

DAFTAR PUSTAKA

- Alizadeh M. 2010. The Effect of Hypocaloric Diet Enriched in Legumes with or without L-Arginine and Selenium on Anthropometric Measures in Central Obese Women, *J Res med Sci*, 2010 Nov-Dec; 15(6): 331-343.
- Bambang Dwiloka. 2003. Efek Kolesterolemik Berbagai Telur, Universitas Diponegoro, Semarang.
- Baraas F. 1993. Mencegah Serangan Jantung dengan Menekan Kolesterol, Jakarta: Gramedia Pustaka Utama.
- Begum R., 2014. Characterization of Jackfruit (*Artocarpus heterophyllus*) Waste Pectin as Influenced by Various Extraction Conditions. *Agriculture and Agricultural Science Procedia* 2 , 244-251.
- Boger R., Bode BS., Muggs A., et al., 2003. Atherosclerosis, *Indian Journal of Biochemistry and Biophysics*, vol.40:354-357, India.
- Casteli W. 2002. Cholestrol Cures: More Than 325 Ways to Lower Cholesterol. *Prevention Health Book* .
- Cita windiarsih, et al., 2014. Optimasi Pektin Dari Kulit Buah Nangka (*Artocarpus Heterophyllus*) Dengan Microwave Assisted Extraction (Mae) (Kajian Waktu Ekstraksi Dan Konsentrasi Pelarut), Universitas Brawijaya, Malang.
- Depkes , R. 2014. Lingkungan Sehat Jantung Sehat.
- Dinayanti, T. Pengaruh Pemberian Seduhan Kelopak Bunga Rosella (*Hibiscus sabdariffa*) Terhadap Kadar Kolesterol Total Serum Tikus Sprague-Dawley hiperkolesterolemik [Skripsi]. Semarang; Universitas Diponegoro; 2010
- Dorland, W.A Newman. 2010, *Kamus kedokteran Dorland*, Edisi 31, EGC, Jakarta, 1238-1239.
- Ganiswara, S. G., Setiabudi, R., Suyatna, F. D., Purwastyastuti, Nafrialdi. 1998. *Farmakologi dan Terapi*, edisi 4, FK UI, Jakarta, 367,377.
- Gropper, et al. 2005. *Adncanced Nutrion and Human Metabolism*. Belmont USA : Thomson Wadswart.
- Katzung, Betram G. 1997. *Farmakologi Dasar dan Klinik*. Edisi 6, Jakarta: Penerbit Buku Kedokteran EGC, Hal: 553-554.

- Kusumawati, D. 2004. *Bersahabat Dengan Hewan Coba*, Gajah Mada University Press, Yogyakarta.
- Lister Hill National Center for Biomedical Communication. (2015). Retrieved february 13, 2015, from Hypercholesterolemia : <http://ghr.nlm.nih.gov/condition/hypercholesterolemia>
- M. Muhtadi, H. Haryoto, Tanti Azizah Sujono, Andi Suhendi. 2016. Antidiabetic and Antihypercholesterolemia Activities of Rambutan (*Nephelium lappaceum* L.) and Durian (*Durio zibethinus* Murr.) Fruit Peel Extracts. *Journal of Applied Pharmaceutical Science*.190-194.
- M.L Fernandes, D.M Sun. 1994. Citrus pectin and cholesterol interact to regulate hepatic cholesterol homeostasis and lipoprotein metabolism: a dose-response study in guinea pigs. *Am J Clin Nutr* 1994 59: 4 869-78
- Madrugá MS., Albuquerque FSMD., Silva IRA., Amaral DSD., Magnani M., & Neto VQ. 2014. Chemical Morphological and Functional Properties of Brazilian Jackfruit (*Artocarpus heterophyllus* L.). *Journal Food Chemistry* , 143.
- Manisha DM., Shyamapada Mandal. 2010. Coconut In Health Promotion and Disease Prevention, *Asian Pacific Journal of Tropical Medicine* 241-247.
- Marks, D. B., Marks, A. D., Smith, C. M. 2000. *Biokimia Kedokteran Dasar Sebuah Pendekatan Klinis*, EGC, Jakarta 479-522.
- Mattes, F. 2005. *Cholesterol and the Power of Pectin*. Herbstreith and Fox Inc.
- McConnell, Glenn K. 2007. *Effects of L-arginine Supplementation On Exercise Metabolis.*. Department of Physiology, The University of Melbourne, Parkville, Australia.
- Murray, R. K., Granner, D. K., Mayes, P.A., Rodwell, V. W. 2003. *Biokimia Harper*, edisi 25, EGC, Jakarta, 282-284.
- Napoli R., Cozzolino D., Guardasole., et al., 2002. Red Wine Consumption Improve Insulin Resistance but not Endothelial Function in Type 2 Diabetic Patient, *PubMed* 54:1053-1063.
- Nevin KG, Rajamohan T. 2004. Beneficial Effect of Virgin Coconut Oil on Lipid Parameters and In Vitro LDL Oxidation, *Asian Pacific of Tropical Medicine*.
- Novariantio H. 2005. *Plasma Nutfah dan dan Pemuliaan Kelapa*, Balai Penelitian Tanaman Kelapa dan Palma Lain, Manado.

