

APPENDICES

THE TABLE OF THE DATA FROM THE NOVEL (PROBLEM FORMULATION 1, 2 AND 3)

PF 1 (Inferiority)

| No | Data | Types of Data | PF (Types of Analysis) | Page | Reference | Writer Comment |
|-----------|--|----------------------|-------------------------------|-------------|---|--|
| 1. | <p>Oh, Audrey,' says Ollie suddenly, spotting me. 'Hi, how are you?' I shrink back from my bedroom window in fright. My window is tucked away on a corner and no one was meant to notice me. Least of all Ollie, who I'm pretty sure has a tiny crush on me, even though he's two years younger and barely reaches up to my chest. 'Look, it's the celebrity!' quips Ollie's dad, Rob. He's been calling me 'the celebrity' for the last four weeks, even though Mum and Dad have separately been over to ask him to stop. He thinks it's funny and that my parents have no sense of humour. (I've often noticed that people equate 'having a sense of humour' with 'being an insensitive moron'.)(Kinsella 4-5)</p> | Monologue | PF 1 (Inferiority) | 4-5 | <p>"The normal and universal feelings of insignificance and disempowerment, and the accompanying beliefs that one is less than what one should be" (Watts 126)</p> <p>"Inferiority feelings: The normal condition of all people; the source of all human striving."</p> | <p>'Audrey's inferiority feeling arise when she understand that she is not like the others, she cannot see people directly so she need to use sunglasses. This sunglasses makes things not so easy for her because of what people say, including her neighbor. She becomes the talk of the town because of it, including her neighbor.</p> |

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| | | | | | (Schultz and Schultz 116) | |
| 2. | <p>Just so you can visualize me, I'm fairly skinny, fairly nondescript, wearing a black vest-top and skinny jeans. And I wear dark glasses all the time, even in the house. It's . . . Well. A thing. My thing, I suppose. Hence the 'celebrity' quips from Rob our neighbour. He saw me in my dark glasses, getting out of the car in the rain, and he was all, like, 'Why the shades? Are you Angelina Jolie?' I'm not trying to be cool. There's a reason. Which, of course, now you want to know. I assume. OK, it's actually quite private. I'm not sure I'm ready to tell you yet. You can think I'm weird if you like. Enough people do.(Kinsella 12)</p> | Monologue | PF 1 (Inferiority) | 12 | <p>"The normal and universal feelings of insignificance and disempowerment, and the accompanying beliefs that one is less than what one should be" (Watts 126) "Inferiority feelings: The normal condition of all people; the source of all human striving." (Schultz and Schultz 116)</p> | <p>She is using sunglasses because of her mental illness, but this also arises her inferiority feeling because she is not like other people. She feels her inferiority because of her sunglasses and of course her mental illness.</p> |
| 3. | <p>'Hi.' Linus's voice takes me by surprise, and I jump round in shock. Like, literally jump. I have pretty sharpened reflexes. Over-sensitive. Like the rest of me. ...</p> | Dialogue | PF 1 (Inferiority) | 20-21 | <p>"The normal and universal feelings of insignificance and disempowerment, and the accompanying</p> | <p>This monologue shows the cause of Audrey's inferiority which is her mental illness, where in this state she is in a state of panic attack. She is having a panic attack after being greeted by Frank's friend, Linus. Her</p> |

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| | <p>He comes into the den and instinctively my fists clench in fear. He must have wandered off while Mum and Frank were fighting. But no one comes in this room. This is my space. Didn't Frank tell him? Didn't Frank <i>say</i>?</p> <p>My chest is starting to rise in panic. Tears have already started to my eyes. My throat feels frozen. I need to escape. I need – I can't –</p> <p>No one comes in here. <i>No one is allowed to come in here.</i></p> <p>I can hear Dr Sarah's voice in my head. Random snippets from our sessions.</p> <p><i>Breathe in for four counts, out for seven. Your body believes the threat is real, Audrey. But the threat isn't real.</i> (Kinsella 20-21)</p> | | | | <p>beliefs that one isless that what one should be" (Watts 126)</p> <p>"Inferiority is everyone suffers from inferiority in one form oranother, some of us are born with heart murmurs or develops heart problems early in life" (Boeree 7)</p> | <p>mental illness always prevents her from being engage in social activity. It is then become her source of striving her superiority by overcome her struggle.</p> |
| 4. | <p>So now you know. Well, I suppose you don't know - you're guessing. To put you out of misery, here's the full diagnosis. Social Anxiety Disorder, General Anxiety Disorder and Depressive Episodes.</p> <p><i>Episodes.</i> Like depression is a sitcom with a fun punchline each time. Or a TV box set loaded with cliffhangers. The only</p> | Monologue | PF 1 (Inferiority) | 22 | <p>"The normal and universal feelings of insignificance and disempowerment, and the accompanying beliefs that one isless that what</p> | <p>In this quotation, Audrey explained her mental illness, diagnosed by her doctor. Such as social anxiety disorder, general anxiety disorder and depressive episodes. She also have the urge to get rid of her inferiority that later is her force in striving for</p> |

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| | cliffhanger in my life is, 'Will I ever get rid of this shit?' and believe me, it gets pretty monotonous. (Kinsella 22) | | | | one should be" (Watts 126) "Inferiority feelings: The normal condition of all people; the source of all human striving." (Schultz and Schultz 116) | superiority. It is shown in this sentence, "The only cliffhanger in my life is, 'Will I ever get rid of this shit?' and believe me, it gets pretty monotonous." |
| 5. | After I've finished telling Dr Sarah about the whole hiding-behind-the-curtain thing, she looks for a while at the tick box questionnaire I filled in when I arrived. All the usual questions. Do you feel like a failure? Very much. Do you ever wish you didn't exist? Very much. Dr Sarah calls this sheet my 'symptoms'. Sometimes I think, Shall I just lie and say everything's rosy? But the weird thing is, I don't. I can't do that to Dr Sarah. We're in this together. (Kinsella 24) | Monologue | PF 1 (Inferiority) | 24 | "The normal and universal feelings of insignificance and disempowerment, and the accompanying beliefs that one is less than what one should be" (Watts 126) "Inferiority feelings: The normal condition of all people; the source of all human striving." | This time Audrey is in a consultation room with her doctor, Dr Sarah, after the episode she has in meeting Linus. The questions Dr Sarah asks to Audrey and her answer to it, shows Audrey's inferiority feeling towards her mental illness, she feels that she wish she doesn't exist, that is how much her mental illness affects her. |

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| | | | | | (Schultz and Schultz 116) | |
| 6. | <p>The word stuck comes out before I've even thought it. I didn't know I felt stuck. 'Stuck?' 'I've been ill for ever.' 'Not for ever,' she says in calm tones. 'I first met you' – she consults her computer screen – 'on March the sixth. You'd probably been ill for a while before that without realizing. But the good news is, you've come such a long way, Audrey. You're improving every day.' 'Improving?' I break off, trying to speak calmly. 'I'm supposed to be starting a new school in September. I can't even talk to people. One new person comes to the house and I freak out. How can I go to school? How can I do anything?' What if I'm like this for ever?' A tear is running down my cheek. Where the hell did that come from? Dr Sarah hands me a tissue without comment and I scrub at my eyes, lifting up my dark glasses briefly to do so. (Kinsella 24-25)</p> | Monologue | PF 1 (Inferiority) | 24-25 | <p>“The normal and universal feelings of insignificance and disempowerment, and the accompanying beliefs that one is less than what one should be” (Watts 126)</p> <p>“Inferiority feelings: The normal condition of all people; the source of all human striving.” (Schultz and Schultz 116)</p> | <p>In this quotation Audrey feels small and powerless with her mental illness that she is afraid she cannot be normal again. She is afraid that she cannot go to school in September if she never improves. It is the feeling of inferiority, the feeling that arises because of her mental illness.</p> |
| 7. | <p>It's everyone else who is the problem. People on the street, people at the front door, people on the phone. You have no idea how many people there are in the</p> | Monologue | PF 1 (Inferiority) | 36 | <p>“The normal and universal feelings of insignificance and</p> | <p>Her being not able to even greet the postman, is her inferiority. It is part of her mental illness that prevents her</p> |

