

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG
Skripsi, Januari 2020**

ABSTRAK

Titin Mardianty

**STUDI DESKRIPTIF PERILAKU LANSIA DALAM MELAKUKAN PHBS
RUMAH TANGGA DI KELURAHAN BANGETAYU WETAN**

54 halaman + 11 tabel + 2 gambar + 16 lampiran + xvii

Latar Belakang : Masa lansia yakni masa dimana seseorang telah memasuki umur 60 tahun keatas, dimasa itu seseorang akan mengalami proses dengan again process. jumlah penduduk di Indonesia berusia 60 tahun keatas sebesar 5,3 juta (4,5%) dari jumlah penduduk. jumlah ini meningkat menjadi \pm 11,3 juta (6,4%). Tujuan mengetahui deskripsi prilaku lanjut usia dalam melakukan PHBS rumah tangga di Kelurahan Bangetayu Wetan.

Metode : Penelitian ini termasuk pada tipe penelitian deskriptif. Pengumpulan data menggunakan kuesioner perilaku lansia dalam PHBS. Jumlah sampel 168 klien dengan *purposive sampling*.

Hasil : berdasarkan hasil penelitian sebagian besar responden memiliki karakteristik umur 60-74 tahun sebanyak 85,2%, karakteristik jenis kelamin perempuan 56,8%, karakteristik tingkat pendidikan tidak sekolah 56,8%, karakteristik tingkat perilaku responden yang baik sebanyak 79,9%.

Simpulan : hasil penelitian ini didapatkan bahwa distribusi responden berdasarkan tingkat perilaku responden yang kurang sebanyak 1 orang (6,6%) responden cukup sebanyak 32 orang (18,9%) dan responden baik sebanyak 135 orang (79,9%).

Kata Kunci : perilaku lansia dalam PHBS

Daftar Pustaka : 32 (2006-2019)

NURSING SCIENCE STUDY PROGRAM
FACULTY OF NURSING SCIENCE
ISLAMIC UNIVERSITY OF SULTAN AGUNG SEMARANG
Thesis, January 2020

ABSTRACT

Titin Mardianty

**DESCRIPTIVE STUDY OF ELDERLY BEHAVIOR IN DOING
HOUSEHOLD PHBS IN BANGETAYU WETAN VILLAGE**

54 pages + 11 tables + 2 pictures + 16 attachments + xvii

Background: *Old age is a period where someone has entered the age of 60 years and over, at that time someone will experience a process with a again process. the population in Indonesia aged 60 years and over is 5.3 million (4.5%) of the total population. this number increased to ± 11.3 million (6.4%), The purpose is to find a description of elderly behavior in conducting PHBS in households in the Bangetayu Wetan Village.*

Method: *This research is included in the type of descriptive research. Data collection uses elderly behavior questionnaire in PHBS. Total sample of 168 clients with purposive sampling.*

Results: *based on the results of the study most of the respondents had age characteristics of 60-74 years as much as 85.2%, female sex characteristics 56.8%, characteristics of non-school education level 56.8%, characteristics of the level of good behavior of respondents 79.9 %.*

Conclusion: *the results of this study found that the distribution of respondents based on the level of behavior of respondents who were less as many as 1 person (6.6%) enough respondents as many as 32 people (18.9%) and good respondents as many as 135 people (79.9%).*

Keywords : *elderly behavior in PHBS*

Bibliography : *32 (2006-2019)*