

CHAPTER I

INTRODUCTION

A. Background of the Study

Human may have bad experiences. People will not be able to escape from the bad thing, but they can avoid it in a certain way. A bad experience could make people feel anxiety. According to Sigmund Freud “Anxiety as the symptomatic expression of the inner emotional conflict caused when a person suppresses from conscious awareness experience” (Adler 117). Prince said, “Anxiety is the opposite of pleasure in psychoanalysis. If pleasure is ‘happy and good thing’ while anxiety is ‘sad and bad thing’s” (George 2). The anxiety usually represses into unconscious experiences in humans, people will never be aware of that got a basic of anxiety. “human have basic desires which press for gratification. If these desires are not fulfilled their driving energy will continue to rever be rate in the mental apparatus” (Chapman 1). The words tell that anxiety is raised when Id continuously encourages Ego to fulfill the desire.

According to Sigmund Freud, “Psychoanalysis is one of those rare intellectual achievements that had the effect of radically transforming human self-understanding” (Stey 20). According to the Freud “the human mind is like an iceberg. It is mostly hidden in the unconscious. He believed that the conscious level of the mind was similar to the tip of iceberg which could be seen, but the unconscious was mysterious and was hidden” (Patel 11). Both of them have a common similarity, because the experience cannot be separated from psychology.

This psychology will make people's subconscious to be thinking something people want to achieve, and something that makes us feel disturbed.

This paper takes the theory from Sigmund Freud. Freud was the inventor of the theory of psychoanalysis in the field of psychology. The concept of Freud's most famous theory is about the existence of an unconscious that controls most of the behavior of id, ego, and superego. There are also defense mechanisms which are psychological strategies carried out by a person, group of people, or even a nation to deal with reality and maintain a self-image. People usually use various defense mechanisms throughout their lives, some people unknown that they use the defense mechanism, Dr. C. George Boeree said:

“The ego deals with the demands of reality, the id, and the superego as best as it can. But when the anxiety becomes overwhelming, the ego must defend itself. It does so by unconsciously blocking the impulses or distorting them into a more acceptable, less threatening form” (Boeree 2).

The Anxiety and the defense mechanism can be found in the main character in Charlie in *The Perks of being wallflower*. It is a film that tells about the life of a teenager who has traumatic with his childhood. He is a person who is difficult to get along with his friend and his love. He can experience the anxiety if he meets with many people and when he wants to date with a girl that he loves . This is because of his traumatic childhood when he get a sexual harassment by his aunty. His name is Charlie. He did some defense mechanisms to reduce his anxiety. *The Perks of being a wallflower* film is one of the literary work that can be analyzed

by psychoanalysis approach of Sigmud Freud's theory. Thus, this study analyzes anxiety in the main character of *The Perks of being a wallflower* film.

B. Limitation of the Study

The study limitation is finding anxiety in the main character Charlie, through psychoanalysis theory by Sigmund Freud.

C. Problem Formulation

This study discussess two important problems, they are:

1. How are anxiety described in the main character of "Charlie" in *The Perks of being a wallflower* film?
2. How does the main character "Charlie" do the defense mechanism according to Sigmund Freud's theory in *The Perks of being a wallflower* film?

D. Objectives of the Study

The objectives of the study are :

1. To describe the anxiety of main character "Charlie" in *The Perks of being a wallflower* Film.
2. To discuss the Defence Mechanism done by the main character "Charlie" to reduce his anxiety.

E. Significance of the Study

The Writers hopes that this study will be helpful the readers to understanding psychoanalysis theory. To make the reader knows about the concept of anxiety, and realizing the psychological aspect of character in *The Perks of being a wallflower* film. And help understand this topic in Faculty of language Sultan Agung Islamic University and also other people who are interested in this topic.

F. Outline

This Chapter one consist with the background of the study, limitation of the study, problem formulation, objectives of the study and significance of the study. In chapter two is an review of related literature that covers synopsis and the discussion of the theory which is used in the study. This chapter three consists of research method which deals with types of the Data, Data Organizing, and Analyzing the Data. Chapter fourth mentions findings and discussion the point of the meaning of anxiety and the defense mechanism toward the main characters's Charlie as reflected in *The Perks of Being a Wallflower Film*. The last chapter contains the conclusion and suggestion.