

DAFTAR PUSTAKA

- Åkerstedt T., Wright K.P., 2009, Sleep Loss and Fatigue in Shift Work and Shift Work Disorder, *Sleep Med Clin* 1; 4(2): 257–271.
- Alebiosu O.C., Ogunsemi O.O., Familoni O.B., Adebayo, Ayodele O.E., 2009, Quality of sleep among hypertensive patients in a semi-urban Nigerian community: A prospective study, *Postgraduate Medicine* 121(1); 166-172.
- Amir N., 2007, Gangguan tidur pada lanjut usia diagnosis dan penatalaksanaan, *Cermin Dunia Kedokteran* 157:196-206.
- Anunciato I.F., Lobo R.R., Coelho E.B., Verri W.A, Eckeli A.L., Evora P.R., 2013, Big endothelin-1 and nitric oxide in hypertensive elderly patients with and without obstructive sleep apnea-hypopnea syndrome, *Arq Bras Cardiol* 101(4):344-51.
- Bansil P., Kuklina E.V., Merritt R.K., Yoon P.W., 2011, Associations Between Sleep Disorders, Sleep Duration, Quality of Sleep, and Hypertension: Results From the National Health and Nutrition Examination Survey, 2005 to 2008, *Journal of clinical hypertension* 13(10):739–743.
- Brashers V., 2004, *Aplikasi Klinis Patofisiologi: Pemeriksaan & Manajemen, Ed 2 (Terjemahan)*, Jakarta: Penerbit Buku Kedokteran EGC.
- Broström A, Sunnergren O, Årestedt K, Johansson P, Ulander M, Riegel B, *et al.* Factors associated with undiagnosed obstructive sleep apnoea in hypertensive primary care patients. *Scand J Prim Health Care*;30(2):107-13.
- Calhoun D.A., HARDING S.M., 2010, Sleep and Hypertension. *Journal Circulation*138:434-443.
- Castro J.R., Fernandes N., Lacet T.B., Maia F.S., Bonato G.R., Nogueira C, 2014, Total body water reduction in subjects with chronic kidney disease on peritoneal dialysis is associated with a better hypertension control, *J Bras Nefrol*;36(4):482-9.
- Cha S.D., Patel H.P., Hains D.S., Mahan J.D., 2012, The effects of hypertension on cognitive function in children and adolescents, *Int J Pediatr*.
- Dahlan, M.S., 2011, *Statistik Untuk Kedokteran Dan Kesehatan, Edisi 5*, Salemba Medika, Jakarta.

- Darmojo B., 2011, Geriatri (Ilmu Kesehatan Usia Lanjut), Edisi 4, Jakarta : Balai Penerbit FKUI.
- Dawson P., 2007, Gangguan Tidur: Insomnia, <http://www.medikaholistik.com> diakses pada 29 Maret 2016.
- Departemen Kesehatan, 2007, *Laporan Hasil Riset Kesehatan Dasar (Riskesdas) Indonesia Tahun 2007*, Depkes RI, Jakarta.
- Departemen Kesehatan, 2012, *Masalah Hipertensi di Indonesia*, Kementerian Kesehatan RI, Jakarta
- Gangwisch JE, Malaspina D, Posner K, Babiss LA, Heymsfield SB, Turner JB, *et al.* Insomnia and sleep duration as mediators of the relationship between depression and hypertension incidence. *Am J Hypertens.*;23(1):62-9.
- Gofir A., 2009, Definisi stroke. Anatomi Vaskularisasi Otak dan Patofisiologi Stroke. Dalam: Manajemen Stroke. Yogyakarta: Pustaka Cendikia Press. Hal. 19-43.
- Gunawan L., 2001, Hipertensi : Tekanan darah tinggi. Yogyakarta: Percetakan Kanisus.
- Guyton A.C., Hall J.E., 2014, Aktivitas Otak Tidur Gelombang Otak, Epilepsi, Psikosis dalam Buku Ajar Fisiologi Kedokteran. Singapura: Elsevier.
- Haack M., Serrador J., Cohen D., Simpson N., Meier-Ewert H., Mullington J.M., 2013, Increasing sleep duration to lower beat-to-beat blood pressure: a pilot study, *J Sleep Res* 22(3):295-304.
- Hanifa A., 2010, Prevalensi Hipertensi Sebagai Penyebab Penyakit Ginjal Kronik Di Unit Hemodialisis RSUP H.Adam Malik Medan Tahun 2009. Fakultas Kedokteran Universitas Sumatera Utara. Hal. 4-13.
- Hanus J.S, Amboni G, da Rosa M.I, Ceretta L.B, Tuon L. 2015. The quality and characteristics of sleep of hypertensive patients. *Rev Esc Enferm USP*; 49(4):594-599.
- Hidayat A., 2006, *Kebutuhan Dasar Manusia*, Jakarta: Salemba Medika
- Japardi I., 2002, *Gangguan Tidur*, Fakultas Kedokteran Bagian Bedah Universitas Sumatera Utara. USU Digital Library.
- Javaheri S., Javaheri S., Javaheri A., 2013, Sleep Apnea, Heart Failure, and Pulmonary Hypertension, *Curr Heart Fail Rep* 10(4): 315–320.