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| | <p>world until you start getting freaked out by them. Dr Sarah says I may never be comfortable in massive crowds, and that's OK, but I have to 'dial down' the thoughts that are telling me to panic. When she's telling me this, it seems totally reasonable, and I think, <i>Yes! I can do that! Easy.</i> But then a postman comes to the door and I run before I can even stop myself. (Kinsella 36)</p> | | | | <p>disempowerment, and the accompanying beliefs that one is less than what one should be" (Watts 126) "Inferiority feelings: The normal condition of all people; the source of all human striving." (Schultz and Schultz 116)</p> | <p>from socializing apart from her family. Her being not able to greet the postman is one of example in disempowerment.</p> |
| 8. | <p>Anyway, so I'm quite attuned to the Mid-Sentence Stop. And Linus just stopped, totally mid-sentence, and I know what he was going to say. He was going to say: She's crazy like you're crazy. He's repulsed by me. I knew it. He's only come by here because it's like entertainment, like a freak show. The girl in the dark glasses – roll up, roll up, see her cower in the corner! The silence is going on and on, and someone has to break it, so I say tightly, 'It's fine. I'm crazy. Whatever.' 'No!' Linus sounds really</p> | Monologue | PF 1 (Inferiority) | 99 | <p>"An inferiority complex is lack of self-worth, doubt and uncertainty, and feelings of not measuring up to standards. It is often subconscious and is thought to drive afflicted individuals to overcompensate,</p> | <p>Linus words are not supposed to hurt Audrey, but she guesses it and thinking that Linus thought she is crazy like his grandmother even though she is not. She thinks that everybody must feel that she is a crazy person because of her mental illness condition. It shows her lacking self worth and low self esteem, which shows her inferiority complex.</p> |

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| | <p>shocked. Shocked, embarrassed, discomfited. Kind of mortified. Like he can't believe I would say that. (I'm getting all this from one syllable, you understand.) 'You're nothing like my granny,' he adds, and he gives this little laugh, like he's enjoying a private joke. 'If you met her you'd understand.' (Kinsella 99)</p> | | | | <p>resulting either in spectacular achievement or extreme a social behavior." (Muhammad and Kabir 9). "Inferiority complex or lack of self-esteem leads to negative or risk-seeking behaviors in young people." (Moritz qtd in Muhammad and Kabir 3).</p> | |
| 9. | <p>'Maybe you should ask him,' says Dr Sarah, like it's no big deal. 'I can't,' I say automatically. 'Why not?' 'Because . . .' I lapse into silence. She knows why not. It doesn't need saying. 'Let's visualize the worst that can happen,' says Dr Sarah cheerfully. 'You ask Linus to come over and he says no. How does that make you feel?' Trickle of anxiety are running down my back. I don't like this conversation any more. I should never</p> | Dialogue | PF 1 (Inferiority) | 132 | <p>"An inferiority complex is lack of self-worth, a doubt and uncertainty, and feelings of not measuring up to standards. It is often subconscious and is thought to drive</p> | <p>This quotation shows that in order to do treatment with Dr Sarah, Audrey need to interview person outside her family, where Linus happens to be Frank's friend so she decided to interview him. But after some problem she needs to ask him directly. Her inferiority complex shown in her explanation of herself</p> |

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| | <p>have mentioned Linus. ‘How does that make you feel?’ persists Dr Sarah. ‘Audrey, work with me. Linus has just said, “No, I won’t come over.” What are you feeling?’ ‘I’m totally embarrassed,’ I say miserably. ‘I’m dying. I’m, like, oh my God. Like, I’m so stupid . . .’ I screw up my face in agony. ‘Why stupid?’ ‘Because – because!’ I look at her almost angrily. Sometimes Dr Sarah is deliberately obtuse. ‘Linus won’t come over.’ (Kinsella 132)</p> | | | | <p>afflicted individuals to overcompensate, resulting either in spectacular achievement or extreme a social behavior.” (Muhammad and Kabir 9). Inferiority complex or lack of self-esteem leads to negative or risk-seeking behaviors in young people (Moritz qtd in Mhammad and Kabir 3).</p> | <p>being rejected by Linus, even though it is only in her mind. It shows her lack of self worth and low self esteem.</p> |
| 10. | <p>‘Why should these thoughts’ – she taps the board – ‘make you feel stupid?’ ‘Because . . .’ I struggle with my own thought process. ‘Because I shouldn’t have asked him.’ ‘Why not?’ she counters. ‘So he says no. All that means is, he didn’t feel like being interviewed, or he was busy, or he’s intending to say yes another time. Or any</p> | Dialogue | PF 1 (Inferiority) | 133 | <p>“An inferiority complex is lack of self-worth, a doubt and uncertainty, and feelings of not measuring up to standards. It is often</p> | <p>In the dialogue Audrey feels her inferiority complex arise. It is because she is not confident of asking Linus to be interviewed by her even though she is really wants to do it. It shows her inferiority complex of having doubt of herself and lack of self worth. But in the</p> |

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| <p>number of things. It doesn't mean anything about you.' 'Of course it does!' I say before I can stop myself. 'Of course?' She instantly picks me up on it. 'Of course?' OK, I fell into that one. Of course is the kind of phrase that makes Dr Sarah's nose twitch like a shark scenting blood. That and I have to. 'Audrey, do you know what Linus is thinking?' 'No,' I say reluctantly. 'You don't sound sure about that. Audrey, can you see into people's heads?' 'No.' 'Are you gifted with super-powers? Is this something I should know about you?' 'No.' I hold up my hands. 'OK. I get it. I was mind-reading.' 'You were mind-reading.' She nods. 'You have no idea what Linus is thinking. It could be good, it could be bad. Most likely, it's nothing at all. He's a boy. You'd better get used to that.' Her face crinkles in humour. 'Right.' I know she's trying to make me smile, but I'm too confused. 'So . . . I should ask him?' 'I think you should.' (Kinsella 133)</p> | | | <p>subconscious and is thought to drive afflicted individuals to overcompensate, resulting either in spectacular achievement or extreme a social behavior." (Muhammad and Kabir 9).</p> | <p>end, she actually having her mind to ask him, shows that her inferiority complex lead her to achieve her superiority.</p> |
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PF 2 (Striving for Superiority)

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| 1. | <p>‘Oh.’ I feel a weird little flip inside. It’s that name. Linus. It does that to me. ‘He needs to come round here. He needs a space to practice.’ ‘But Mum won’t let you play.’ ‘Only for ten days.’ He waves his hand impatiently. ‘Then we need to get some serious hours in. It’s the qualifiers coming up.’ ‘Right.’ I spoon hot chocolate powder into my mug. ‘So you can’t freak out when you see him. I mean, not “freak out””(Kinsella 70)</p> | Dialogue | PF 2 (Striving for Superiority) | 70 | <p>“Superiority is the ultimate goal toward which we strive. He did not mean superiority in the usual sense of the word, nor did the concept relate to the superiority complex. Striving for superiority is not an attempt to be better than every-one else, nor is it an arrogant or domineering tendency or an inflated opinion of our abilities and accomplishments. What Adler</p> | <p>In this quotation, Frank tries to talk to Audrey about Linus coming over to their house. At the previous meeting with Linus Audrey has a panic attack so he tries to give Audrey a talk about it so she doesn’t have another episode. She seemed to agree, even though she actually has a mind about it. It shows her attempt to be better by letting Linus come over and shows her striving superiority.</p> |

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| | | | | | meant was a drive for perfection. The word perfectionist derived from a Latin word meaning to complete or to finish. Thus, Adler suggested that we strive for superiority in an effort to perfect ourselves, to make ourselves complete or whole.” (Schultz and Schultz 118) | |
| 2. | All I can hear is my own brain saying, Don't run, don't run, don't run. 'Hi,' he says. 'Hi,' I manage to reply. The thought of facing him or looking at him is impossible, so I turn away. Right away. Staring into the corner. 'Are you OK?' Linus takes a few steps into the room and pauses. 'I'm fine.' 'You don't look that fine,' he ventures. 'Right. Well.' I pause, trying to think of an explanation that | Dialogue | PF 2 (Striving for Superiority) | 77 | “Superiority is the ultimate goal toward which we strive. He did not mean superiority in the usual sense of the word, nor did the concept relate to the superiority comple | Audrey takes a step by talking to Linus, which is the first time she talks to anyone without having panic attack, even though she still nervous about it. It shows her attempts to strive her superiority by getting better. |