- Rosanoff dan Seelig. 2004. Comparison of Mechanism and Functional Effects of Magnesium and Statin Pharmaceuticals, Dalam : <http://www.ncbi.nlm.nih.gov/pubmed/15466951>. Dikutip tanggal 7 Mei 2015.
- Saerang, J. L. P. 1997. Pengaruh Minyak Nabati dan Lemak Hewani dalam Ransum Puyuh Petelur terhadap Performans, Daya Tetas, Kadar Kolesterol Telur, dan Plasma Darah. Pascasarjana Universitas Gadjah Mada, Yogyakarta.
- Sekikawa A, Curb JD., Ueshima H., El-Saed A., Kadowaki T., Abbott RD., Evans RW, Rodriguez BL., Okamura T., Sutton-Tyrrell K., Nakamura Y, Masaki K., Edmundowicz D., Kashiwagi A., Willcox BJ., Takamiya T., Mitsunami K., Seto TB., Murata K., White RL., Kuller LH., Marine-derived n-3 fatty acids and atherosclerosis in Japanese, Japanese Americans, and Whites: a cross-sectional study. *J Am Coll of Cardiol.* 2008;52:417–424
- Shills, Maurice E., Shike, Mosche, Ross A., Catharine, Callabero, Benjamin, Cousins, Robert J. 2006. *Modern Nutrition Health and Disease*. 10th Ed. Lippincott Williams & Wilkins.
- Smith JB dan Mangkoewidjojo, 1988, *Pemeliharaan, Pembiakan dan Penggunaan Hewan Percobaan di Daerah Tropis*. Jakarta. UI Press. Hal 37-38.
- Soeharto I. 2004. *Serangan Jantung dan Stroke Hubungannya dengan Lemak & Kolesterol*, PT Gramedia Pustaka Utama. Jakarta. 126-127, 206.
- Srivastava, P., & Rishabha, M. 2011. Sources of Pectin, Extraction, Application in Pharmaceutical Industry. *Indian Journal of Natural Product and Resources* , 10-18.
- Toshio H., Matsui Hirai, Fukatsu A., et al., 2005. *Atherosclerosis*, *Jurnal PNAS* vol.102, California.
- Tousoulis D, Davies GJ, Tentolouris C, et al., 2001. Vasomotor effect of L-arginine in stenotic atheromatous coronary plaque, *Heart*, 86:296–301
- WHO. 1993. *Research Guidelines for the Safety and Efficiency of Herbal Medicine*, Regional Office for Western Pacific, Manila.
- WHO. 2004. *The Atlas Heart Disease and Stroke*. Volume 84. WHO New York.
- Winarno, F.G. 1993. *Pangan, Gizi, Teknologi dan Konsumen*. PT Gramedia Pustaka Utama. Jakarta