- Javaheri S., Storfer-Isser A., Rosen C.L., Redline S., 2008, Sleep Quality and Elevated Blood Pressure in Adolescents, *Circulation* 118(10): 1034–1040.
- Julian D.G., Cowan J.C., Mclenachan J.M., 2005, *Cardiology* 8th ed. London: Elsevier Saunders.
- Kaplan H.I, Sadock B.J, Grebb J.A., 2010, Sinopsis Psikiatri Jilid 2, Terjemahan Widjaja Kusuma, Jakarta: Binarupa Aksara.
- Keputusan Menkes RI No. 1479/MenKes/SK/X/2003. Tentang Pedoman Penyelenggaraan Sistem Surveilans Epidemiologi Penyakit Menular dan Penyakit Tidak Menular. Jakarta.
- Mansjoer A., Suprohaita, Wardani W.I., 2001, Kapita Selekta Kedokteran Jilid I : Nefrologi dan Hipertensi. Jakarta: Media Aesculapius FKU, Hal: 519-20.
- Marcdante K.J., Kliegman R.M., Jenson H.B., Behrman, R.E., 2011, Nelson Ilmu Kesehatan Anak Esensial. 6th ed, Singapore: Saunders Elsevier.
- Maslim R., 2013, *Diagnosis Gangguan Jiwa, Rujukan Ringkas PPDGJ-III dan DSM-V. Cetakan 2 – Bagian Ilmu Kedokteran Jiwa Fakultas Kedokteran Unika Atma Jaya*, Jakarta: PT Nuh Jaya.
- Mayo Clinic Staff, 2012, *High Blood Pressure (Hypertension)*, <http://www.mayoclinic.com/health/high-blood-pressure/risk-factors/> diakses pada 7 Januari 2017.
- Muniz LC, Cascaes AM, Wehrmeister FC, Martínez-Mesa J, Barros AJ, Menezes AM. Trends in self-reported arterial hypertension in Brazilian adults: an analysis of data from the Brazilian National Household Sample Survey, 1998-2008. *Cad Saúde Pública.*;28(8):1599-607.
- National Heart Lung and Blood Institute, 2009, What Is High Blood Pressure?, http://www.nhlbi.nih.gov/health/dci/Diseases/Hbp/HBP_WhatIs.html diakses pada 4 Januari 2017.
- Nutter D.A., 2012, Sleep disorder: problems associated with other disorders, <http://emedicine.medscape.com/> diakses pada 4 Januari 2017.
- Owens J.A., 2007, Sleeping like a baby: evaluation and management of sleep problems in infants and toddlers, 11th Asian congress of pediatrics & 1st Asian congress on pediatric nursing.
- Potter P.A., Perry A.G., 2009, Fundamental of Nursing Buku 1 Edisi : 7, Jakarta: Salemba Medika.

- Ropper A.H., Samuels M.A, 2009, Adams and Victor's Principles of Neurology 9th ed., The McGraw-Hill Companion Inc.
- Sagala L.M.B.R., 2011, *Perawatan Penderita Hipertensi di Rumah oleh Keluarga Suku Batak dan Suku Jawa di Kelurahan Lau Cimba Kabanjahe*. Fakultas Kedokteran Universitas Sumatera Utara. Hal 10-3.
- Santos-Silva R, Castro LS, Taddei JA, Tufik S, Bittencourt LR. Sleep disorders and demand for medical services: evidence from a population-based longitudinal study. *PLoS One*;7(2):e30085.
- Sianturi E., 2004, *Strategi Pencegahan Hipertensi Esensial Melalui Pendekatan Faktor Risiko di RSUD dr. Pirngadi Kota Medan*, Fakultas Kedokteran Universitas Sumatera Utara. Hal 10-64.
- Smeltzer, Bare, 2002, *Keperawatan Medikal Bedah*, Jakarta: Penerbit EGC.
- Soedirjo, 2008, *Hipertensi dan Klinis*, Jakarta:Farmacia.
- Sudoyo A.W., Setiyohadi B., Alwi I., Simadibrata M., Setiati S., 2009, *Buku Ajar Ilmu Penyakit Dalam Jilid I Edisi V*. Jakarta: Interna Publishing.
- Sugiarto A., 2007, *Faktor-faktor Risiko Hipertensi Grade II pada Masyarakat (Studi Kasus di Kabupaten Karanganyar)*, Fakultas Kedokteran Universitas Diponegoro, Hal: 29-50, 90-126.
- Tohaga E., 2008, *Hipertensi, Gejala dan Komplikasi*, diakses pada 6 Januari 2017.
- Tugasworo D, 2010, *Patogenesis aterosklerosis*, Semarang: BP UNDIP. Hal: 3-14.
- Turek N.F., Ricardo A.C., Lash J.P., 2012, Sleep disturbances as nontraditional risk factors for development and progression of CKD: review of the evidence, *Am J Kidney Dis*. 60(5):823-33.
- World Health Organization, 2007, *Hypertension Report*. WHO Technical Report Series. Geneva.
- World Health Organization, 2013, *World Health Day – 7 April 2013*. Diakse pada 26 September 2016.
- Yogiantoro M., 2009, *Hipertensi Esensial dalam Sudoyo AW, Setyohadi B, Alwi I, K MS, Setiati S, editors. Buku Ajar Ilmu Penyakit Dalam Jilid II Edisi V*. Jakarta: Pusat Penerbitan Departemen Ilmu Penyakit Dalam.