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| | <p>doesn't involve the words weird or nutty. 'Sometimes I get too much adrenalin in my body,' I say at last. 'It's just, like, a thing. I breathe too fast, stuff like that.' 'Oh, OK.' I sense that he nods, although obviously I can't look at him, so I can't be sure. Simply sitting here and not running away feels like riding a rodeo. It's taking a major effort.(Kinsella 77)</p> | | | <p>x. Striving for superiority is not an attempt to be better than everyone else, nor is it an arrogant or domineering tendency or an inflated opinion of our abilities and accomplishments. What Adler meant was a drive for perfection. The word perfectionist derived from a Latin word meaning to complete or to finish. Thus, Adler suggested that we strive for superiority in an effort to perfect ourselves, to make ourselves complete or</p> | |
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| | | | | | whole.” (Schultz and Schultz 118) | |
| 3. | <p>‘Go on,’ he says. ‘Shoe contact. Let’s do it.’ I can’t move. I’m a hedgehog rolled into a ball. I don’t want to know. ‘You can move your foot,’ says Linus. ‘You don’t have to look at it. Just move it.’ He sounds persistent. I can’t believe this is happening. My lizard brain is really not liking this. It’s telling me to dive under the blanket. Hide. Run.</p> <p>Anything. Maybe if I don’t react, I tell myself, he’ll just give up and we can forget all about it. But the seconds tick on, and he doesn’t go anywhere. ‘Go on,’ he says encouragingly. ‘I bet you can do it.’ And now I have Dr Sarah’s voice in my head: <i>You need to start pushing yourself.</i> Gradually, I shift my foot across the carpet, until the rubber rim of my trainer is touching the rubber rim of his. The rest of my body is still turned away. I’m staring fixedly at the fabric of the sofa, my entire brain focused on the centimetre of foot that is in contact with his. (Kinsella 101-102)</p> | Dilaogue | PF 2 (Striving for Superiority) | 101-102 | <p>“Superiority is the ultimate goal toward which we strive. He didnot mean superiority in the usual sense of the word, nor did the concept relate to the superioritycomple x. Striving for superiority is not an attempt to be better than everyone else, nor is it an arrogant or domineering tendency or an inflated opinion of ourabilities and accomplishments. What Adler meant was a drive for perfection. The word perfectionist</p> | <p>In striving for her goal which is to cure her mental illness, she tries to do contact even though from the small one, which is shoe contact with Linus. it shows her striving for superiority. her another steps to reach her goal.</p> |

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| | | | | | <p>derived from a Latin word meaning to complete or to finish. Thus, Adler suggested that we strive for superiority in an effort to perfect ourselves, to make ourselves complete or whole.” (Schultz and Schultz 118) “The one dynamic force behind people’s behavior is the striving for success or superiority.” (Feist and Feist 70)</p> | |
| 4. | <p>So Mum’s bought me a phone. That was step one. I’ve got Linus’s number off Frank. That was step two. Now I need to call him. I input his number and stare at it for a while. I try to imagine how I’ll start</p> | Monologue | PF 2 (Striving for Superiority) | 148-150 | <p>“Superiority is the ultimate goal toward which we strive. He didnot mean superiority</p> | <p>The quotation above showed her attempts to text Linus, which is also categorized as strive for superiority. She attempts to do interview with</p> |

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| <p>the conversation. I write down some useful words and phrases I might need. (Dr Sarah’s tip.) I visualize a positive scenario. But I still can’t bring myself to call him. So instead I text.</p> <p>Hi Linus. This is Audrey here. Frank’s sister. I still need to do my documentary and you said you would be interviewed for it. Is that still OK? Could we meet? Thanks, Audrey.</p> <p>And I’m expecting no reply, or at least a long wait, but the phone buzzes straight away and there’s his response:</p> <p>Sure. When? (Kinsella 148-149)</p> | | | <p>in the usual sense of the word, nor did the concept relate to the superiority complex. Striving for superiority is not an attempt to be better than every-one else, nor is it an arrogant or domineering tendency or an inflated opinion of ourabilities and accomplishments. What Adler meant was a drive for perfection. The word perfectionist derived from a Latin word meaning to complete or to finish. Thus,Adler suggested that we</p> | <p>other than her family as her doctor suggest to her. So she chooses Linus, her brother’s friend to be interviewed. It is her attempts to be better, from cannot have phone and having a phone, also having someone other than her family to contact to. It is her one step ahead to her goal or her superiority.To interview Linus she needs to go to Starbuck. Linus makes it that way so Audrey can practice to be around many people in public places.</p> |
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| | | | | | strive for superiority in an effort to perfect ourselves, to make ourselves complete or whole.” (Schultz and Schultz 118) | |
| 5. | <p>We live about twenty minutes’ walk from Starbucks, if you’re striding. I’m not striding. But I’m not stopping, either. I’m going. Even though my lizard brain is poised to curl up in fright, I’m managing to put one foot in front of the other. Left, right. Left, right. My dark glasses are on, my hands are jammed in the pockets of my hoodie and I’ve pulled the hood up for extra protection. I haven’t raised my gaze from the pavement, but that’s OK. Most people walk along in their own worlds anyway. As I reach the town centre the crowds become denser and the shop fronts are bright and noisy, and with every step I have a stronger desire to run, but I don’t. I push on. It’s like climbing a mountain, I tell myself. Your body doesn’t want to do it, but you make it. And then, at last, I’ve made it to</p> | Monologue | PF 2 (Striving for Superiority) | 151 | <p>“Superiority is the ultimate goal toward which we strive. He did not mean superiority in the usual sense of the word, nor did the concept relate to the superiority complex. Striving for superiority is not an attempt to be better than every-one else, nor is it an arrogant or domineering tendency or an inflated opinion</p> | <p>Audrey is trying to go to Starbuck as an assignment from her doctor so she gets better and to interview Linus. With her little doubtful steps, she actually manage to go there alone and not freaking out or having any episodes. She shows us her action towards her superiority and also her improvement. Even though it is hard for her she still does the striving for superiority.</p> |

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| | Starbucks. As I approach the familiar façade I feel kind of exhausted, but I'm giddy too. I'm here. I'm here! (Kinsella 151) | | | | of our abilities and accomplishments. What Adler meant was a drive for perfection. The word perfectionist derived from a Latin word meaning to complete or to finish. Thus, Adler suggested that we strive for superiority in an effort to perfect ourselves, to make ourselves complete or whole." (Schultz and Schultz 118) | |
| 6. | 'Is that a picture of rhubarb?' She looks confused. 'Yes. It's our thing,' I say casually. 'Wow.' Nat seems unable to get over this news. 'So . . . how long have you been going out?' 'A few weeks. We go to Starbucks and | Dialogue | PF 2 (Striving for Superiority) | 189 | "Superiority is the ultimate goal toward which we strive. He did not mean superiority in the usual sense of the word, nor | In the old days she cannot talk to anyone besides her family, and she attempting herself to talk to Natalie, her old friend and even talk about her old school, when it actually bothers her. It shows her |

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| | <p>stuff. I mean, it's just . . . you know. Kind of fun.'</p> <p>'I thought you were, like, properly ill. Like, in bed.'</p> <p>'Well, I was.' I shrug. 'I suppose I'm recovering or whatever.' I rip open a bar of chocolate and break it into pieces. 'So, tell me about school.'</p> <p>I force myself to ask it, even though the word school leaves a nasty sensation in my brain; a kind of poisonous imprint. (Kinsella 189)</p> | | | <p>did the concept relate to the superiority complex. Striving for superiority is not an attempt to be better than every-one else, nor is it an arrogant or domineering tendency or an inflated opinion of our abilities and accomplishments. What Adler meant was a drive for perfection. The word perfectionist derived from a Latin word meaning to complete or to finish. Thus, Adler suggested that we strive for</p> | <p>striving for her superiority. She tries to overcome her mental illness and her past trauma by asking to her friend, Natalie.</p> |
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| | | | | | superiority in an effort to perfect ourselves, to make ourselves complete or whole.” (Schultz and Schultz 118) | |
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PF 2 (Striving for Superiority: Fictional Goal)

