

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KEPERAWATAN
UNIVERSITAS ISLAM SULTAN AGUNG SEMARANG
Skripsi, 8 Februari 2019**

ABSTRAK

Dian Melissan

HUBUNGAN ANTARA INKONTINENSIA URIN DENGAN KUALITAS HIDUP PADA LANSIA

60 halaman + 7 tabel + 2 gambar + 11 lampiran + xv

Latar Belakang: Proses penuaan menimbulkan berbagai masalah kesehatan salah satu masalah kesehatan yang timbul pada lansia yaitu inkontinensia urin. Secara psikososial akan menyebabkan lansia merasa malu, terisolasi dan depresi yang berakibat buruk terhadap kualitas hidup. Lansia membutuhkan kualitas hidup yang baik agar lansia dapat menjalani masa tuanya dengan baik dan memuaskan. Kondisi hidup yang menunjang juga amat dibutuhkan agar lansia tidak merasa tertekan karena ketidaksiapan memasuki masa tuanya. Tujuan penelitian ini untuk mengetahui Hubungan Antara Inkontinensia Urin Dengan Kualitas Hidup Pada Lansia.

Metode: Penelitian ini merupakan penelitian *survey kuantitatif (non-eksperimental)* dengan pendekatan *Cross Sectional*. Pengumpulan data dilakukan dengan kuesioner. Jumlah responden sebanyak 68 dengan tehnik total sampling. Data yang diperoleh diolah secara statistik dengan menggunakan uji *Chi-Square*.

Hasil: Berdasarkan hasil analisa diperoleh bahwa dari 68 responden lansia yang mengalami inkontinensia urin sebanyak 31 (45,6%), dan yang tidak mengalami inkontinensia urin sebanyak 37 (54,4%). Lansia yang kualitas hidupnya baik sebanyak 50 (73,5%) dan yang kualitas hidupnya buruk sebanyak 18 (26,5%).

Simpulan: Terdapat hubungan antara inkontinensia urin dengan kualitas hidup pada lansia dengan nilai *p value* 0,002 (*p value* <0,05).

Kata Kunci : Inkontinensia Urin, Kualitas Hidup, Lansia

Daftar Pustaka : 53 (2008 – 2015)

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ABSTRACT

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**THE RELATIONSHIP BETWEEN URINARY INCONTINENCE AND
QUALITY OF LIFE IN THE ELDERLY**

60 pages + 7 tables + 2 pictures + 11 appendices + xv

Background: The aging process raises a variety of health problems, one of the health problems that arise in the elderly is urinary incontinence. Psychosocially will cause the elderly to feel embarrassed, isolated and depressed which has a negative effect on quality of life. Elderly people need a good quality of life so that the elderly can live their old years well and satisfactorily. Supportive living conditions are also very much needed so that the elderly do not feel pressured because they are not ready to enter their old age. The purpose of this study was to determine the relationship between urinary incontinence and quality of life in the elderly.

Method: This research is a quantitative (non-experimental) survey with a Cross Sectional approach. Data collection is done by questionnaire. The number of respondents was 68 with a total sampling technique. The data obtained was processed statistically using the Chi-Square test.

Result: Based on the results of the analysis, it was found that of 68 elderly respondents who experienced urinary incontinence as many as 31 (45.6%), and those who did not experience urinary incontinence as much as 37 (54.4%). Elderly people with good quality of life were 50 (73.5%) and those with poor quality of life were 18 (26.5%).

Conclusion: There is a relationship between urinary incontinence and quality of life in the elderly with a p value of 0.002 (p value <0.05).

Keyword : Urinary Incontinence, Quality of Life, Eldery
Bibliography : 53 (2008 – 2015)