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**ABSTRACT**

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**THE EFFECT OF WARM COMPRESS COMBINATION AND AL QUR'AN MUROTTAL THERAPY ON DECREASING LEVEL OF BACK PAIN ON TRIMESTER III PREGNANCY IN DELIMA MATERNITY HOSPITAL SEMARANG**

50 Pages + 5 tables + 3 figure + 15 appendices + xiii

**Background:** Back pain is pain that is experienced by pregnant women who usually will increase in intensity as you get older. The purpose of this study was to determine the effect of a combination of warm compresses and murottal Al-Qur'an therapy on decreasing back pain in the third trimester of pregnancy at the Delima Maternity Hospital Semarang.

**Method:** This of research was experimental with approximal one grup pre test–post test design. The process of collecting the data used observation. The sampling technique used total sampling with number of sample are 20 respondents.

**Result:** Wilcoxon test was used to analyze the data, the result are p-value = 0,000(<0,05). This shows that there is an effect of a combination of warm compresses and murottal Al-Qur'an therapy to decrease the level of back pain.

**Conclusion:** There is an effect of a combination of warm compresses and murottal Al-Qur'an therapy on decreasing levels of back pain in the third trimester of pregnancy at the Delima Maternity Hospital Semarang.

**Key word:** Warm compresses, Murottal Therapy, Back Pain, Trimester III Pregnancy

**References:** 30 (2009-2018)