, he regards him as his
		from England, ne regards min as ms
		enemy and how can they live together
		at the same place and Arthur claims
		that Roger is a dangerous person even
		though Roger is doing nothing to him.

2. HOW DOES ARTHUR DIMMESDALE APPLY DEFENSE MECHANISM AS THE WAY TO REDUCE HIS

ANXIETY?

No	Quotation	Monologue/	Reference	Comment
		Dialogue		
1	"Hester Prynne," said he, leaning		The reaction formation is known as the	This quotation is when Hester gets
	over the balcony, and looking	Dialogue	ways in repressed impulse may become	humiliated by Puritan society in the
	down steadfastly into her eyes,	Hawthorne	conscious is through adopting a disguise	scaffold. Arthur Dimmesdale as
	'thou hearest what this good man	50	that is directly opposite its original form	clergyman asks Hester to tell the truth
	says, and seest the accountability		(Bridges 35)	and mention who her partner is. This
	under which I labour. If thou			dialogue reflects the reaction formation
	feelest it to be for thy soul's			of Arthur Dimmesdale. As based on
	peace, and that thy earthly			Freud, the reaction formation is known
	punishment will thereby be made			as the ways in repressed impulse may
	more effectual to salvation, I			become conscious is through adopting

charge thee to speak out the name	a disguise that is directly opposite its
of thy fellow sinner – and fellow -	original form (Bridges 35). The
sufferer ! be not silent from any	sentence 'be not silent from any
mistaken pity and tenderness for	mistaken pity and tenderness for him'
him ; for, believe me Hester,	refers to Arthur defense mechanism
though he were to step down from	because he wants to hide the facts in
a high place, and stand there	front of society instead of telling the
beside thee, on thy pedestal of	truth if he is the partner of Hester
shame, yet better were it so than	Prynne. How come Arthur Dimmesdale
to hide a guilty heart through life.	asks Hester to tell who her partner is
	meanwhile, her partner is himself, and
	he pretends that he does not know
	anything instead of telling the truth in
	front of Puritan Society.

2	At this wild and singular appeal,	Monologue	Repression is known as the most basic	This quotation is when Arthur
	which indicated that Hester	Hawthorne	defense mechanism because it is involved	Dimmesdale comes to the house of
	Prynne's situation had provoked	85	in each of the others. There is a situation	Governor Bellingham. He
	her to little less than madness, the		when the ego is threatened by undesirable	coincidentally meets Hester and Pearl
	young minister at once came		id impulses. The ego will protect itself by	in that house. The governor and another
	forward, pale, and holding his		repressing those impulses; that it is	clergyman asked Arthur Dimmesdale to
	hand over his heart, as was his		forced threatening feelings into the	separate Pearl from Hester. This
	custom whenever his peculiarly		unconscious (Bridges 35).	monologue reflects the repression of
	nervous temprament was thrown			Arthur Dimmesdale. As based on
	into agitation.			Freud, repression is known as the most
				basic defense mechanism because it is
				involved in each of the others. There is
				a situation when the ego is threatened
				by undesirable id impulses. The ego

		will protect itself by repressing those
		impulses; that it is forced threatening
		feelings into the unconscious (Bridges
		35). The sentence 'holding his hand
		over his heart' is repression of Arthur
		because he always holds his hand
		whenever he feels nervous, especially
		when he meets Hester Prynne.
		However, he has an affair with Hester
		Prynne and how come he can separate a
		child from her mother, when the child
		is also his biological child.

3	'It may be so' said the young	Dialogue	As based on Freud, stated that	This quotation depicts the conversation
	clergyman, indifferently, as	Hawthorne	displacement is when people can deliver	between Arthur Dimmesdale and Roger
	waiving a discussion that he	101	their unacceptable urges onto a variety of	Chillingworth. They are talking about
	considered irrelevant or		people or objects so that the original	Arthur is health condition. Roger says
	unseasonable. He had a ready		impulse is disguised or concealed	that Arthur's condition is getting worse
	faculty, indeed, of escaping from		(Bridges 36)	but he does not know exactly what the
	any topic that agitated his too			cause of his illness is. Maybe there is
	sensitive and nervous			something that Arthur can tell Roger
	temprament.			but Arthur feels uncomfortable with
				that situation. This dialogue reflects the
				displacement of Arthur Dimmesdale.
				As based on Freud, displacement is
				when people can deliver their
				unacceptable urges onto a variety of

				people or objects so that the original
				impulse is disguised or concealed
				(Bridges 36). The sentence 'escaping
				from any topic that agitated his too
				sensitive and nervous temperament' is
				the displacement of Arthur because he
				knows exactly what Roger means and it
				makes him uncomfortable and nervous.
				Then he tries to escape the topic to
				reduce his anxiety.
4	'You would tell me, then, that I	Dialogue	Repression is known as the most basic	This quotation depicts the conversation
	know all?' said Roger	Hawthorne	defense mechanism because it is involved	between Arthur Dimmesdale and Roger
	Chillingworth, deliberately, and	101	in each of the others. There is a situation	Chillingworth. When Roger
	fixing an eye, bright with intense		when the ego is threatened by undesirable	Chillingworth checks his condition and

