

**PROGRAM STUDI DIPLOMA III KEPERAWATAN FAKULTAS
ILMUKEPERAWATA UNIVERSITAS ISLAM SULTAN AGUNG
SEMARANG**

Karya ilmiah, Maret 2018

ABSTRAK

Luthfatul Jannah (2018)

**PENERAPAN TERAPI MURATAL SURAH AR RAHMAN
DAN AROMA TERAPI LAVENDER UNTUK MENGURANGI
NYERI PADA PASIEN POST SC**

Latar Belakang: *Sectio caesarea* adalah tindakan pembedahan untuk melahirkan bayi melalui insisi pada dinding abdomen dan uterus

Metode: Penulisan studi kasus ini merupakan penelitian melalui *descriptive studi*, pengumpulan data melakukan asuhan keperawatan terhadap Ny.P P2A1 dengan indikasi post SC. dilaksanakan pada 8-11 Maret 2018

Hasil: Dari hasil Terapi murottal Al Quran Surah Ar Rahman dan Terapi Aroma Lavender untuk mengurangi nyeri pada pasien post SC

Simpulan: Berdasarkan hasil studi kasus ini diharapkan Terapi murottal Al Quran Surah Ar Rahman dan Terapi Aroma Lavender untuk mengurangi nyeri pada pasien post SC.

Kata Kunci: Terapi aroma Lavender, murottal surat Ar-rahman, nyeri post SC, **Daftar Pustaka:** 43 (2005-2014)

**DIPLOMA STUDY PROOGRAM 3 NURSING FACULTY OF
SCIENCE OF ISLAMIC UNIVERSITY SULTAN
AGUNGSEMARANG**

Scientific work, March 2018

ABSTRACT

Luthfatul Jannah (2018)

**APPLICATION OF MURATAL SURAH AR RAHMAN AND
THERAPY OF LAVENDER TO REDUCE PAIN IN POST OP SC
PATIENTS**

Backgroud: Sectio is a surgical act to deliver a baby through an incision in the abdominal wall and the uterus.

Methods: the writing of this case study was a study through descriptive study, data collection performed nursing care for Ny.P P2A1 wiith. Post SC indication held on 8-11 March 2018.

Result: from the test result of application of therapy of lavender and murottal therapy showed there is a signification correlation between the degree of decrease of degree of post sectio caesare pain

Conclusion: Based on the result of this case study it is hoped that the application of therapy of lavender and murottal color combination therapy letter ar rahman can reduce pain in post SC patients.

Keywords: laveder therapy, murdrawal letter ar rahman post pain SC.

Bibliography: 43 (2005-2014)