

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG
SKRIPSI, JANUARI 2019**

ABSTRAK

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**HUBUNGAN ANTARA STATUS GIZI DENGAN KESEJAHTERAAN
JANIN PADA IBU HAMIL TRIMESTER III DIPUSKESMAS
BANGETAYU SEMARANG**

45 halaman + 4 tabel + 2 gambar + 13 lampiran + vix

Latar Belakang : Status gizi ibu hamil adalah salah satu dari indikator dalam pengukuran status gizi makanan dan zat-zat gizi lainnya. Jika asupan gizi ibu hamil tidak seimbang maka akan terjadi defisiensi zat gizi, kehamilan dapat menyebabkan peningkatan metabolisme energi. Ibu hamil sangat memerlukan energy zat-zat nutrisi selama hamil supaya tidak kekurangan gizi. Dari kandungan ibu yang sangat kurang dapat berpengaruh pertumbuhan janin menjadi tidak sempurna. Tujuan peneliti ini adalah mengetahuinya hubungan antara status gizi dengan kesejahteraan janin trimester III dipuskesmas bangetayu semarang.

Metode : Penelitian ini menggunakan desain *cross sectional*. Pengumpulan data menggunakan pengukuran lila, berat badan dan djj tinggi badan dan berat badan selanjutnya dihitung nilai melakukan wawancara dan lembar observasi. Jumlah sampel penelitian ini adalah 86 ibu hamil trimester III dengan metode *total sampling*. Data yang diperoleh diolah menggunakan uji *chi square*.

Hasil : Hasil analisis univariat status gizi terbanyak ialah normal sebanyak 8 responden (9,3%) dan DJJ normal bawah sebanyak 34 responden dan normal atas 52 responden (52%) dari 86 Responden keseluruhan. Hasil dari uji chi square didapatkan nilai $p = 0,632$ nilai tersebut kurang dari 0,05, sehingga H_0 ditolak

Simpulan : Terdapat tidak ada hubungan yang bermakna antara Status gizi dengan kesejahteraan janin dipuskesmas bangetayu semarang.

Kata Kunci : Status gizi, Kesejahteraan janin, dan ibu hamil trimester III

Daftar Pustaka : 29 (2010-2017)

UNDERGRADUATE NURSING STUDY PROGRAM
FACULTY OF NURSING SCIENCE
SULTAN AGUNG ISLAMIC UNIVERSITY OF SEMARANG
Mini Thesis, February 2018

ABSTRACT

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RELATIONSHIP BETWEEN NUTRITION STATUS AND FETAL WELFARE IN PREGNANT TRIMESTER III MOTHER IN BANGETAYU PUSKESMAS SEMARANG

45 pages + 4 tables + 2 pictures + 13 appendices + xiv

Background: Nutritional status of pregnant women is one of the indicators in measuring the nutritional status of food and other nutrients. If the nutritional intake of pregnant women is not balanced, there will be a deficiency of nutrients, pregnancy can cause an increase in energy metabolism. Pregnant women really need nutrients energy during pregnancy so as not to lack nutrition. From the content of the mother who is very less able to influence fetal growth becomes imperfect. The aim of this researcher was to find out the relationship between nutritional status and third trimester fetal wellbeing in Bangetayu Semarang.

Methods: This study used a cross sectional design. Data collection used measurements of lila, body weight and height and weight and then calculated the value of conducting interviews and observation sheets. The total sample of this study were 86 trimester III pregnant women with the total sampling method. The data obtained is processed using the Gamma test

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Result : The results of univariate analysis of the most nutritional status were normal as many as 8 respondents (9.3%) and lower normal DJJ as many as 34 respondents and normal for 52 respondents (52%) out of 86 respondents overall. The results of the chi square test found that the value of $p = 0.632$ was less than 0.05, so H_a was rejected.

Conclusion : There is no significant relationship between nutritional status and the wellbeing of the fetus.

Keywords: *Nutritional status, body image, and age of young women*

Bibliography : 29 (2008-2018)