

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG
Skripsi, Januari 2020**

ABSTRAK

Siti Alisah

***STUDY DESKRIPTIF* AKTUALISASI DIRI MAHASISWA DALAM
PENGGUNAAN METODE PBL (*PROBLEM BASED LEARNING*)
DENGAN *SEVEN JUMP* DI PRODI S1 KEPERAWATAN FAKULTAS
ILMU KEPERAWATAN UNIVERSITAS ISLAM SULTAN AGUNG
SEMARANG**

61 halaman + 8 tabel + 2 gambar + 14 lampiran + xvi

Latar Belakang: PBL (*Problem Based Learning*) yaitu mahasiswa menggali informasi terkait masalah yang ada dengan bukti ilmiah. Mengasah kemampuan aktualisasi diri dalam metode pembelajaran dengan *seven jump* dapat dicapai dengan mengembangkan kemampuan yang dimiliki saat memecahkan masalah. Tujuan penelitian ini mengetahui gambaran aktualisasi diri mahasiswa dalam penggunaan metode PBL (*Problem Based Learning*) dengan *seven jump* di Prodi S1 Keperawatan Fakultas Ilmu Keperawatan Universitas Islam Sultan Agung Semarang.

Metode: Penelitian ini menggunakan metode deskriptif. Teknik pengambilan sampel menggunakan total sampling dengan jumlah responden sebanyak 207 responden.

Hasil: Hasil penelitian diperoleh dari 207 responden, sebanyak 26 responden (12,6%) mempunyai aktualisasi diri tinggi, 101 responden (48,8%) mempunyai aktualisasi diri sedang, 69 responden (33,3%) yaitu mendekati aktualisasi diri dan 11 responden (5,3%) mempunyai aktualisasi diri rendah.

Kesimpulan dan Saran: Penelitian ini didapatkan bahwa gambaran aktualisasi diri mahasiswa dalam penggunaan metode PBL (*Problem Based Learning*) dengan *seven jump* di Fakultas Ilmu Keperawatan Islam Sultan Agung Semarang terbanyak yaitu kategori sedang.

Kata Kunci : Aktualisasi diri, *Problem Based Learning*, *Seven Jump*

Daftar Pustaka : 33 (2008-2018)

NURSING SCIENCE STUDY PROGRAM
FACULTY OF NURSING SCIENCE
UNIVERSITY OF ISLAMIC SULTAN AGUNG SEMARANG
Thesis, January 2020

ABSTRACT

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DESCRIPTIVE STUDY OF SELF-ACTUALIZATION OF STUDENTS IN THE USE OF THE PBL (PROBLEM BASED LEARNING) METHOD WITH JUMP SEVEN IN THE NURSING FACULTY OF NURSING SCIENCE FACULTY OF ISLAMIC UNIVERSITY OF SULTAN AGUNG SEMARANG

61 pages + 8 tables + 2 pictures + 13 appendices + xvi

Background: PBL (Problem Based Learning), namely students explore information related to existing problems with scientific evidence. Sharpening the ability of self-actualization in the learning method with seven jumps can be achieved by developing the ability possessed when solving problems. The purpose of this study is to find out the self-actualization of students in the use of the PBL (Problem Based Learning) method with seven jumps in Nursing S1 Study Program, Faculty of Nursing, Islamic University Sultan Agung Semarang.

Method: This research uses a descriptive method. The sampling technique uses total sampling with a total of 207 respondents.

Results: The results were obtained from 207 respondents, 26 respondents (12.6%) had high self-actualization, 101 respondents (48.8%) had moderate self-actualization, 69 respondents (33.3%) were close to self-actualization and 11 respondents (5.3%) have low self-actualization.

conclusion: This study found that the most self-actualization description of students in using PBL (Problem Based Learning) method with seven jumps at the Sultan Agung Islamic Nursing Faculty of Semarang was the medium category.

Keywords : Self-actualization, Problem Based Learning, Seven Jump

Bibliography : 33 (2008-2018)