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| 1. | <p>It's everyone else who is the problem. People on the street, people at the front door, people on the phone. You have no idea how many people here are in the world until you start getting freaked out by them. Dr Sarah says I may never be comfortable in massive crowds, and that's OK, but I have to 'dial down' the thoughts that are telling me to panic. When she's telling me this, it seems totally reasonable, and I think, <i>Yes! I can do that! Easy.</i> But then a postman comes to the door and I run before I can even stop myself. (Kinsella 36)</p> | Monologue | PF 2 (Striving for Superiority: Fictional Goal) | 36 | <p>"By fictional goals, we refer to the image of what the individual can be in the future. However, Adler believed that goals are ideals and not something tangible. They can be healthy fictions or mistaken goals." (Gabriel and Goodluck 6)</p> | <p>The idea of Audrey dialing down from her anxiety and her mental illness is one of her fictional goal to be better. To be able standing in the middle of the crowds and not panicking, even though she is not comfortable. It is her healthy goal that will lead him to her superiority.</p> |
| 2. | <p>First of all, you will not be like this for ever,' says Dr Sarah. 'Your condition is fully treatable. <i>Fully treatable.</i>' She's said this to me about thousand times. 'You've made marked progress since treatment began,' she continuous. It's still</p> | Dialogue | PF 2 (Striving for Superiority: Fictional Goal) | 25 | <p>"Adler applied the term finalism to the idea that we have an ultimate goal, a final state of being, and a need to move</p> | <p>In the quotation, Audrey is in her consultation session with her doctor, Dr Sarah. Dr Sarah explained how her condition will be fully treatable and she will be able to go to school in September, also that she needs</p> |

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| | <p>only May. I have every confidence you will be ready for school in September. But it will require—‘</p> <p>‘I know.’ I hunch my arms round my body. ‘Persistence, practice and patience.’ ‘Have you taken off your dark glasses this week?’ asks Dr Sarah.</p> <p>‘Not much.’</p> <p>By which <i>not at all</i>. She know this.</p> <p>‘Have you made contact with anybody?’</p> <p>I don’t answer. I was supposed to be trying. With a family member. Just a few second every day. (Kinsella 25)</p> | | | <p>toward it. The goals for which we strive, however, are potentialities, not actualities. In other words, we strive for ideals that exist in us subjectively.</p> <p>Adler believed that our goals are fictional or imagined ideals that cannot be tested against reality. We live our lives around ideals such as the be-lief that all people are created equal or that all people are basically good.</p> <p>Adler’s life goal was to conquer death; his way of striving for that</p> | <p>a lot of progress to do that as having social contact with anybody except her family and take off her glasses. It explained her fictional goal which is being able to go to school in September after a long time doing nothing at home. Being able to go to school is her ideal goal for it contain a lot of meaning. Being able to go to school means she is getting better and that her mental illness is not confining her from the world, that she is striving for her superiority.</p> |
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| | | | | | goal was to become a physician.” (Schultz and Schultz 118) | |
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PF 2 (Striving for Superiority: Creative Power)

| No | Data | Types of Data | PF (Types of Analysis) | Page | Reference | Writer Comment |
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| 1. | <p>The first step is catching Mum in a good mood, when she's not going to freak out or overreact or anything. I wait till she's just finished watching an episode of Master Chef, then casually sit on the arm of the sofa and say: 'Mum, I'd like a phone.'</p> <p>'A phone?' She sits up, her eyes wide circles, her mouth open. 'A phone?'</p> <p>If I'm the Queen of Overreaction, Mum is the Empress.</p> <p>'Um, yes. A phone. If that's OK.'</p> <p>'Who are you going to call?' she demands.</p> <p>'I just . . . I don't know. People.' I know I sound scratchy, but she makes me scratchy.</p> <p>'Which people?'</p> <p>'People! Do you, like, need all their names?'</p> <p>(Kinsella 135)</p> | Dialogue | PF 2 (Striving for Superiority: Creative Power) | 135 | <p>."The creative power of the self is the ability to create an appropriate style of life" (Schultz and Schultz 119) .</p> <p>"Creative power of life - the power expressed in the desire to develop, to strive and to achieve, and to compensate for defeats in one area by striving for success in another. This power is teleological - it expresses itself in the striving for a goal, and in this</p> | <p>In this quotation, Audrey shows us her creative power side. In which she tries to get a phone so she can contact Linus and interviewed him. Her creative power is her power to be in control of her life after the bullying that makes her not able to use phone. Her idea and initiative to get a phone is her creative power to define her method to strive her perfection by trying to contact Linus, as she needs to interviewed people outside her house for her documentary. This documentary is initiate by her doctor so Audrey can be better.</p> |

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| | | | | | striving every physical and psychological attribute co-operates. It is absurd, therefore, to study either physical or mental conditions abstractly without relating them to the individual as a whole.” (Bret 1) | |
| 2. | <p>So Mum’s bought me a phone. That was step one. I’ve got Linus’s number off Frank. That was step two. Now I need to call him. I input his number and stare at it for a while. I try to imagine how I’ll start the conversation. I write down some useful words and phrases I might need. (Dr Sarah’s tip.) I visualize a positive scenario.</p> <p>But I still can’t bring myself to call him. So instead I text.</p> <p>Hi Linus. This is Audrey here. Frank’s sister. I still need to do my documentary and you said you would be interviewed</p> | Dialogue | PF 2 (Striving for Superiority: Creative Power) | 148-150 | <p>“Their creative power places them in control of their own lives, is responsible for their final goal, determines their method of striving for that goal, and contributes to the development of social interest. In short, creative power makes</p> | <p>After she gets her phone, she contact Linus to meet. But Linus tries to help Audrey by asking her to meet in Starbuck, as her assignment from Dr Sarah. She feels panic at first but later on she decide to do that so she can gain her superiority. It shows her creative power from not running away from her task and keep practicing to be better by going to Starbuck. Her creative power let her in</p> |

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| | <p>for it. Is that still OK? Could we meet? Thanks, Audrey.</p> <p>And I'm expecting no reply, or at least a long wait, but the phone buzzes straight away and there's his response:</p> <p>Sure. When?</p> <p>I hadn't thought about that. When? It's Saturday evening, which means we've got all day tomorrow.</p> <p>Tomorrow? Do you want to come round here? 11 am?</p> <p>I press SEND, and this time there's a bit of a wait before he replies:</p> <p>No, let's meet at Starbucks.</p> <p>A jolt of panic goes through me like white fire. Starbucks? Is he nuts? Then a second text comes through:</p> <p>You have to go there anyway, right? Isn't that your project?</p> | | | | <p>each person a free individual. Creative power is a dynamic concept implying movement, and this movement is the most salient characteristic of life. All psychic life involves movement toward a goal, movement with a direction.” (Feist and Feist 79)</p> | <p>control of her life, in control of striving for her superiority.</p> |
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| | <p>But . . . but . . . but . . . Starbucks? Tomorrow? My fingers are trembling. My skin feels hot. I'm breathing in for four counts and out for seven and trying to channel Dr Sarah. How would she advise me? What would she say? But already I know what she'd say. Because she's said it. I can hear her voice in my head, right now: <i>It's time for some bigger steps. You need to push yourself, Audrey.</i> <i>You won't know till you try. I believe you can cope with it.</i> I stare at the phone till the numbers blur in front of my eyes, then type the text before I can change my mind. OK. See you there.(Kinsella 148-150)</p> | | | | | |
| 3. | <p>I know what it's like to be an old person now. OK, I don't know what it's like to have wrinkly skin and white hair. But I do know what it's like to walk down the road at a slow, uncertain pace, wincing at the passing of people and flinching when horns beep and feeling like everything is just too fast. Mum and Dad have taken Felix out for the day to some garden show and at the last minute they took Frank</p> | Monologue | PF 2 (Striving for Superiority: Creative Power) | 151 | <p>"Their creative power places them in control of their own lives, is responsible for their final goal, determines their method of striving for that goal, and</p> | <p>"So they have no idea I'm doing this. I couldn't face the whole big deal of telling them and Mum fussing and all that palaver." Is the sign of her creative power to take care of the struggle she needs to face to go to Starbuck alone.</p> |

