

ABSTRAK

Latar Belakang: Ginjal yang terpapar oleh bahan toksik akan mengganggu sistem metabolisme. Salah satu zat yang menyebabkan penyakit ginjal karbon tetraklorida (CCL₄). propolis memiliki kandungan senyawa *Caffeic acid phenethyl ester* (CAPE) propolis menghambat reaksi oksidatif yang berlebihan akibat adanya proses inflamasi maupun metabolisme, mencegah kerusakan ginjal.

Tujuan: Membuktikan pengaruh ekstrak propolis terhadap kadar kreatinin dan histopatologi ginjal tikus yang di induksi karbon tetraklorida (CCL₄).

Metode: Penelitian eksperimental dengan desain penelitian post test *only control group design*. Jumlah sampel 28 ekor tikus jantan wistar, dibagi menjadi empat kelompok. Kelompok K1 (diinjeksi CCL₄) serta kelompok P1,P2 dan P3 (diinjeksi dosis 3,6 mg/200gr, 7,2 mg/200gr dan 14,4 mg/200gr). Pemberian ekstrak propolis diberikan selama 14 hari, dan pada hari ke-14 diberikan CCL₄. Kadar kreatinin di uji menggunakan uji *One Way Anova* dilanjutkan dengan uji *Post Hoc LSD*. Histopatologi ginjal diuji menggunakan *Kruskal Wallis* dilanjutkan *Mann-Whitney U*.

Hasil: Hasil analisis uji *Post Hoc LSD* menunjukkan bahwa kadar kreatinin pada kelompok P1 (2,61±,083), P2 (1,75±1,75) P3 (1,13±,077) lebih kecil dari pada K1 (3,18±,065) P<0,05. Adapun uji statistik histopatologi ginjal menunjukkan bahwa (p<0,05) ada perbedaan K1,P1,P2, dan P3.

Kesimpulan: Pemberian Ekstrak CMCE propolis mampu menurunkan kadar kreatinin dan perbaikan histopatologi ginjal tikus jantan wistar yang di induksi karbon tetraklorida (CCL₄).

Kata Kunci: Ekstrak CMCE propolis, kadar kreatinin Histopatologi Ginjal

ABSTRACT

Background: Kidneys exposed to toxic substances will disrupt the metabolic system. One of the substances that causes kidney disease is carbon tetrachloride (CCL₄). propolis contains the compound Caffeic acid phenethyl ester (CAPE) propolis inhibits excessive oxidative reactions due to inflammation and metabolic processes, preventing kidney damage.

Objective: To prove the effect of propolis extract on creatinine levels and renal histopathology of rats induced by carbon tetrachloride (CCL₄).

Method: Experimental research with post test only control group design research design. The number of samples was 28 wistar male rats, divided into four groups. K1 group (injected with CCL₄) and group P1, P2 and P3 (injected dose of 3.6 mg / 200gr, 7.2 mg / 200gr and 14.4 mg / 200gr). Provision of propolis extract is given for 14 days, and on day 14 is given CCL₄. Creatinine levels were tested using the One Way Anova test followed by the LSD Post Hoc test. Renal histopathology was tested using the Kruskal Wallis followed by Mann-Whitney U.

Results: The results of the LSD Post Hoc test analysis showed that creatinine levels in group P1 (2.61 ± 0.83), P2 (1.75 ± 1.75) P3 (1.13 ± 0.77) were smaller than K1 (3.18 ± 0.65) P <0.05. The statistical test of renal histopathology shows that (p <0.05) there are differences in K1, P1, P2, and P3.

Conclusion: The administration of CMCE propolis extract was able to reduce creatinine levels and improve histopathology of renal wistar male rats induced by carbon tetrachloride (CCL₄).

Keywords: CMCE propolis extract, creatinine level of kidney histopathology