

**PROGRAM STUDI ILMU KEPERAWATAN  
FAKULTAS ILMU KEPERAWATAN  
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG  
Skripsi, Februari 2019**

**ABSTRAK**

**Tatu Maftuhatus Sa'adah**

**HUBUNGAN DUKUNGAN KELUARGA DENGAN PENERAPAN *SELF CARE* PADA  
KLIEN HIPERTENSI DI WILAYAH KERJA PUSKESMAS BANGETAYU SEMARANG**

115 Halaman+9 Tabel+Gambar+Lampiran

Latar belakang: Hipertensi merupakan penyakit degeneratif yang perlu mendapat perhatian lebih, oleh karenanya dibuatlah inovasi dalam bentuk penerapan *self care* hipertensi. Tujuan penelitian ini untuk mengetahui hubungan dukungan keluarga dengan penerapan *self care* di Wilayah Kerja Puskesmas Bangetayu Semarang.

Metode: Penelitian ini menggunakan metode *korelasional* dengan pendekatan *cross sectional*. Pengumpulan data dilakukan dengan kuisioner. Jumlah responden 132 dengan teknik *Quota Sampling*. Pengolahan data menggunakan *uji gamma*.

Hasil: Penelitian menunjukkan 37,1% responden berusia 36–45 tahun, 53,8% responden berjenis kelamin perempuan, 51,5% responden mengalami hipertensi derajat 1, 73,5% responden mendapatkan dukungan keluarga baik, 70,5% responden menerapkan *self care* baik, 86 responden mendapatkan dukungan keluarga baik dengan penerapan *self care* baik, 8 responden mendapatkan dukungan keluarga cukup dengan penerapan *self care* cukup dan 15 responden mendapatkan dukungan keluarga buruk dengan penerapan *self care* buruk.

Simpulan: Ada hubungan dukungan keluarga dengan penerapan *self care* pada klien hipertensi di Wilayah Kerja Puskesmas Bangetayu Semarang. Nilai p-value 0,000 p-value <0,05 dan nilai (r) 0,947.

Kata kunci: Dukungan keluarga, Penerapan *self care*, Hipertensi

**Daftar Pustaka:** 49 (2001-2017)

**NURSING STUDY PROGRAM  
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***ABSTRACT***

**Tatu Maftuhatus Sa'adah**

**FAMILY SUPPORT RELATIONSHIPS WITH THE ADOPTION OF SELF-CARE TO  
CLIENTS IN THE WORKING AREA HEALTH CENTERS HYPERTENSION  
BANGETAYU SEMARANG**

115 pages + 9 tables + pictures + appendix

**Background:** Hypertension was a degenerative disease that needs more attention, therefore, made an innovation in the form of self-care application hypertension. The purpose of this study to determine the relationship of family support with the implementation of the clients self-care health centers Bangetayu hypertension in Semarang.

**Method:** This research used correlational method with cross sectional approach. Data was collected by questionnaire. The number of respondents 132 with quota sampling technique. Data processing using gamma test.

**Results:** Research show 37.1% of respondents aged 36-45 years, 53.8% of respondents were female, 51.5% of respondents have hypertension grade 1, 73.5% of respondents a good family support, 70.5% of respondents apply self care well, 86 respondents support a good family with good self-care application, 8 respondents get family support simply by the application of enough self-care and 15 respondents support poor families with poor self-care application.

**Conclusion:** There is a relationship between family support with the implementation of the clients self-care health centers Bangetayu hypertension in Semarang. p-value of 0.000 p-value <0.05 and value (r) 0.947.

**Keywords:** Family support, adoption of self-care, hypertension.

**Bibliography:** 49 (2001-2017)