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| | <p>with them too, to ‘broaden his horizons’. So they have no idea I’m doing this. I couldn’t face the whole big deal of telling them and Mum fussing and all that palaver. So I waited till they left, got my key, got my money and the camera, and just left the house. Which I haven’t done for . . .I don’t know. So long. We live about twenty minutes’ walk from Starbucks, if you’re striding. I’m not striding. But I’m not stopping, either. I’m going. (Kinsella 151)</p> | | | | <p>contributes to the development of social interest. In short, creative power makes each person a free individual. Creative power is a dynamic concept implying movement, and this movement is the most salient characteristic of life. All psychic life involves movement toward a goal, movement with a direction.” (Feist and Feist 79)</p> | |
| 4. | <p>Do I want to tell him what I was thinking? The voice of that therapist from St John’s keeps running through my head; the one who used to take the ‘Self Assertion’ workshop. We do not have to reveal ourselves. She used to say it every week. We are all entitled to privacy. You</p> | Monologue | PF 2 (Striving for Superiority: Creative Power) | 159 | <p>“Their creative power places them in control of their own lives, is responsible for their final goal, determines their</p> | <p>Audrey knows that she cannot always reveal what she thinking, but she instead of hiding her feeling, decided to tell Linus what she feels, even though she knows that maybe it sounds terrifying. It shows</p> |

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| | <p>do not have to share anything with others, however much they may ask you. Photos, fantasies, plans for the weekend . . . they're yours. She used to look around the room almost sternly. You do NOT have to share them. I don't have to share with Linus what I was thinking. I could walk away. I could write, Oh, nothing! Or You don't want to know!!! ;) Like it's all a big joke. But somehow . . . I want to share. I don't know why, but I do. I trust him. And he's on the other side of the door. It's all safe. Like in a confessional. Before I can change my mind, I scrawl, I was thinking, 'I'm a total failure, I shouldn't exist, what's the point of me?' (Kinsella 159)</p> | | | | <p>method of striving for that goal, and contributes to the development of social interest. In short, creative power makes each person a free individual. Creative power is a dynamic concept implying movement, and this movement is the most salient characteristic of life. All psychic life involves movement toward a goal, movement with a direction." (Feist and Feist 79)</p> | <p>her creative power, to decide her method of striving for perfection by not running away from people and her feeling.</p> |
| 5. | <p>I'm not sure what makes me happier – the T-shirt or the our thing. I've never had an our thing with a boy before. Whichever it is, I'm still glowing. Mum and Dad are</p> | | <p>PF 2 (Striving for Superiority:</p> | 186 | <p>"Creative power of life - the power expressed in the desire to develop,</p> | <p>The monologue shows Audrey's creative power. After long not meeting her old friend she decides to meet one of her</p> |

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| | <p>out and Frank is doing homework and Felix is in bed and I feel fired up. I feel restless. I'm wandering around the house in my T-shirt, feeling like I want to share all this. I want to talk to someone. I want to see someone. Natalie. I want to see Natalie. The thought is like a light ray in my brain, so positive, it makes me blink. I want to see her. I want my friend back. Yes. I'm going to do it. Right now. (Kinsella 186)</p> | | Creative Power) | | <p>to strive and to achieve, and to compensate for defeats in one area by striving for success in another. This power is teleological - it expresses itself in the striving for a goal, and in this striving every physical and psychological attribute co-operates. It is absurd, therefore, to study either physical or mental conditions abstractly without relating them to the individual as a whole." (Bret 1)</p> | <p>friend from the old school she used to attend. Her initiative to meet Natalie is one of her creative power to strive her perfection. It shows that she is able to control her life by striving in positive way. Her creative power can be used to strive for her perfection.</p> |
| 6. | <p>'Is that a picture of rhubarb?' She looks confused. 'Yes. It's our thing,' I say casually. 'Wow.' Nat seems unable to</p> | | PF 2 (Striving for Superiority: | 189 | <p>"Creative power of life - the power expressed in the</p> | <p>"So, tell me about school.' I force myself to ask it, even though the word school leaves</p> |

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| | <p>get over this news. ‘So . . . how long have you been going out?’ ‘A few weeks. We go to Starbucks and stuff. I mean, it’s just . . . you know. Kind of fun.’ ‘I thought you were, like, properly ill. Like, in bed.’ ‘Well, I was.’ I shrug. ‘I suppose I’m recovering or whatever.’ I rip open a bar of chocolate and break it into pieces. ‘So, tell me about school.’ I force myself to ask it, even though the word school leaves a nasty sensation in my brain; a kind of poisonous imprint.(Kinsella 189)</p> | | Creative Power) | <p>desire to develop, to strive and to achieve, and to compensate for defeats in one area by striving for success in another. This power is teleological - it expresses itself in the striving for a goal, and in this striving every physical and psychological attribute co-operates. It is absurd, therefore, to study either physical or mental conditions abstractly without relating them to the individual as a whole.” (Bret 1)</p> | <p>a nasty sensation in my brain; a kind of poisonous imprint.” Those statement shows us her creative power to talk about her old school even though it still hurts her feeling and mental.</p> |
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PF 2 (Striving for Superiority: Social Interest)

| No | Data | Types of Data | PF (Types of Analysis) | Page | Reference | Writer Comment |
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| 1. | <p>Mum is a freelance brand consultant, which means that she does projects all over the country. Sometimes she's really busy and sometimes she has weeks off, and that's how it's always been. She came to my school and talked about her job once, and showed us this supermarket logo redesign she'd worked on, and everyone was really impressed. I mean, she's cool. Her job is cool. Only now I'm looking at this photo I'm wondering: When did she actually last work? She was on a project when I got ill. I can vaguely remember hearing her talking to Dad about it, hearing her say, 'I'm pulling out. I'm not going to Manchester.' All I felt then was relief. I didn't want her to go to Manchester. I didn't want her to go anywhere. But now . . . I look at the photo again, at Mum's happy, shiny photo face – and then down at her tired, asleep, real-life face on the bed. It hadn't occurred to me that Mum had stopped</p> | Monologue | <p style="text-align: center;">PF 2 (Striving for Superiority: Social Interest)</p> | 172 | <p>“Social interest involves a sense of social feeling toward all humankind, and the essence of social interest is the valuing of something outside the self without ulterior motives. In other words, people with social interest have an absence of self-centeredness, egocentricity, and self-absorption. Social interest is based on one's identification with others and a transcendence of</p> | <p>Before Audrey is getting better she only concern about herself, but now that she can think clearly she now concern about her mother's condition. She used to want her mother to be around, but she realizes it may not be good for her mother. It shows her concern social interest towards her mother.</p> |

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| | <p>working completely. But ever since I've been at home, I realize, she hasn't gone to her office once. I feel like I'm slowly coming out of a fog and noticing things I didn't before. What Dr Sarah said is true: you get self-obsessed when you're ill. You can't see anything around you. But now I'm starting to see stuff. (Kinsella 172)</p> | | | | <p>one's own interests, resulting in a genuine concern with and striving for community and human welfare. Adler believed that social interest is manifested in the life tasks of friendship, love, and work, and he also believed that mental health requires that one successfully cope with these major and pervasive challenges of life through social interest." (Leak 1)</p> | |
| 2. | <p>There's a photo on Mum's dressing table of Natalie and me dressed up for last year's Year Nine prom, and I find my eyes swivelling towards it. Nat's in a pink lacy dress and I'm in blue. We're laughing and pulling party poppers. We</p> | Monologue | <p>PF 2 (Striving for Superiority: Social Interest)</p> | 174 | <p>"The concept of social interest expresses the conviction that people are social beings and if we</p> | <p>Audrey's social interest arises from her family, like in this quotation. Her mother tries to persuade her to meet her old friend Natalie after what happened in her school and</p> |

