

**PROGRAM STUDI ILMU KEPERAWATAN  
FAKULTAS ILMU KEPERAWATAN  
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG  
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**ABSTRAK**

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**GAMBARAN *POST TRAUMATIC GROWTH* (Ptg) PADA PASIEN  
KANKER PAYUDARA PASCA MASTEKTOMI DI RUMAH SAKIT  
ISLAM SULTAN AGUNG SEMARANG**

68 halaman + 11 tabel + 2 gambar + 13 lampiran + xvii

**Latar Belakang:** *Post Traumatic Growth* (Ptg) adalah perubahan positif yang terjadi sebagai hasil perjuangan individu dalam menghadapi reaksi negative dari sebuah kejadian traumatic. Penelitian ini bertujuan untuk melihat dinamika munculnya *post traumatic growth* pada pasien kanker payudara pasca menjalani mastektomi.

**Metode:** Penelitian ini termasuk dalam penelitian deskriptif kuantitatif. Subjek penelitian ini dipilih menggunakan teknik total sampling. dengan menggunakan 82 subjek yang sudah melakukan tindakan pengangkatan payudara atau mastektomi. Metode yang digunakan untuk mengukur *post traumatic growth* peneliti menggunakan alat ukur berupa kuesioner *Post Traumatic growth Inventory* (PTGI).

**Hasil Penelitian:** Hasil penelitian menggambarkan bahwa dari 82 subjek yang diteliti keseluruhan memiliki PTG yang tinggi. Aspek-aspek dari *post traumatic growth* yaitu, penghargaan terhadap hidup 81 orang (98.8%), hubungan dengan orang lain 81 orang (98.8%), kekuatan dalam diri 82 orang (100.0%), kemungkinan baru 77 orang (93.9%), dan perkembangan spiritual 76 orang (92.7%).

**Kesimpulan:** Adanya hasil dari penelitian menggambarkan bahwa dari aspek-aspek *post traumatic growth* terdapat hasil keseluruhannya yang mengalami *post traumatic growth* rendah sebesar 6 orang (7.3%) dan tinggi sebesar 76 orang (92.7%), yang berarti keseluruhannya tinggi atau sudah baik.

**Kata Kunci:** *Post Traumatic Growth* (Ptg), kanker payudara, pasca mastektomi

**Daftar Pustaka:** 2004 - 2017

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### **ABSTRACT**

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**DESCRIPTION *POST TRAUMATIC GROWTH* (Ptg) IN POST  
MASTECTOMY BREAST CANCER PATIENTS IN THE GREAT  
SULTAN AGUNG ISLAMIC HOSPITAL SEMARANG**

68 pages + 11 tables + 2 pictures + 13 appendices + xvii

### **ABSTRAK**

**Background:** Post Traumatic Growth (PTG) is a positive change that occurs as a result of individual struggles in facing negative reactions from a traumatic event. This study aims to look at the dynamics of the emergence of post traumatic growth in breast cancer patients after undergoing a mastectomy.

**Method:** This study was categorized as quantitative descriptive research. The subject of this study was selected using total sampling technique in which 82 subjects who had taken breast removal or mastectomy were used as the subject. Post Traumatic growth Inventory (PTGI) questionnaire was used as an instrument to measure post traumatic growth.

**Research Results:** The results of the study showed that all of the 82 subjects in this research had high PTG. Aspects of post traumatic growth were the appreciation of the lives, 81 respondents (98.8%), relationships with other people, 81 respondents (98.8%), inner strength, 82 respondents (100%), new possibility, 77 respondents (93.9%), and spiritual development, 76 respondents (92.7%).

**Conclusion:** The results of the study revealed that based on post traumatic growth aspects there were 6 respondents (7.3%) who had low post traumatic growth and 76 respondents (92.7%) who had high post traumatic growth. These results mean that almost all of the respondents had high or good post traumatic growth

**Keyword :** Post Traumatic Growth (Ptg), breast cancer, post mastectomy

**Daftar Pustaka:** 2004 – 2017