and concentrated intelligence, on	id impulses. The ego will protect itself by	tries to find what the cause of Arthur
the minister's face. 'Be it so! But,	repressing those impulses; that it is	illness is. Roger says that this is not a
again! He to whom only the	forced threatening feelings into the	common sickness but more than that.
outward and physical evil is laid	unconscious (Bridges 35)	This dialogue reflects the repression of
open, knoweth, oftentimes, but		Arthur Dimmesdale. As based on
half the evil which he is called		Freud, repression is known as the most
upon to cure. A bodily disease,		basic defense mechanism because it is
which we look upon as a whole		involved in each of the others. There is
and entire within itself, may, after		a situation when the ego is threatened
all, be but a symptom of some		by undesirable id impulses. The ego
ailment in the spiritual part. Your		will protect itself by repressing those
pardon once again, good sir, if my		impulses; that it is forced threatening
speech give the shadow of offens.		feelings into the unconscious (Bridges
You, sir, of all men whom I have		35). The sentence 'Then I need to ask

known, are he whose body is the		no further,' is Arthur repression
closest conjoined, and imbued,		because he does not want to believe it
and identified, so to speak, with		is sickness. Instead, he wants to believe
the spirit whereof it is the		that whatever it is, it is something
instrument'		simple enough and not within him, then
'Then I need ask no further,' said		that his one true God can fix him. He
the clergyman, somewhat hastily		becomes so angry and frustrated
rising from his chair. 'You deal		because in the depths of his mind and
not, I take it, in medicine for the		his heart, he knows what he is
soul!'		repressing. Yet, he does not want Roger
		Chillingworth to mention the thing that
		causes so much pain; so all he can do is
		blame the person doing so and repress
		that feeling.

5	'I do forgive you, Hester,' replied	Dialogue	As based on Freud, stated that	This quotation depicts the conversation
	the minister at length, with a deep	Hawthorne	displacement is when people can deliver	between Arthur Dimmesdale and
	utterance, out of an abyss of	146	their unacceptable urges onto a variety of	Hester Prynne. Hester confesses that
	sadness, but no anger. 'I freely		people or objects so that the original	Roger Chillingworth is her husband to
	forgive you now. May God		impulse is disguised or concealed	Arthur Dimmesdale. Hester is crying
	forgive us both! We are not,		(Bridges 36)	and asks Arthur to forgive her. Arthur
	Hester, the worst sinners in the			Dimmesdale forgive her and he blames
	world. There is no one worse than			Roger Chillingworth more than
	even the polluted priest! That old			themselves. This dialogue reflects the
	man's revenge has been blacker			displacement of Arthur Dimmesdale.
	than my sin. He has violated, in			As based on Freud, stated that
	cold blood, the sanctity of a			displacement is when people can
	human heart. Thou and I, Hester,			deliver their unacceptable urges onto a
	never did so!'			variety of people or objects so that the

				original impulse is disguised or
				concealed (Bridges 36). The sentence
				'We are not, Hester, the worst sinners
				in the world' is the displacement of
				Arthur because he redirect his
				unacceptable urges onto other people
				which is Roger Chillingworth, he says
				that he and Hester are not the worst
				sinners in the world. This is the defense
				mechanism of Arthur Dimmesdale.
6	'And, since Satan saw fit to steal	Dialogue	The reaction formation is known as the	This quotation depicts the conversation
	it, your reverence must needs	Hawthorne	ways in repressed impulse may become	between Arthur Dimmesdale and the
	handle him without gloves	118	conscious is through adopting a disguise	old sexton. The old sexton found his
	henceforward,' remarked the old		that is directly opposite its original form	gloves in the scaffold last night and he

sext	on, grimly smiling. 'But did	(Bridges 35)	asked Arthur if he knew about the letter
you	r reverence hear of the portent		in the sky? Then Arthur answered if he
that	was seen last night? - a great		had not heard about it. This dialogue
red	letter in the sky – the letter A,		reflects the reaction formation of
whie	ch we interpret to stand for		Arthur Dimmesdale. As based on
Ang	gel. For, as our good Governor		Freud, the reaction formation is known
Win	throp was made an angel this		as the ways in repressed impulse may
past	night, it was doubtless held		become conscious is through adopting
fit	that there should be some		a disguise that is directly opposite its
noti	ce thereof!'		original form (Bridges 35). The
'No	,' answered the minister; 'I		sentence 'I had not heard of it' is
had	not heard of it.'		reaction formation of Arthur because
			he lies to the old sexton, of course he
			was on the scaffold last night and also

		saw the letter A in the sky, but he says
		opposite to reality to protects himself.
		He is afraid if he tells the truth, then the
		old sexton will be curious about what
		he is doing on the scaffold in the
		middle of the night and his secret was
		revealed because the scaffold is the
		place for people who have sin and
		receive punishment.