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| | <p>did that picture about six times to get the party poppers just right. They were Nat's idea. She has funny ideas like that. I mean, she does make you laugh, Nat.</p> <p>'Maybe I will call Natalie,' I say at last. 'Some time.' I look at Mum for a reaction, but she's fallen asleep. The half-full Lemsip is tilting dangerously on the tray, and I grab it before it can spill. I leave it on her bedside table in case she wakes up, then tiptoe out of the room and head downstairs, full of a kind of new energy. 'Frank,' I demand as I enter the kitchen. 'Has Mum given up work?' 'Yeah, I think so.' 'For good?' 'Dunno.' 'But she's really good at her job.' 'Yes, but she can't go out, can she?' He doesn't say it, but I know what he means. Because of you.(Kinsella 174)</p> | | | <p>want to achieve a deeper understanding of ourselves, we need to examine our relationships with the others and the socio-cultural context in which we exist." (Stoykova 286)</p> <p>"Social interest develops within the social environment: the mother, the family and the whole ambience in which the individual exists all contribute to the development of social interest. The manifestation of social interest is a useful criterion for assessing the</p> | <p>now that she is better. It shows her mother social interest that later developed in Audrey herself.</p> <p>Audrey in this quotation also concern about her mother who out of her job to take care of Audrey even though her mother really excel in her job. It shows Audrey's social interest towards her family.</p> |
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| | | | | | psychological health of an individual. It is regarded as a “barometer of normality” - an indicator that can be used to evaluate the quality of a person’s life.” (Stoykova 286) | |
| 3. | Because of me, Mum is hanging around at home, worrying and reading the Daily Mail. Because of me, Mum looks all tense and tired instead of shiny and happy. ‘She should work. She likes work.’ Frank shrugs. ‘Well. I expect she will. You know . . .’ And again, the unspoken hangs in the air: When you get better. ‘I’ll go and get the grapes,’ he says, and ambles out of the kitchen. And I sit, staring at my blurry reflection in the stainless steel fridge. When I get better. Well then. It’s up to me to get better. (Kinsella 175) | Dialogue | PF 2 (Striving for Superiority: Social Interest) | 175 | “Social interest involves a sense of social feeling toward all humankind, and the essence of social interest is the valuing of something outside the self without ulterior motives. In other words, people with social interest have an absence of self-centeredness, | Audrey is concern about her mother, her mother who resigns from her job to take care of her. Now that she is actually getting better, she can see that many people worry about her and it concern her. She concern about her Mother who actually good at her job but decided to resign because of her and now looking all tired and tense. Her concern shows her social interest where she cares about other people other than herself, which in this case is her mother. She realizes that |

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| | | | | | <p>egocentricity, and self-absorption. Social interest is based on one's identification with others and a transcendence of one's own interests, resulting in a genuine concern with and striving for community and human welfare. Adler believed that social interest is manifested in the life tasks of friendship, love, and work, and he also believed that mental health requires that one successfully cope with these major and pervasive challenges of life</p> | <p>in order for her mother to be like the old days again, she needs to get better. Later this social interest will continue to contribute in Audrey's life and drive her to strive for perfection.</p> |
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| | | | | | through social interest.” (Leak 1) | |
| 4. | <p>‘OK.’ Mum kind of subsides onto Dad and I can see how tired out she is. Frank said he’s never seen Mum like she was when I was missing. She was kind of grey, he said. And her eyes were flat inside, like their battery had died.</p> <p>I’ll never get over doing that to them. But I’m not brooding. I’ve talked to Dr Sarah about it and we’ve agreed that the best way I can make it up to them is to stay well. Stay on my meds. Think healthful thoughts.</p> <p>(Kinsella 262)</p> | Monologue | PF 2 (Striving for Superiority: Social Interest) | 262 | <p>“Social interest involves a sense of social feeling toward all humankind, and the essence of social interest is the valuing of something outside the self without ulterior motives. In other words, people with social interest have an absence of self-centeredness, egocentricity, and self-absorption. Social interest is based on one’s identification with others and a transcendence of one’s own interests, resulting in a genuine</p> | <p>After Audrey's incident, her episodes and her missing, she realizes that she needs to make up for her wrongdoing with getting well, keep consuming her medicine, and think healthy thoughts. Because she feels guilty to her family for missing and not taking care of herself as she should be. It shows her social interest towards her family, because she is no longer thinking about herself anymore, but also the whole family and friends.</p> |

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| | | | | | concern with and striving for community and human welfare. Adler believed that social interest is manifested in the life tasks of friendship, love, and work, and he also believed that mental health requires that one successfully cope with these major and pervasive challenges of life through social interest.” (Leak 1) | |
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PF 2 (Striving for Superiority: Style of Life)

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| 1. | <p>There's a photo on Mum's dressing table of Natalie and me dressed up for last year's Year Nine prom, and I find my eyes swivelling towards it. Nat's in a pink lacy dress and I'm in blue. We're laughing and pulling party poppers. We did that picture about six times to get the party poppers just right. They were Nat's idea. She has funny ideas like that. I mean, she does make you laugh, Nat.</p> <p>'Maybe I will call Natalie,' I say at last.</p> <p>'Some time.' I look at Mum for a reaction, but she's fallen asleep. The half-full Lemsip is tilting dangerously on the tray, and I grab it before it can spill. I leave it on her bedside table in case she wakes up, then tiptoe out of the room and head downstairs, full of a kind of new energy.</p> <p>'Frank,' I demand as I enter the kitchen.</p> <p>'Has Mum given up work?'</p> <p>'Yeah, I think so.'</p> <p>'For good?'</p> <p>'Dunno.'</p> | Dialogue | PF 2 (Striving for Superiority: Style of Life) | 174 | <p>"The selfconsistent personality structure develops into a per-son's style of life. Style of life is the term Adler used to refer to the flavor of a person's life. It includes a person's goal, self-concept, feelings for others, and attitude toward the world. It is the product of the interaction of heredity, environment, and a person's creative power."</p> | <p>Audrey's social interest towards her mother shows her that she is concerned about one of three major problems in life as Adler says, which is love as social problems. Her love towards her mother makes her decide that she needs to call Natalie, her old friend. It indicates that her concern towards her mother adds to her courage so she can strive more for her family. It shows Audrey's lifestyle as a useful type. Where she is also willing to cooperate with Natalie to strive for her perfection for her family too. The person who has a socially useful type of person will be majoring themselves in 3 major tasks of life, such as occupation, love, and friendship.</p> |

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| | <p>‘But she’s really good at her job.’ ‘Yes, but she can’t go out, can she?’ He doesn’t say it, but I know what he means. Because of you. (Kinsella 174)</p> | | | | <p>(Feist and Feist 78) “The Socially Useful Type: They are socially oriented and willing to cooperate with others to master the tasks of life, while simultaneously ministering to their own needs and those of others. They see the three major task of occupation, friendship and loves as social problems.” (Goodluck and Gabriel 4)</p> | |
| 2. | <p>In fact, a lot is making me feel better at the moment. Seeing Linus is definitely making me feel better. We text all the time and he comes over every day after</p> | Dialogue | PF 2 (Striving for Superiority: | 186 | <p>“The Socially Useful Type: They are socially oriented and</p> | <p>The dialogue above shows Audrey concerning herself with one of the three major tasks of life which is love.</p> |

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| | <p>school, and we've started playing table tennis in the garden, like, obsessively. Even Frank joins in sometimes. And today was amazing, because Linus gave me a present. A T-shirt. It has a picture of rhubarb on it and he got it off the internet. Mum and Dad said, 'Why rhubarb?' and he winked at me and said, 'It's our thing. (Kinsella 186)'</p> | | Style of Life) | | <p>willing to cooperate with others to master the tasks of life, while simultaneously ministering to their own needs and those of others. They see the three major task of occupation, friendship and loves as social problems." (Goodluck and Gabriel 4)</p> | <p>Love as a social problem is one of the three major tasks in life. And in this quotation, Audrey seemed concerned about herself while trying to master it. So she can be categorized as a socially useful type.</p> |
| 3. | <p>'Is that a picture of rhubarb?' She looks confused. 'Yes. It's our thing,' I say casually. 'Wow.' Nat seems unable to get over this news. 'So . . . how long have you been going out?' 'A few weeks. We go to Starbucks and stuff. I mean, it's just . . . you know. Kind of fun.' 'I thought you were, like, properly ill. Like, in bed.' 'Well, I was.' I shrug. 'I suppose I'm recovering or whatever.' I rip open a</p> | Dialogue | PF 2 (Striving for Superiority: Style of Life) | 189 | <p>"The Socially Useful Type: They are socially oriented and willing to cooperate with others to master the tasks of life, while simultaneously</p> | <p>In the above quotation, Audrey is seen with her old friend Natalie, after what happened in her old school. She is now capable of socializing with her friend. It shows her socially useful type in style of life as she masters the task of life in three major tasks in life such as friendship.</p> |

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| | <p>bar of chocolate and break it into pieces. ‘So, tell me about school.’ I force myself to ask it, even though the word school leaves a nasty sensation in my brain; a kind of poisonous imprint.(Kinsella 189)</p> | | | | <p>ministering to their own needs and those of others. They see the three major task of occupation, friendship and loves as social problems.” (Goodluck and Gabriel 4)</p> | |
| 4. | <p>First of all, you will not be like this for ever,’ says Dr Sarah. ‘Your condition is fully treatable. <i>Fully treatable.</i>’ She’s said this to me about thousand times.</p> <p>‘You’ve made marked progress since treatment began,’ she continous. It’s still only May. I have every confidence you will be ready for school in September. But it will require—‘</p> <p>‘I know.’ I hunch my arms round my body. ‘Persistence, practice and patience.’ (Kinsella 25)</p> | Dialogue | PF 2 (Striving for Superiority: Style of Life) | 25 | <p>“The Socially Useful Type: They are socially oriented and willing to cooperate with others to master the tasks of life, while simultaneously ministering to their own needs and those of others. They see the three major task of</p> | <p>She is willing to cooperate with her doctor to master one of three major tasks in life, which is occupation, since Audrey is still a student in middle school and that she needs to conquer her illness so she can be able to go to school. It shows her type which is socially useful type.</p> |

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| | | | | | occupation, friendship and loves as social problems.” (Goodluck and Gabriel 4) | |
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PF 3 (Superiority)

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| 1. | <p>In fact, a lot is making me feel better at the moment. Seeing Linus is definitely making me feel better. We text all the time and he comes over every day after school, and we've started playing table tennis in the garden, like, obsessively. (Kinsella 186)</p> | Monologue | PF 3 (Superiority) | 186 | <p>“Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) “Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of</p> | <p>After that time when she cannot talk to Linus, now they are in a relationship. It shows her attempts of striving for superiority are improving and showing it results. She now can interact with other people and even have a relationship with her brother's friend.</p> |

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| | | | | | superiority is independent, strong, superior, able, appropriate, component, self-assured, perfect, important, valuable, courage, determined". (Zoltan 12) | |
| 2. | <p>‘Is that a picture of rhubarb?’ She looks confused.</p> <p>‘Yes. It’s our thing,’ I say casually.</p> <p>‘Wow.’ Nat seems unable to get over this news. ‘So . . . how long have you been going out?’</p> <p>‘A few weeks. We go to Starbucks and stuff. I mean, it’s just . . . you know. Kind of fun.’</p> <p>‘I thought you were, like, properly ill. Like, in bed.’</p> <p>‘Well, I was.’ I shrug. ‘I suppose I’m recovering or whatever.’ I rip open a bar of chocolate and break it into pieces. ‘So, tell me about school.’</p> <p>I force myself to ask it, even though the word school leaves a nasty sensation in my brain; a kind of poisonous imprint.</p> | Dialogue | PF 3 (Superiority) | 189 | <p>“Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118)</p> <p>“Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive</p> | <p>From talking to Linus and then talking to Natalie, her old friend. It shows us that Audrey is getting better and is getting her superiority. And then again, she is willing to meet her without any pressure and with her own intention. Audrey’s superiority is also shown below where she just starts to have better condition and then she faces many turbulences. But that just strengthened her striving for her superiority.</p> |

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| | (Kinsella 189) | | | | to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured,perfect, important, valuable, courage, determined”. (Zoltan 12) | |
| 3. | I’ve said he was right, I should never have gone and I miss him and I want to see him so, so much. I want to go back to how we were. I want him to give me another crazy challenge. I want to forget I ever went to see Izzy. I mean, I think we were both right. I was right because I didn’t relapse and there aren’t any pieces to pick up. And Linus was right because I shouldn’t have given her the time of day in the first place. So. And when he texts back, I’ll ask him round and maybe we’ll | Monologue | PF 3 (Superiority) | 249 | “Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) “Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection | Audrey is taking a bigger challenge by talking to Izzy and her parents even though she knows it will bother her, and in fact she does not have any episodes after meeting them. It shows her striving for superiority is taking a big step in reaching her superiority. |

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| | get back to that other conversation we were having in the park. (Kinsella 249) | | | | andself realization. Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured,perfect, important, valuable, courage, determined ”. (Zoltan 12) | |
| 4. | The weird thing is, I lost my sunglasses that night and I didn’t even notice until Dad suddenly said, ‘Audrey! You’re not wearing your dark glasses!’ And I wasn’t. My eyes were bare. After all those months. And it took Dad to point it out to me. We were in the police waiting room at the time and the nice policewoman, | Monologue | PF 3 (Superiority) | 257 | “Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) “Superiority is not necessarily mean power over | Her episodes arise when Linus does not answer her text, but surprisingly it strengthens her superiority by taking off her sunglasses. She now can see people directly in their eyes and throw her sunglasses away. She is far better than she used |

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| | <p>Sinead, got the wrong end of the stick and thought we were complaining and that we'd lost a pair of dark glasses on the premises. It took a while for us to explain that I didn't want them back. And I don't. I'm good the way I am. The world seems lighter, although I don't know if that's because of the dark glasses or because I'm back on my meds. For now. Dr Sarah gave me this whole great lecture about the dangers of coming off meds without supervision and how it can cause dizziness (check) and a racing heart (check) and loads of other symptoms, and I must promise never to do it again. Which I did. (Kinsella 257)</p> | | | | <p>other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward" (Lemma 195).</p> <p>"the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self-assured, perfect, important, valuable, courage, determined". (Zoltan 12)</p> | <p>to be. It shows her strive for her superiority, from unable to see eye to eye, to being able seeing them directly.</p> |
| 5. | <p>'I wanted to be better,' I mumbled, feeling hot. 'You know. Properly, one hundred</p> | Dialogue | PF 3 (Superiority) | 260 | <p>"For Adler, virtually</p> | <p>Audrey who tries to do better by not taking medicine now</p> |

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| | <p>per cent better. No meds, nothing.’ ‘You are better.’ Mum put my face between her hands, just like she used to when I was a little girl. ‘Sweetheart, you’re so much better every week. I mean, you’re a different girl. You’re ninety per cent there. Ninety-five per cent. You must be able to see that.’ ‘But I’m sick of this bloody jagged graph,’ I said in frustration. ‘You know, two steps up, one step down. It’s so painful. It’s so slow. It’s like this endless game of Snakes and Ladders.’ And Mum just looked at me as if she wanted to laugh or maybe cry, and she said, ‘But, Audrey, that’s what life is. We’re all on a jagged graph. I know I am. Up a bit, down a bit. That’s life.’ And then Jo met Professor Bhaer, so we had to watch that bit. And then Beth died. So I guess the March sisters were on their own jagged graph too. (Kinsella 260)</p> | | | <p>everything we do is designed to establish a sense of superiority over life’s obstacles. Why do we work so hard to obtain good grades, to excel at athletics, or to reach a position of power? Because achieving these things moves us a step further away from our feelings of inferiority.” (Burger 98) “Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) “Superiority is not necessarily mean power over other or</p> | <p>realizes that she is getting better and even though sometimes she feels down from her illness, it is okay, because it is how life’s work. We continue to struggle to overcome our inferiority as in line with Adler’s theory of individual psychology.</p> |
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| | | | | | <p>competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured, perfect, important, valuable, courage, determined ”. (Zoltan 12)</p> | |
| 6. | The truth is, if you don't communicate with anyone new, ever, at all, then you lose the knack. And when you go back to it, it's sort of draining. Dr Sarah has | Monologue | PF 3 (Superiority) | 56 | “Superiority is the ultimate goal toward which we strive.” | In this monologue Audrey exchanges notes with Linus, which shows her improvement of her condition, from never |

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| | <p>warned me about that. She says I should expect even the tiniest tasks or new steps to be a bit exhausting. And believe it or not, that silly little exchange of notes was.</p> <p>Nice, though. (Kinsella 56)</p> | | | <p>(Schultz and Schultz 118) “Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195).</p> <p>“the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured, perfect, important, valuabl</p> | <p>communicating with others besides her family to communicating with her brother’s friend. It shows her striving for superiority towards the better of her and little by little moving towards perfection of her.</p> |
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| | | | | | e, courage, determined". (Zoltan 12) | |
| 7. | <p>‘Go on,’ he says. ‘Shoe contact. Let’s do it.’ I can’t move. I’m a hedgehog rolled into a ball. I don’t want to know. ‘You can move your foot,’ says Linus. ‘You don’t have to look at it. Just move it.’ He sounds persistent. I can’t believe this is happening. My lizard brain is really not liking this. It’s telling me to dive under the blanket. Hide. Run.</p> <p>Anything. Maybe if I don’t react, I tell myself, he’ll just give up and we can forget all about it. But the seconds tick on, and he doesn’t go anywhere. ‘Go on,’ he says encouragingly. ‘I bet you can do it.’ And now I have Dr Sarah’s voice in my head: <i>You need to start pushing yourself.</i> Gradually, I shift my foot across the carpet, until the rubber rim of my trainer is touching the rubber rim of his. The rest of my body is still turned away. I’m staring fixedly at the fabric of the sofa, my entire brain focused on the centimetre of foot that is in contact with his. (Kinsella 101-102)</p> | Dialogue | PF 3 (Superiority) | 101-102 | <p>“Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118)</p> <p>“Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195).</p> <p>“the person in position in a position of superiority is independent,</p> | <p>Before Audrey meets Linus, she cannot even be in the same room with a stranger, but this quotation shows that she is able to do shoe contact. It shows her superiority state, as she is able to do interaction when she used to cannot be. She is moving from inferior to superior with Linus’s help.</p> |

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| | | | | | strong, superior, able, appropriate, component, self-assured, perfect, important, valuable, courage, determined". (Zoltan 12 | |
| 8. | <p>So Mum's bought me a phone. That was step one. I've got Linus's number off Frank. That was step two. Now I need to call him. I input his number and stare at it for a while. I try to imagine how I'll start the conversation. I write down some useful words and phrases I might need. (Dr Sarah's tip.) I visualize a positive scenario.</p> <p>But I still can't bring myself to call him. So instead I text.</p> <p>Hi Linus. This is Audrey here. Frank's sister. I still need to do my documentary and you said you would be interviewed for it. Is that still OK? Could we meet? Thanks, Audrey.</p> <p>And I'm expecting no reply, or at least a long wait, but the phone buzzes straight</p> | Dialogue | PF 3 (Superiority) | 148-149 | <p>"Superiority is the ultimate goal toward which we strive."(Schultz and Schultz 118)</p> <p>"Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward" (Lemma 195).</p> | <p>Audrey is able to get a phone is a step towards her perfection, and her texting Linus shows her improvement that is categorized as her superiority state. From cannot have phone and having a phone, also having someone other than her family to contact to shows her superiority.</p> |

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| | <p>away and there's his response:</p> <p>Sure. When? (Kinsella 148-149)</p> | | | | <p>"the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self-assured, perfect, important, valuable, courage, determined". (Zoltan 12)</p> | |
| 9. | <p>As I reach the town centre the crowds become denser and the shop fronts are bright and noisy, and with every step I have a stronger desire to run, but I don't. I push on. It's like climbing a mountain, I tell myself. Your body doesn't want to do it, but you make it. And then, at last, I've made it to Starbucks. As I approach the familiar façade I feel kind of exhausted, but I'm giddy too. I'm here. I'm here!(Kinsella 151)</p> | Monologue | PF 3 (Superiority) | 151 | <p>"Superiority is the ultimate goal toward which we strive."(Schultz and Schultz 118) "Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization.</p> | <p>The quotation above shows Audrey's improvement and her step towards superiority. She is asked to go to Starbuck to conquer her mental illness, and with her promise to Linus, she can do it. She is improving and moving forward.</p> |

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| | | | | | Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured,perfect, important, valuable, courage, determined ”. (Zoltan 12) | |
| 10. | ‘So, bearing in mind it’s dark and all,’ says Linus, casually, ‘what about . . .thumb contact? Just to see if you can do it. Like an experiment.’ ‘Right.’ I nod,feeling a little flip in my stomach. ‘Um. OK. Why not?’ I feel his hand make its way towards mine. Our thumbs find each other and his skin is dry and warm and kind of how I expected it to be. His thumbnail circles mine and I playfully | Dialogue | PF 3 (Superiority) | 166- 167 | “Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) “Superiority is not necessarily mean power over other or competitive | In the dark room, Audrey and Linus try many ways of contact, like thumb contact. It is her first time to do so after the bullying incident, it shows her improvement and her reach her state of superiority. |

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| | dodge his, and he laughs. ‘So you’re OK with thumb contact.’ ‘Thumb contact is good.’ I nod. (Kinsella 166-167) | | | | success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured, perfect, important, valuable, courage, determined ”. (Zoltan 12) | |
| 11. | ‘Get Ribena too,’ I say. ‘And what’s it. Nurofen. Write it down.’ I turn to make sure Frank is listening – but he’s not writing anything down. He’s just standing there, giving me this weird, very un-Frank | Dialogue | PF 3 (Superiority) | 171 | “Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) | After a while, Audrey seemed to be better. We can see it from this quotation, in which she is taking care of her mother who is sick, when in the old days |

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| | <p>look. His head is tilted and he looks sort of fascinated, or curious, or something. ‘What?’ I say defensively. ‘Look, I know it’s Friday, but Mum’s ill.’ ‘I know,’ says Frank. ‘It’s not that. It’s . . .’ He hesitates. ‘D’you know something, Aud? You wouldn’t have done this when you first came back from hospital. You’ve changed.’ I’m so taken aback, I don’t know what to say. Like, first of all I didn’t think Frank ever noticed things about me. And second of all, is that true? I try to think back, but it’s a bit hazy. This is a side-effect of depression, Dr Sarah has told me. Your memory gets shot to pieces. Which, you know, can be a good thing or a bad thing. ‘Really?’ I say at last. (Kinsella 171)</p> | | | <p>“Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self - assured, perfect, important, valuable, courage, determined”. (Zoltan 12</p> | <p>she would never do that. It shows her improvement in striving for her superiority and to conquer her inferiority. It shows Audrey being independent and also caring about other members of her family, which is the characteristic of superiority.</p> |
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| 12. | <p>I'm doing it. I'm getting better. Not just baby-steps better; massive-great-strides better. It's three weeks later and I'm feeling more on top of it than ever. I've been to Starbucks three times, Costa once and The Ginger Biscuit once for milkshakes. I know! Dr Sarah was, like, 'Audrey, you are making strides!' Then she told me not to go too fast too soon, yadda yadda, but you could tell she was impressed. I've even had lunch at a pizza restaurant! I had to leave before pudding because the restaurant suddenly got too clattery and threatening – but still, I lasted a whole Quattro Staggioni. Mum and Dad came too, and Linus and Frank and Felix, and it felt like we were . . . you know. A normal group. (Kinsella 185)</p> | Monologue | PF 3 (Superiority) | 185 | <p>“Superiority is the ultimate goal toward which we strive.”(Schultz and Schultz 118) “Superiority is not necessarily mean power over other or competitive success. It refers to a more general goal of perfection and self realization. Human beings, therefore constantly strive to move upward” (Lemma 195). “the person in position in a position of superiority is independent, strong, superior, able, appropriate, component, self -</p> | <p>The monologue points out Audrey acts to strive for her superiority to gain results. After her meeting with Linus, she opens up with a new opportunity to be better. From cannot meet strangers to meet a lot of strangers. Audrey can even eat in crowded places, where she used to avoid. It shows her stepping towards her perfection. It shows her action to strive for her superiority is having a result. Even though she still cannot do a lot of things, she is improving.</p> |
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